

The Grey Area

Eastern NC Edition – 919.637.6973

Distributed in Edgecombe, Franklin, Johnston,
Nash, Wake, Wilson & beyond

Local and National Unusual News

Online: www.greyareanews.com

Knightdale holds Citizens Parks & Rec Academy

By Michelle Wester, Knightdale

The Knightdale Parks and Recreation Department will host a Citizens Parks and Recreation Academy. This is a three-night, one-Saturday event at Town Hall, open to interested Knightdale residents. The Academy is a great opportunity to learn about and discuss the town's recreation processes and opportunities.

The Parks and Rec Academy topics and activities include budgeting, behind-the-scenes tour, festivals,

athletics, programming, parks, facilities, and more.

The three dates are March 10, 17 and 31 (6:30-8:30pm), plus either the March 28-Paws in the Park (8:30-10am) or the March 28-Easter Eggstraordinaire (10-12pm).

Where: Town Hall Council Chambers, 950 Steeple Square Court, Knightdale.

Register by March 5 by contacting Michelle Wester at 919.217.2232. There is limited availability, and a maximum of 24 attendees.

Wilson Spring Expo for All Ages

The Wilson Spring Expo 2015 is being held March 7, 2015, from 10am to 5pm. Presented by Greenlight Community Broadband, more than 60 booths will showcase local businesses.

There will be a children's area with games and a bouncy house, provided by Advantage Rental and Pam's Party.

Stop by the Wilson Recreation Center, located at 500 Sunset Road, in Wilson, to take part in this event and check out local business offerings at the booths.

For more information on booths or a list of exhibitors, contact Rebecca Tew at rtew@wilsonnccchamber.com.

PNC Legacy Project Accepting Rocky Mount Area Essays

The PNC Legacy Project is holding a Throwback Essay Contest for grades 9 through 12. Students must attend at either Edgecombe County & Nash-Rocky Mount Public Schools to be eligible. Full details and a submission link area available via pnc.com/essaycontest.

Student essays must be submitted by the March 31, 2015, deadline. The essay has a 500-word maximum and must focus on one of two pre-set themes as described on the contest web page.

Winners will be contacted in late April and announced in early May.



Photo by Ozbert Farms. As the snow melted away, one of their roosters hitched a ride on their donkey... either for the fun of it or to keep his feet dry!

Ozbert Farms sells chickens, ducks and geese. Sometimes mini pigs and rabbits are available. The ride-giving donkey is a permanent resident!

More information on this Wendell NC farm is available at www.ozbertfarms.com. The farm may be emailed at ozbertfarms@gmail.com.



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March 8 at 3:00 P.M.

Boykin Center in Wilson, NC

Growing Healthy Foods and Community at Upcoming Raleigh Event

Released by Michele McKinley, AHA

Advocates for Health in Action (AHA) presents its Sixth Annual **Dig In!** on Saturday, March 7, 8:30 am-2:00 pm at Marbles Kids Museum in downtown Raleigh to help residents and workers “dig in” to grow fresh, healthy food and healthy, vibrant communities. AHA and Marbles Kids Museum are collaborating for a day of education, garden build and garden play through workshops and hands-on educational booths.

Registration is \$15 per person, which covers speakers and booth activities. Registration details are online at www.advocatesforhealthinaction.org.

Noted author, strategist and consultant Jay Walljasper will open *Dig In* in a keynote on Growing Communities--What It Takes to Make Your Neighborhood Greener, Friendlier, Safer & More Fun. He will share expertise on connecting community member and neighbors to make great places.

Dig In also features local urban agriculture and community gardening experts and workshops to educate anyone who wants to start a community garden or edible garden in school or child care setting or continue to grow their garden already underway.

The Dig In Courtyard will feature interactive, educational booths where *Dig In* registrants and Marbles Kids Museum guests can dig, build and learn in a variety of ways. *Dig In*

registrants who wish to continue the learning may participate in a service learning opportunity at one of four urban farm/garden work sites in the afternoon afterwards.

“Several of our speakers actually started school gardens or urban ag projects after coming to *Dig In* in a previous year. Community gardens are sprouting and thriving throughout Wake County, and we have some wonderful examples of urban agriculture,” said Sara Merz, AHA director. “This is really about vibrant communities. *Dig In* can give you ideas and next steps — for community gardens in your neighborhood, your school, or child care gardens, or if you’re interested in possibilities around urban agriculture to make our towns healthier, happier places,” Merz continued.

“We’re thrilled to welcome gardeners of all ages to Marbles Kids Museum for *Dig In*,” said Pam Hartley, Vice President of Play Experience at Marbles Kids Museum. “Our urban garden supplies wonderful sensory and experiential learning opportunities and helps connect guests with where their food comes from.”

Educational Booths

Continue your learning by visiting these interactive booths hosted by a variety of local organizations and experts, as well as taking a tour of the garden at Marbles Kids Museum and visit with Marbles Farmer Marianne Maschal. She can answer questions about how to get started!

Pesky Plants: Visit with City of Raleigh Parks, Recreation and Cultural Resources staff and learn why some plants can be pesky and what you can do about them. Just in time for St. Patrick’s Day, make a “green” wreath using one of the pesky plants.

Seed Swap/Freebies: Gardeners of Wake County and Triangle Area Gardeners and Homesteaders will host a Seed Swap with a variety of seeds for your garden this year! Stop by and learn how to save seeds to help keep costs down, maintain variety including some heirlooms.

Season Extension: Here in NC you can extend the growing season with greenhouses, tunnels and hoop houses. Visit with farmer Ben Shields of In Good Heart Farm to learn how, see and touch different pieces and materials used in season extension. Make a mini greenhouse with upcycled water bottles!

Seed Explosion: Make and take seed bombs with Grow and Share and learn how this organization helps fight hunger through gardening education and garden/community building.

Feed Your Garden--Cooking Up Compost: Compost feeds your food, but what is the right *compost recipe* for your garden? Visit the City of Raleigh’s Office of Sustainability booth to see the four basic ingredients, sample a finished product and pick up a recipe card to try at your garden!

The Buzz on Beekeeping: Bees are a vital part of gardening — without their pollination, our gardens wouldn’t grow! Join Baxter’s Bees to see an observation hive with live bees, a langstroth teaching hive, and learn about the role of honeybees in food production.



Backyard Chickens: Friends of Hens will bring feathered friends to *Dig In*! Stop by this booth to learn about keeping chickens.

Growing Healthy Kids: Touch, feel and guess plant parts, plus join in the creation of a Dig In Garden Mural! These activities are part of the Poe Center’s Growing Healthy Kids curriculum for first and second graders. There will be fun giveaways too!

Vertical Gardening & Plant a Row for the Hungry: Short on space? Consider how you can grow your garden up! Join Logan’s Trading Company and Inter-Faith Food Shuttle at this booth to learn vertical gardening techniques.

Taste of the Season: Learn about what fruits and veggies are in season when and what to plant, plus make veggie sculptures!

Nature Play in the Garden: Gardening and nature play go hand in hand! Join Natural Learning Initiative for hands-on playing and learn how to incorporate nature play in your community, school, child care or home garden.

Soil Science: You need healthy soils to grow food! Did you know that Wake County Extension Master Gardeners can help you understand the soil testing process and results? See them at *Dig In*!

Spring Salad in a Glove: If you want a fresh salad for Mother’s Day, visit Wake County Cooperative Extension’s booth to start your spring salad plants in a glove.

Marbles Kids Museum staff will host a variety of garden play activities in the Dig In Courtyard and the Garden.



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Workshop on Farmers Market Management Postponed to March

Released by Kevin Hardison,
NCDA&CS

Last week's blast of winter weather caused the NC Department of Agriculture and Consumer Services (NCDA&CS) to postpone its workshop for farmers market managers until March 27, 2015. It had been scheduled for February 20.

The workshop runs from 9:30am to 3pm at the Guilford County Cooperative Extension Office, 3309 Burlington Road, in Greensboro.

The event includes sessions on legal protections, liability insurance, grant funding and event planning. Networking opportunities also will be available throughout the day.

Because of the postponement, organizers have reopened registration. The cost is \$20 and includes lunch. The registration deadline is March 20.

An agenda and registration form are available at www.ncagr.gov/markets/agribiz. People who have already registered for the workshop do not need to register again.

For more information, contact Kevin Hardison, NCDA&CS marketing specialist, at 919.707.3123 or kevin.hardison@ncagr.gov

Pittsboro UFO Dinner Offers Opportunity for Conversation

By Lakita Adams, MUFON-NC

The Mutual UFO Network of NC (MUFON-NC) meeting will be held at Community House, 65 Thompson Street in Pittsboro, from 2-5pm on March 7, 2015.

After this meeting, the group will meet for dinner and conversation, at 6pm, at the Pittsboro Roadhouse, located at 39 West Street, Pittsboro.

The Featured Speaker is Rob Shelsky, author, UFO researcher, and MUFON Field Investigator. His 20 years of research includes seven years as an investigative journalist at *AlienSkin Magazine*, investigating the Gulf Breeze sightings in Florida, the mysterious Pine Bush, New York area, as well as the lights of Brown Mountain in North Carolina.

Rob Shelsky has recently been interviewed on several UFO radio shows including "Coast to Coast with George Noory." Rob will be speaking at the Library of Congress in Washington, DC in April.

There is a \$10 admission charge for this meeting, taken at the door.

The group website, www.mufon-nc.com, includes more details regarding this event, registration, plus local sightings and group activities.

Shades of Grey

*Some situations are viewed in black and white; right and wrong. Yet, many people think situations also have a **grey area** where solutions are not so easily discerned. This is about the choices people make, and the thought process they go through to arrive at decisions.*

Consider: Submitted for Discussion

A man is sleeping in his home. A noise wakes him. He goes to investigate, grabbing his home firearm on the way. In his living room, he comes face-to-face with a masked man, arms wrapped around the stereo. Startled, the masked man releases the stereo and takes a step toward the homeowner. Equally startled, and in a fearful state, the homeowner holds up his gun and fires. With one shot, the masked man falls. Moments later, the homeowner calls 9-1-1 and help comes soon after.

Months later, the homeowner has not been charged but is being sued by the masked man, seeking compensation for his injuries and medical care. Will this homeowner have to pay for his "crime"? Was he justified? Should someone who breaks into a home be able to sue if they are harmed while being subdued during their crime? What do you think?

Now, what if the homeowner had fired more than one shot. Do you still think that way?

Alternatively, what if the masked man had drawn a gun first? Does that change what you think?

Arts Council of Wilson Events Rescheduled

The African American Music Trail with the Monitors and Ira Wiggins and the NCCU Jazz and Vocal Ensembles have been cancelled and rescheduled due to inclement weather and the concerns with low temperatures.

The new dates are March 19, 2015, for the African American Music Trail and March 27, 2015, for Ira Wiggins and the NCCU Band and Vocal Jazz Ensembles.

All tickets purchased for the February dates will be honored for the newly scheduled times.

Recent UFO Reports Show Active NC Skies

When a person spots a UFO, often they will report it. One of the reporting sites is MUFON.com, which contains a database of reports spanning many decades. According to the database, five NC residents reported UFO sightings over NC in February 2015.

February 3, a photographer saw several light orbs, while taking photographs of the moon over Greensboro.

February 6, three glowing lights were spotted in the sky over Garner.

February 7, a craft appeared over Wilmington and was captured by a photographer out taking moon photos.

February 8, a star-like UFO was spotted pulsating in the skies over Richlands.

The last report available describes a craft spotted Valentine's Day. On February 14, a round disc was spotted along I-85 outside of Lexington.

For more details and photos, visit mufon.com and search the database,

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Things to Do in NC When You're Bored

02/28 See Spot Read

(Feb 28 @ 11am-12pm)

Practice reading to a therapy dog! At Zebulon Library, 1000 Dogwood Dr, Zebulon.

02/28 Annual Pancake Event (Feb 28 @ 5pm – 8pm)

The Kiwanis Club of Tarboro Annual Pancake Supper & Breakfast. Tickets at Bryan Drug & the library, or through Kiwanis or Golden K members. Tickets \$7 in advance, \$8 at the door. Take-out too. At Tarboro High School, 1400 W Howard Avenue, Tarboro.

03/01 Storytime in the Galleries (Mar 1 @ 2pm)

Grab a spot on the rug & listen to a story. first Sunday each month in the Arts Center Galleries. Info online at www.imperialcentre.org. At Imperial Centre, 270 Gay Street, Rocky Mount.

03/01 Spring Revival (March 1 @ -04 10:45 AM & 6pm & March 2, 3, 4 @ 7pm)

All are welcome to this event titled, "Successfully Complete Your Journey of Faith." If you wish to attend but need transportation, call 252.462.5685 to make arrangements through the church. At Beulah Church Of Christ, 450 E. Beulah Road, Nashville.

03/02 Diabetes Support Group (Mar 2 @ 6-7pm)

Edgecombe County Health Dept's Chronic Disease Self-Management Program sponsors meetings. First Monday each month. For info, call 252.641.7588. At the Edgecombe County Human Services Bldg, 122 E St. James Street, Tarboro.

03/02 Kids Story Time

(Mondays @ 10:30am)

Stories and songs for Kids ages 2-5. At The Nashville Library, 114 W Church St., Nashville.

03/03 Gamers & Dart League Night (Tuesdays @ 6-9pm)

Board games kick off at 6pm, darts at 7pm. At Common Grounds Coffee & Music House, 20 Cheves Rd, Bunn.

03/03 Veterans Memorial Flag Raising (Mar 3 @ 11am)

Golden K honors a deceased soldier the first Monday each month by raising a flag in his/her name. At Veterans Memorial on Town Common Wilson St & Albemarle Ave, Tarboro.

03/04 Tomato Grafting (Mar 4 @ 1-3pm)

How does grafting help? What are the steps in grafting tomatoes? Learn, then get experience grafting tomatoes in a greenhouse. \$10/person. Each person grafts & takes 4-5 grafted tomatoes home. Register: call Misty Hawk at 919.209.2517 or stop by the Arboretum office. At Johnston Community College, 245 College Road, Smithfield.

03/05 Meet The Artist: Colored Pencil Art (Mar 5 @ 11am)

Meet local artists dedicated to working with colored pencils as they showcase their art. All artists affiliated with the Colored Pencil Society of America. No registration req. At East Regional Library, 946 Steeple Square Ct, Knightdale.

03/05 Brainstormer Trivia

(Thursdays @ 7:30-10pm)

Not too hard, not too easy - just right! Team registration begins at 7:30pm & game kicks off at 8pm. At Underground Pub, 101 E Church Street, Tarboro

03/05 Senior Games Fundraiser (March 5 @ 5-8pm)

The Upper Coastal Plain Council of Governments' Area Agency on Aging is holding a fundraiser. Funds raised go toward the Down East Senior Games & Adaptive Events coming in April and May. For more info, contact Kendra Dixon at 252.234.5959. Purchase eat-in or to-go. At Chick-fil-A, 2407 Forest Hills Road West, Wilson.

03/06 First Friday Coffee

(Mar 6 @ 7:30am-8:30am)

Monthly on the first Friday At Nashville Exchange, West Washington Street, Nashville.

03/06 Pickleball

(Fridays @ 11am-1pm)

Free fitness fun for grown-ups, teens, & seniors. Easy for beginners & a blast to play! A great workout too. At Zebulon Community Center, 301 S Arendell Avenue, Zebulon.

03/06 First Friday Art Social at Tarboro Artisan Center (March 6 @ 5-7pm)

Stop by for the Open House & enjoy the local art. At 1601 St Andrew Street, Tarboro.

03/07 "Growing Up in Princeville" Lecture (March 7 @ 1-2pm)

Lecture by Milton Bullock as part of the Emancipation Proclamation Exhibit. At Princeville Museum Welcome Center, 310 Mutual Blvd, Princeville.

03/07 Read to Chere (Mar 7 @ 1-2pm)

Chere is a registered Therapy Dog whose objective is to bring happiness and cheer to people, young and old alike. Have fun and exercise your reading skills at the same time. At Braswell Memorial Library 727 N Grace St, Rocky Mount.

03/07 Nash County Recycles Day (Mar 7 @ 10am-1pm)

Bring recyclables to dispose of properly. At Nash County Courthouse Parking Lot, 222 W. Washington St, Nashville.

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And More Things To Do

03/07 QuickBooks Hands-On Training for the Small Business Owner (March 7 @ 9am-4pm)

Free. Business owners can learn the basics of using QuickBooks. Tracking income & expenses is essential for a business owner to keep tabs on business performance & make time sensitive decisions. Class space limited to 26. Please sign up early to attend this six-hour Saturday seminar. Lunch not included. Register by March 6. At Wilson Community College, Bldg G, Room G113, Frank Eagles Center, Wilson.

03/07 Dig In

(March 7 @ 8:30am-1pm)

Advocates for Health in Action (AHA) hosts the annual Dig In, a community gardening and urban ag workshop. At Marbles Kids Museum, 200 E Hargett Street, Raleigh.

03/07 Wilson Spring EXPO 2015 (March 7 @ 10am-5pm)

Presented by Greenlight Community Broadband. Contact rtew@wilsonncchamber.com. At Wilson Recreation Center, 500 Sunset Road, Wilson.

03/10 The Franchising Marketplace: Beyond the Burger (March 10 @ 6-7:30pm)

Free. Understanding the 4 quadrants of franchising: We will outline the 4 quadrants that make up all franchise business models and discuss the owner's role, capital requirements and growth strategies. At Vance-Granville Comm. College Small Business Center, 200 Community College Road, Henderson.

03/12 Teen Tech Week Movie (Mar 12 @ 5-7pm)

Come watch *Guardians of the Galaxy* in Warner Meeting Rm. At Braswell Memorial Library 727 N Grace St, Rocky Mount.

03/13 Family Movie Night (Mar 13 @ 7pm)

Second Friday each month. All ages. Parent or guardian must be present. Call 919.823.0432 for movie title. At the Zebulon Community Center, 301 S Arendell Avenue, Zebulon.

03/14 Nashville Public Safety Blood Drive (March 14 @ 9am-2:30pm)

Come, give blood, give life. At Nashville Fire Department, 501 S Barnes Street, Nashville.

03/14 Growing Fruits In Your Garden (Mar 14 @ 9am)

Free. Learn which varieties do well in this area & what fruits need: site location, proper soil preparation, pruning, & pest management. Register by email: info@logantrd.com. At Logan's, 707 Semart Dr, Raleigh.

03/15 Kids Day Celebration (March 15 @ 1-5pm)

Enjoy fun & educational family activities. Hands-on activities. Contact 252.972.1163 or see www.imperialcentre.org. At Imperial Centre, 270 Gay St, Rocky Mount.

03/15 Teen Movie Night (March 17 @ 6pm)

Monthly on the third Tuesday, in Assembly Room. Mar 17 *Giver*. Info, call 252.237.5355. At Wilson County Public Library Main Branch, 249 Nash St. W, Wilson.

03/15 Kids Day Celebration (March 15 @ 1-4pm)

Join us in celebration of Youth Art Month and the annual Young At Art Exhibition. Enjoy fun, educational, family activities throughout the day. There will be plenty of hands-on activities for all ages. At Imperial Centre for the Arts & Sciences at 270 Gay Street in downtown Rocky Mount.

03/21 Spring Splurge Vendor -22 and Craft Show

(Mar 21-22 @ 10am, 1pm)

Crafting, garden show, & much more. Vendor spots \$25, as available. Details, contact alexisshoemaker31@gmail.com. At Common Grounds Coffee & Music House, 20 Cheves Rd, Bunn.

03/24 Spring Break Garden Adventure (Mar 24 @ 10am)

Experience the thrill of planting a garden. Kids will be given supplies to build a own container garden, sample fruits and veggies. Ages 9-12. Register by Mar 19. Fee \$5. At Zebulon Community Center, 301 S Arendell Ave, Zebulon.

03/27 Friday Afternoon Popcorn & a Movie (Mar 27 @ 2pm)

Fourth Friday each month in Rm 112. Enjoy popcorn and a great movie. Mar 27 is *The Giver*. Free movie; popcorn 25¢ per bag! Info 252.459.7681. At Nash County Senior Center, 103 N Alston Street, Nashville.

03/27 Public Star Parties (March 27 @ 7:30-9:30pm)

All ages. Free. Close-up telescopic views of planets, moon, stars & distant nebulae. Contact 252.972.1586, see www.imperialcentre.org. At City Lake Park, 1701 Sunset Avenue, Rocky Mount.

03/31 Super Salads Program (March 13 @ 12pm)

Free. Share a healthy lunch with friends at the Community Center. We will provide a "house salad" and you bring a healthy side. Register by March 6. At Zebulon Community Center, 301 S Arendell Avenue, Zebulon.

03/31 Food Service Business Start-up (Mar 31 @ 6-9pm)

Free workshop. Ever think of starting a restaurant, food truck, or catering business? Come to this informative seminar. Register via www.nashcc.edu/sbc. At Nash Community College Small Business Center, 522 N Old Carriage Rd, Rocky Mount.

These "Things To Do..." listings are free, at publisher's discretion, and as space allows. Up to five lines of description may be included with an event. Priority is given to free, public events. Sponsor names may not be included. Event organizers may purchase regular advertising space to provide more details for events.

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Dr. Nicholas' Corner: Faith, Spirituality, Science and You A Little Bit of History



Contributed by By Nicholas Padiaditakis, MD, DLFAPA

Many friends ask me, What is spirituality? How does it relate to science? and, How do I handle spiritual matters and matters of faith with my patients?

Here what I tell them.

Science is a method by which you try to find out how natural phenomena we all observe, work. You have to follow certain steps and certain rules to do that. It is called *the scientific method*. This is necessary, to avoid beliefs and wrong assumptions messing up your efforts. Here are briefly the steps:

1. You observe.
2. You make a guess following what you have observed as to the possible mechanism; this guess is called your hypothesis.
3. You set up a trial/experiment to prove your assumption/guess.
4. You repeat to see if you made a mistake. Your conclusion is now called *a theory*. A theory has to explain a group of phenomena.
5. As the phenomena pile up, you improve your theory or revise to make a new one.
6. Then, you use the theory and the mechanism you have discovered for practical use; such as, making a car engine, or a cell phone, or even predicting what may happen in the future — like predicting accurately as to what date, even years in advance. For example, an astronomer may predict that the moon will be in front of the Sun creating an Eclipse. Science is good for that.

If you are wrong with your theory, other scientists point out your mistake, using the same scientific steps. As we understand more and more mechanisms, new questions pop up. It is endless. Along the way we discover laws of nature that govern the phenomena we observe.

Science does not and cannot answer questions like, Why are things the way they are? What is out there? Is there after-life? Why are the laws of nature the way they are and not different? Who created the whole thing?

That is where Faith and Religion comes in. We feel there is a supreme being, we believe. He governs the whole universe, we believe. He expects us to behave.

Each group and Tribe in the world puts together their beliefs in a book. Ourselves, we call it the Bible. Other groups call theirs Talmud and Torah. Others call theirs Koran. Still others, the Vedas. That is good.

The Greeks call the supreme being Theo. In our community, we call him God. The Germans, Got. The French, Dieu. The Jews call him Elohim or Jahveh. The Muslims call him Allah. The Native Americans call him The Great Spirit. Different names, same supreme being.

The books mentioned above are helping us with our lives. They guide us. They give us hope and peace. They help us also to be good and decent with each other.

Unfortunately some groups use the books to say: “My God is a bigger God than your God.” This is destructive for all of us. Unfortunately, all groups and faiths have done this in the past, and some groups are doing it right now. It is not good.

I tell my patients that we all need, no matter what faith, to take time and contemplate, meditate, and feel what is out there which is beyond our understanding. We all should, from time to time, stop, take time and try to ponder the mystery of it all. After that, we may consider our worries and grudges petty or unnecessary, while considering the big mysteries of *why* and *what for* so our lives may get meaning, purpose, peace, and some joy as we short now, as what things really matter and what do not.

Extrasensory perception (ESP) Studies

You may be aware that Extrasensory Perception is a way that some people are able to receive information by sensing it with their minds. But, did you know that early 20th century ESP studies took place in NC?

ESP and “parapsychology” — studies of investigation of paranormal and psychic phenomena — had their earliest starts right here in NC at Duke University. The psychologist Dr. Joseph Banks “J.B.” Rhine and his wife Louisa performed studies on-campus.

In the film *Ghostbusters*, Bill Murray’s character is seen submitting students to an experiment to test psychic ability. Cards with varying symbols are used to test the ability of a person to “guess” the symbols on the cards. Symbols on the cards include wavy lines, a cross, a star, a circle, and a square. Those cards, originally called Zener cards, were used decades earlier right at Duke University. The cards were named for Karl Edward Zener, who worked with Dr. Rhine at Duke University.

Dr. Rhine retired in 1965. Rhine eventually established the Foundation for Research on the Nature of Man and the Institute for Parapsychology. Today, his work carries on at The Rhine Research Center Institute for Parapsychology. The Rhine Research Center continues to research parapsychology alongside newer mind/body health research.

In fact, the Rhine Research Center is seeking participation in a coming “Mind Over Matter Study” related to “Psychokinesis” (PK). As described on their website: “Our present study is designed to learn more about the broad general range of possible spontaneous PK experiences. In the current phase of this study, our focus is on those unexplained physical events that seem to occur specifically around the time of crisis, death or near-death.” The complete study description is online.

They would like to hear from you if you have experienced unexplained physical event, and are willing to report your experiences to them. All reports are confidential. Experiences may be emailed to Sally@rhine.org or by mailed to: Sally Rhine Feather, Ph.D., Rhine Research Center, 2741 Campus Walk Avenue, Building 500, Durham, NC 27705.

More information on their ongoing body of work is available at www.rhine.org.

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President Obama Announces Effort to Welcome Four Million Kids to the National Parks with “Every Kid In A Park”

Released by the National Park Foundation

On February 19, 2015, President Obama announced “Every Kid in a Park,” a new initiative geared toward introducing America’s youth and their families to public lands and waters. The national program seeks to connect four million fourth graders with these treasured places in the 2015-16 academic year, coinciding with the National Park Service Centennial celebration.

The National Park Foundation, the official charity of America’s national parks and nonprofit partner to the National Park Service, will lead the on-the-ground efforts in collaboration with the National Park Service, Forest Service, Department of Education, Army Corps of Engineers, Bureau of Land Management, Fish and Wildlife Service, Bureau of Reclamation, and National Oceanic and Atmospheric Administration.

This initiative advances the National Park Foundation and National Park

Service’s centennial goal of connecting with and creating the next generation of national park visitors, supporters, and advocates.

In celebration of the National Park Service Centennial in 2016, the National Park Foundation is also spearheading a two-year public engagement and education campaign launching this spring titled “Find Your Park.” The initiative will highlight the National Park Service’s important work, inviting people everywhere to connect with their parks and inspiring the next generation of park stewards. In addition, as part of its commitment to the National Park Service Centennial, the Foundation is embarking on a national fundraising campaign dedicated to raising private support for America’s national parks.

The National Park Foundation is the official charity of America’s national parks and nonprofit partner to the National Park Service. Chartered by Congress in 1967, the National Park Foundation raises private funds to help

PROTECT more than 84 million acres of national parks through critical conservation and preservation efforts, CONNECT all Americans with their incomparable natural landscapes, vibrant culture and rich history, and INSPIRE the next generation of park stewards. Find out more and become a part of the national park community at www.nationalparks.org.

National Parks in NC

- Blue Ridge Parkway
- Cape Hatteras National Seashore
- Cape Lookout National Seashore
- Carl Sandburg Home National Historic Site
- Fort Raleigh National Historic Site
- Guilford Courthouse National Military Park
- Moores Creek National Battlefield
- Wright Brothers National Memorial

For more information, visit the National Park Foundation website, www.nationalparks.org.

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Horseshoe Crab Discovery at Gateway NRA.

Photo provided by Marjorie Hall, National Park Foundation.



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Chuckle of the Issue

Bobby came thundering down the stairs, much to his father's annoyance.

"Bobby," his dad called, "how many more times have I got to tell you to come down the stairs quietly? Now, go back up and come down like a civilized human being."

There was a silence, and Bobby reappeared in the front room.

"That's better," said his father. "Now will you always come down stairs like that?"

"Suits me," said Bobby. "I slid down the bannister."

Quote of the Issue

Lao Tzu

"Give a man a fish, you feed him for a day. Teach him to fish, you feed him for a lifetime."

Word of the Issue

cumbersome

Definition: Large or heavy, and so difficult to carry or use.

Example: "The couch was cumbersome to move across the room."

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Cryptogram of the Issue

Replace the letters in this Cryptogram with other letters to deduce the quote or message within the puzzle.

Hint: Y = I.

U A N F N S F N U J Z
J S G P Z Q
N L N F U Y R W Z R N P
P U F N R W U A :
Z R N Y P
B C P A Y R W M Z J R '
U A N Z U A N F Y P
B C K K Y R W C B .
-- E Z Z H N F U .
J S P A Y R W U Z R

Answer to the previous issue's cryptogram:

Twinkle, twinkle, little star,
How I wonder what you are!
Up above the world so high,
Like a diamond in the sky.

Cryptogram Note:

The second hint for this puzzle is R = N. For additional Cryptogram hints or assistance, you may email trivia@greyareanews.com.

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