Bunn, Knightdale, Wendell & Zebulon NC Edition – 919.637.6973

Limited distribution: Bailey, Middlesex, Princeville, Sims, & Spring Hope

"I'M FREE—Take Me With You!"

Check out our Other Editions for Eastern North Carolina

Online: www.greyareanews.com

Volume 4, Number 4A Feb 14–27, 2014

New Regional Agronomist for Rocky Mount

Michelle McGinnis, NCDA&CS Agronomic Services Div.

The NC Department of Agriculture and Consumer Services (NCDA&CS) has hired Mike Wilder to help growers in Edgecombe, Franklin, Halifax, Nash, Northampton, Vance and Warren counties manage nutrient-related crop issues.

Wilder, a resident of Franklin County, comes to the department from the NC Cooperative Extension Service.

Regional Agronomists provide advice on crop fertilization, nutrient management, lime needs, soil testing, plant tissue analysis, use of animal wastes and composts, nematode assay, and testing of source water and nutrient solutions.

"We're pleased to have Mike Wilder join our staff," said Agriculture Commissioner Steve Troxler. "His broad range of experience and familiarity with regional concerns will make him a valuable resource for growers seeking advice on how to optimize crop nutrition and yield."

Wilder holds a bachelor's degree in agricultural education with a minor in agricultural engineering from NC State University. He has served many years as an agricultural agent with Nash County Cooperative Extension.

Wilder is also a licensed pesticide applicator, certified plant professional, and former registered landscape contractor.

Growers interested in arranging a consultation with Wilder may call 919.495.7495 or email mike.wilder@ncagr.gov.







Apply online at www.centuryfinancenc.com

Manager

Good News... Dental Help for Children & Adults

Each year, the American Dental Association encourages dentists to volunteer for the "Give Kids A Smile!" program. Now in its twelfth year, the program is designed to provide dental services to under-served children. Although the official date is in February, dentists and dental assistants volunteer to provide screenings, treatments and dental health education year-round to children throughout the US.

Give Kids A Smile! is the annual centerpiece to National Children's Dental Health Month. Dentists around the country provide free oral health care services to low-income children. Several NC dental health events are coming up.

In Raleigh this year, the Marbles Kids Museum is hosting a *Children's Dental Awareness Day* on February 16th (11am-3pm). This day is an opportunity for local children to learn about their teeth and how to care for them. Organized in partnership with Raleigh-Wake County Dental Society, the day includes a fun activity — the making of tooth fairy pillows! For more information, contact Dr. Kavita Ghai at 919.674.6070 or email crescentdental22@aol.com.

The *Dentistry From the Heart* event is held by Cary Family Dental each year. This "first come, first serve" event includes free dentistry. The 2014 date is April 5th. As providers are available, people may receive dental cleaning, tooth extraction, or a filling. More details are available at www.carydental.com.

In addition to public events, the Raleigh-Wake County Dental Society's community dental health program, "Wake Smiles", is holding a *Give Kids A Smile!* event on February 28th. This event is open to children residing at the Salvation Army Women and Children's Shelter — where the clinic is located.

Wake Tech Community College dental assisting and hygiene students provide fun activities and help the volunteer dentists, hygienists, and assistants during the event. These volunteers will provide examinations, digital x-rays, fillings, cleanings, and extractions in the four-chair clinic.

To reach Wake Smiles and find out more about their expanding program, contact Dianne Keyser, Executive Director at 919.834.6733 ext. 138 or email wakesmiles@yahoo.com.

To find out more about the Give Kinds A Smile! program, or dental clinics around the state, contact the local health department or visit the North Carolina Dental Society at www.ncdental.org.



Twelve Events Debut at Sochi 2014 Games

The Sochi 2014 Sports Program has set an Olympic record with over ten new sports being included in 2014. In total, twelve events have been added to the program, taking the total number of Olympic events and sets of medals to 98.

Nine of the new events in the program will feature in one of the first Olympic sports: skiing. Eight types of events have been added to the freestyle skiing and snowboarding programs (four in each discipline), including ski halfpipe, ski slopestyle, snowboard slopestyle, and snowboard parallel slalom. Team events have been added to the Sochi 2014 Olympic Program in three disciplines: figure skating, luge (relay), and biathlon (combined relay).

The Olympic Games in Sochi are set to be the most "equal" in the entire history of the Winter Games. A record number of women, around 1,200 are due to participate — around 45% of the total number of athletes. Women's ski jumping has been included for the first time.

The new types of events in the 2014 program include:

- Women's ski jumping
- Figure skating team events
- Luge team relay
- Freestyle ski halfpipe (men & women)
 Rightlan mixed relay
- Biathlon mixed relay
- Snowboard snowboard-slopestyle
- Freestyle ski-slopestyle
- Snowboard parallel slalom

In total, 50 sets of medals are being contested by men at the Games in Sochi, 43 sets by women, and another 5 in events where men and women compete together. As a result, the total number of types of events and sets of medals in the program reached 98, of which 29 will be competed in the Coastal Cluster and 69 in Mountain Cluster.

Sochi is a city in Russia, located on the Black Sea. Due to its high temperatures, snow had to be added for the Games.



WWW.ACTIONAUTOSALES1.COM



Theo's Gallery of Finer Things



Things to Do in NC When You're Bored

* Bunn *

02/20 Soup Kitchen 02/27 (Thursdays @ 11:30am)

Free meals served to those in need. Collaboration of local nonprofits. In the Broad Building, Bunn Elementary School Road, Bunn

03/22 Centennial Spring Fling Bash (Mar 22 @ 10am-7pm)

Live music, food, craft vendors, games, raffles, bounce houses, auction, dancer & more. Plus, car show! Applications & money must be received by March 5th. Cost for Craft Vendors \$25, Food Vendors \$75. Along Railroad Street, Downtown Bunn. For details stop by Bunn Town Hall or contact Sherry Mercer at 919.426.5806.

* Knightdale *

02/15 Hypnotherapy 101: The Power Of The Mind (Feb 15 @ 2-3pm)

Learn about the fascinating field of hypnotherapy! Spiritual coach and hypnotist Stephanie Levine will cover the truth about and the uses of hypnosis. At East Regional Library, 946 Steeple Sq. Knightdale. Registration requested, call 919.217.5300.

02/19 JobLink Job Assistance Lab 02/26 (Wednesdays @ 9am-12pm)

Get help navigating job search websites, submitting online applications, updating resume. At East Regional Library, 946 Steeple Sq., Knightdale. Contact 919.217.5300,

Sandy.Alger@wakegov.com.

02/27 Music In The Library: Cello And Viola Duet (Feb 27 @ 6:30-8 pm)

Come in from the cold and join us for an hour of string music presented by local musicians, Emily Mabe and Jessica Taylor, playing the cello and viola. At East Regional Library, 946 Steeple Sq, Knightdale. Questions, call 919.217.5300.

03/07 First Friday Jazz (Mar 7 @ 6-9:30pm)

Monthly Jazz music event organized by The Kila Company. Fee \$8/person. At Knightdale Clubhouse, 202 Milburnie Road, Knightdale. Call 919.757.3527.

* Wendell *

02/25 Family Storytime (Feb 25 @6:30-7pm)

Young children and their families are invited to participate in a 30 minute interactive program that incorporates age appropriate books, songs, and movement to nurture pre-reading skills. No registration required. At Wendell Community Library, 207 S Hollybrook Road, Wendell. Info, call 919.365.2600.

* Zebulon *

02/15 Brown Bag Lunch Ministry 02/22 (Saturdays@ 11:30am)

03/01 Free to-go lunches for those in need. At Fellowship Hall, Zebulon United Methodist Church, 121 W Gannon Ave, Zebulon. See www.zumchurch.org.

02/18 5 County Beekeepers Assoc Meeting (Feb 18 @ 7pm)

Programs at NC State University by Jennifer Keller. At Bennett Bunn Plantation, 1915 Old Bunn Road, Zebulon More info at www.5cba.org.

02/19 East Wake WIN 03/19 (Feb 19, Mar 19 @ 11:45am)

Women In Networking business group meets for lunch the third Wednesday each month. Small fee. All meetings now held at Zebulon Chamber of Commerce, 815 N. Arendell Avenue, Zebulon. To register, call 919.269.6320.

02/21 Karaoke (Fridays @ night)

02/28 Stop by to sing, watch, or just hang out. At McLean's Ole Time Cafe's Press Box, 418 W Gannon Avenue, Zebulon

02/22 Family Storytime (Feb 22 @ 10:30-11am)

For young children & their families. A 30 minute interactive program that incorporates age appropriate books, songs, and movement to nurture pre-reading skills. No registration required. At Zebulon Community Library, 1000 Dogwood Drive, Zebulon. Same time & date at East Regional Library in Knightdale.

03/14 Family Movie Night 04/11 (Mar 14 & Apr 11 @ 7pm)

The Zebulon Parks & Recreation Department presents free movie and popcorn for all ages. A parent/guardian must be present for all children. Call 919.823.0432 to find out what movie is showing! At Zebulon Community Center, 301 S Arendell Ave, Zebulon.

* Elsewhere *

02/15 Live Music Spring Hope 02/22 (Saturdays @ 7:30pm)

Live music each weekend with a variety of musicians & bands. At Showside Grill & Bakery, N Pine St, Spring Hope

02/15 Stepping Into The Past 02/22 (Saturdays @ 10am-3pm)

03/01 History-oriented activities free with museum admission (\$6 to \$8; under 2 yrs free). Feb 15th homemade soaps & ointments. Feb 22nd butter making. March 1st Blacksmith demos. At the Tobacco Farm Life Museum, 709 N Church St, Kenly. www.tobaccofarmlifemuseum.org.

02/22 Rabies Clinic (Feb 22 @ 8-9am)

(Feb 22 @ 8-9am)
Shots for nets Hel

Shots for pets. Held once each month. At the Franklin County Animal Shelter, 351 T Kemp Rd, Louisburg. Services provided by Tar River Veterinary Hospital of Franklinton.

03/08 Fifth Annual Dig In! (March 8)

Advocates for Health in Action annual gardening, agriculture, and community event. Held at Marbles Kids Museum, Raleigh. More at advocatesforhealthinaction.org

These "Things To Do..." listings are free, at publisher's discretion, and as space allows. Up to 5 lines of description may be included with an event. Priority is given to free, public events. Sponsor names may not be included. Event organizers may purchase regular advertising space to provide more details for events.



Bigfoot's Coupon Corner





Coupon Not Valid with Any Other Offer, Fling or Fish Specials.

All About the Mediterranean Diet

Contributed by Nicholas Pediaditakis, MD, DLFAPA

My friends and patients often ask me: How do I do it? And what is it, anyway? They are referring to my Mediterranean diet.

They know I have being following the Mediterranean diet for a long time. I have being here in my new country for 55 years, and I am still at it and love it. At the same time, my cholesterol recently was 125 — normal is 200! I am ahead!

Here is what I tell my friends and patients — a little tongue-in-cheek but not far from the truth. For starters, buy all the lemons and olive oil you can get! Then, buy all these vegetables to boot: tomatoes, onions, green peepers, and garlic. Then, do not forget the oregano and the greens: collards, cabbage, poke weeds, pig weeds, mustard greens, spinach, and — of course — dandelions. After you finish with that, add to your shopping cart canned beans and garbanzos, and — finally — cucumbers and Greek fat-free strained yogurt (Fage or Oikos brands). Add fresh fish, canned sardines, and a little lamb, to complete the job.

Now, the preparation:

Day One: Slice onions. While you do not have to put them on it, try a few Kalamata Greek olives or feta cheese — it will help. Slice tomatoes and green peppers, then *mix* them with the sliced onions and pour on olive oil — lots of it — *and* some lemon juice (not lots of it)! Add a little oregano and that's it! You now have your first *real* Greek salad.

Open a can of sardines, wash away the salty fluid in the can and — you guessed it — pour olive oil and lemon juice on the sardines. If you have fresh fish, that will be even better. You grill the fish without anything on it. And after that? YES! Pour olive oil and lemon juice on it!

Eat the salad and fish, together, using one or two slices of whole grain or — if possible — multigrain bread. Eat slowly, and if you must, drink a little red wine with them. (Alcohol between meals is a no-no in the Mediterranean diet and cultures.)

For a drink, use only plain water. Get it from the faucet, as the bottled water has phthalate, a possible poison leached from the plastic bottle! And, the expensive water inside *is* faucet water anyway!

In the evening for your dinner, eat a little Tzatziki along with boiled or steamed greens. Do not forget: again pour olive oil and lemon juice on the steamed greens. Now you can have your dinner.

Use salt sparingly, as it tends to damage the kidneys and to increase blood pressure. The lemon juice will make the meal tasty anyway

Now, what in the world is Tzatziki? It is simply a delicious

and very healthy mixture of Greek yogurt and pealed-andchopped cucumber, together with chopped garlic, with a little olive oil added. Remember, the Mediterranean recipes are flexible in the

Remember, the Mediterranean recipes are flexible in the proportion of the mixed ingredients used, so you are free to use your judgment in a more-or-less way

After your diner, use always a little fresh fruit.

What about in the mornings? Easy: bran with shreddedwheat cereal and skim milk, blueberries, and a handful of walnuts. There!

Day Two: (Don't worry I will stop with day two and will offer more recipes for the remaining days of the week in a future write up.) Here we go: Boil tender poke weeds, dandelions or pig weeds. (Their scientific name is *Amaranth* and its seeds are used in cereals now.) They need boiling to destroy the alkaloids in them which are their defense against bugs. Poke weed needs to be cooked three times and discard the water and unless you are instructed how to cook it avoid it. But, you can steam broccoli spinach or cabbage.

Add —you learned by now — olive oil and lemon, and put the greens on a plate next to peeled hard-boiled eggs, sliced, with black pepper, lemon and olive oil — I warned you to buy lots of it — with one or two slices of whole wheat bread.

In the evening for dinner, grill the lamb chop; but, first you marinate it with oregano, garlic powder, and lemon juice. Eat it with the left-over boiled greens.

About this diet: Mediterranean cooking is similar, with minor variations, across the entire rim of the Mediterranean Sea. It is practiced by over two hundred million people. It is more economical, most people find it delicious, and it safeguards you against diabetes, heart trouble, stroke, and high blood pressure.

Try it for a while; it may catch with you. Perhaps then in the future you may be saved from some grief.

Copyright © 2014 by Nicholas Pediaditakis, MD

Low-cost Fitness Classes

K-FIT classes every day (Town of Knightdale)

Knightdale Parks & Recreation offers a variety of Fitness Classes at the K-Fit Center, 426 N First Avenue, Knightdale. These include:

- Mandy's Aerobics \$5/class M/W/F 8:30-10am, plus Mondays 6-7pm. and Wednesdays 6:30-7:30pm
- Yoga \$7/class Tuesdays 5:15-6:15pm
- Zumba \$5/class Tuesdays 6:30-7:30pm
- Katandi West African Rhythmic Movement \$5/class Fridays 6:30-8pm

Call 919.217.2234 or visit www.knightdalenc.gov.

Zebulon Community Center (Parks & Recreation Dept.)

Located at 301 S Arendell Avenue, this Community Center offers fitness for children, teens, adults, and seniors.

To introduce residents to their fitness offerings, a "Fitness Fusion" event is scheduled for February 22, 2014 from 9-10am. Three instructors provide information on their classes including Heather Driver (Zumba), Amy Skaggs (Cardio & Muscles), and Ganel Johnson (Yoga). Stop by for this free fitness day and pick up a copy of the January-April

The center is open Mondays through Thursdays 7am-8pm, and Fridays 7am-4pm. Contact the Community Center Coordinator, Sheila Long, at 919.823.0432 ext. 1.





Bunn Centennial Finalé

March 22, 2014

10am to 6pm

Railroad Street Downtown Bunn

Live Entertainment! The Carousels from SC, and several other live entertainment groups & dancers

Games too! Join in The Famous Cake Walk, play Corn Hole, and more.

Children's activities! Bounce houses include an 18-foot slide. Plus, Muddy the Mudcat will be there. Bring the kids by for photos.

This Centennial Finalé Event is FREE.



Bunn Cruz Thru! Vintage

and antique vehicle event as a part of the March Finalé!

Cruz Thru will at Hwy 98W and Railroad Street

Vendors: Applications for craft vendors may be picked up at Bunn Town Hall... Only \$25 for a 10x10 spot! Contact Sherry Mercer at 919-426-5806 or smercerx2@yahoo.com. Forms also posted on TownOfBunn OneHundred Facebook page



A Little Bit of History

Presidents' Day

When I was a child, teachers gave lessons on George Washington and Abraham Lincoln in February. Both their birthdays were in that month. It was an opportunity for teachers to cover history and talk about celebrating these former Presidents' birthdays as part of the school calendar.

The two birthdays were combined to create Presidents' Day by some states, but not federally. Washington's Birthday is the official US federal holiday name. It is celebrated on the third Monday of February and is a government and bank holiday. It is a school holiday, except due to snowy weather some schools are using February 17, 2014 as a make-up day.

There is no federal holiday for Abraham Lincoln's birthday

Often labeled as "Presidents Day" by merchants holding sales, sale flyers often include likenesses of Washington and Lincoln, American flags, and even birthday cakes.

George Washington was born February 22, 1732. He was the first President of the US.

Abraham Lincoln was born February 12, 1809. Lincoln was the 16th US President.



Shades of Grey

Some situations are viewed in black and white; right and wrong. Yet, many people think situations also have a grey area where solutions are not so easily discerned. This is not just about the choices people make, but the thought process they go through to arrive at their decisions.

Submitted for Your Discussion & Consideration

While visiting school one day to drop off something for your child, you walk past a line of children in the hallway.

A teacher is speaking with them, nicely, and getting them in line. The kids are listening and all is well.

You see the teacher approach a child who is whispering to the child in front of him in line. The teacher admonishes the whispering child. Under her breath as she walks away, you hear the teacher mumble that the kid is a "brat."

Do you think you would stop and say something to the teacher about her behavior? Would it be worth reporting to the school Principal? Or, do you think the teacher calling the child a name should be ignored?

Would it make a difference if it were your child or grandchild being called a brat?



Free Estimates 919-404-0908 • 919-985-5033 For Accidents BIG or small



• Advertising & Referral Marketing

 Networking Opportunities

• Classes & Workshops



Visit us at businessalliancenc.com

301 Endless Yard Sale Returns, Even Longer

The dates for the 2014 "301 Endless Yard Sale" are June 20th and 21st. This year, the yard sale is expanding to 100 miles, crossing five NC counties. For more information, or to read guidelines for being a vendor, visit 301endlessyardsale.com.

The towns along the route include:

Roanoke Rapids Weldon Halifax Rocky Mount Wilson Kenly* Micro* Selma* Smithfield* Four Oaks Benson* Dunn * Participated in 2013.

Vendors are welcome to sell all types of goods. According to the website: "Almost anything! Popular is junk, antiques, collectibles, dishes and glassware, farm to implements, baked food items, crafts, produce and more. Rows and rows of clothes are not the most popular items, but as the saying goes, One man's junk is another man's treasure, so who can say!"

In our effort to support local merchants, neighbors and civic groups, no temporary food establishments or mobile food vendors. No animal sales. Food permitted for sale by legitimate 501(c)(3)organizations only.

Farley's Accounting & Tax Service

Individual Tax Returns Corporate Tax Services Small Business Accounting and Much More



NEW LOCATION 100 W 3rd St Wendell, NC

919-365-0190

Call today to make an appointment with our experienced accounting specialists & tax preparers





Call SAFE Haven at 919-872-7233 Schedule an appointment today O PETSMART

harities

www.safehavenforcats.org



Alkyonis Mental Health Center

A certified Mental Health Clinic

Located at the corner of Sledge & Sykes Roads (between Bunn and Louisburg-near Lake Royale)

We now accept children & adults & all insurances.

Appointments on Saturdays

Nicholas Pediaditakis MD **Board Certified Psychiatry**

Call for an appointment 919-418-2278 Office 919-787-0710









www.greyareanews.com

Little Bits

Cryptogram of the Issue

Replace the letters in this Cryptogram with other letters to deduce the quote within the puzzle.

Hint: S = D. MI BBRAGOO I I A U I E E H V A D LHHS E H H U

> Answer to the previous issue's cryptogram: Cold and raw the north wind doth blow, Bleak in the

SRLGODRHA

morning early; All the hills are covered with snow, And winter's now come fairly.

-- Mother Goose

Cryptogram Note:

LHHS

For a second hint, email trivia@greyareanews.com or visit the website: www.greyareanews.com.

News from The Grey Area

This issue will be out in Eastern NC businesses through February 27th. The next issue will be delivered February 28th, and be in shops through March 13th. That next issue is going to be our three-year anniversary issue! The first issue of *The Grey Area* newspaper hit stores March 1, 2011.

Started based on an idea from Frank Whatley, the newspaper was started by Frank and his wife, Kay. Over the years, a half a million copies have been printed, many local writers have contributed, advertisers have shared their information, and local folks have read the newspaper.

Currently, the newspaper is distributed in close to 1,000 locations twice a month, with the help — and fleet feet — of five local delivery people.

The newspaper is made possible by the advertising fees paid by local businesses. They get their business details (or specials) in front of local readers. The \$33 (or more) they pay per month provides revenue to pay for things like printing, delivery, and gasoline; you might be surprised how much gasoline is involved in newspaper sales and delivery. (Each delivery person gets a stipend for gas in addition to their day's pay.)

Location is important. Readers and advertisers are in Eastern NC. The Grey Area is based here, too. It got its start in Bunn, then continued growing from Zebulon. Its creators enjoy being a part of the Zebulon community. This summer, The Grey Area headquarters will be moving into a new community: Bailey. The only change to readers may be an increase in stories describing Nash County history.

By July, from just off of Highway 264, The Grey Area will continue to serve readers and advertisers north, south, east and west of this new "center" of operations.

By the way, did you know that past articles from The Grey Area newspaper are available online to readers worldwide? Articles go all the way back to that first issue on March 1, 2011.

Chuckle of the Issue

The manager of a garden center overhears one of his clerks speaking with a customer.

"No, we haven't had any of that in ages," says the clerk. "And I don't know when we'll be getting any more."

The customer leaves, and the manager angrily walks over to give the clerk a mindfull. "Never tell a customer we can't get them something," he scolds. "Whatever they want, we can always order and deliver it. Do you understand?"

The clerk nods.

"So what did he want?' barks the manager.

The clerk replies, "Rain."

Word of the Issue

ellick: Coffee with sugar.

(This is a North Carolina-specific term.)

Example: "I'd like a cup of ellick."

Translation of the Issue

English — "love"

German — liebe Spanish — amor Dutch — liefde Italian — amore Latin — amor Irish — grá Korean — 사랑 (salang) Welsh — cariad

Translations for these and many languages may be found in online (translate.google.com, babelfish.yahoo.com, etc.) and print resources.

Quote of the Issue

Louis B. Erickson

"Gardening requires lots of water — most of it in the form of perspiration."



Richard Harris Funeral Home & Cremation Service Inc. 122 West Barbee Street Zebulon, NC 27597 Phone: (919) 269-7613 Fax: (919) 269-7614 www.richardharrisfuneralhome.com

> "Where Compassionate Professionals Serve With Integrity And Distinction"

We are a full-service funeral home specializing in: Meaningful funeral ceremonies Cremations with meaningful ceremonies Life Insurance (Call for free quote) **Pre-Planning Pre-Need Arrangements** Caskets, Vaults & Urn Sales **Monument Sales Domestic & International Shipping Obituary Support Notary Public Cemetery Services**



Richard Harris Funeral Home offers a state of the art facility, professional and courteous service; low cost burial plans and a Free Tapestry Blanket in memory of your loved one. Compare us with other local funeral services before you make that final decision. ton. The Harris Family

The Strange-ness

Creature with Glowing Amber Eyes Flies Away

The early morning hours of April 23, 2012, a couple in Washington County, Pennsylvania heard a strange sound. Peering outside into the darkness, they saw an unexpected thing.

It was between 12:30 and 1:00am, on the morning of April 23, 2012. Bob* had heard an odd, animal-like sound outside their home. It sounded to him like a growl or a screech. He listened for about five minutes, thinking that the sound seemed to be just outside the window.

Intrigued by the odd noise, he awakened his wife, Jane*, to see if she could recognize the type of animal making the

When Jane got out of bed, they both heard the sound. She peered out the window. Across the road was a creek about 15-20 feet away. She noticed what she first thought was a deer, standing up in the middle of the creek.

Bob questioned why would there be a deer standing in the creek? Why would it be making such a strange noise?

He then looked out the window. While what he saw was dark brown in color and about the size of a deer, he could not determine what type of creature it was. Certainly, no deer! Because a retaining wall was obstructing part of his view, he was unsure exactly how tall it was.

Bob said that when the creature turned its head, it appeared to have an elongated face that was almost deer shaped, but not as stubby in the snout. It appeared to have a more pointed head than a deer would.

What both witness could easily see were two big, round, amber-colored eyes that seemed to be glowing. Bob estimated that the eyes were the size of golf balls. He did not think that they were reflecting, as any street lights were a distance away. The husband commented that the freaky part was that the creature seemed to be staring right at their house, towards their position at the window. He and Jane both noted that, whatever it was, the glowing eyes were staring in their

Bob told his wife he was going out to check out what it was. Before he could venture outside, something even stranger happened. Suddenly, the creature moved one step forward and took off into the sky at a 45 degree angle. It was immediately out of sight.

He reported, "The speed was insane. I never saw anything move that fast." Bob also stated that he never saw a bird that

If you have any information on this Pennsylvania creature, please contact Stan Gordon's UFO Anomalies Zone, based in Western Pennsylvania, at paufo@comcast.net. Recent sightings and updates are posted to the website:



*Not their real names.





Ads, Services & Directory

To list your business, yard sale, item sale, or service, contact sales at 919.637.6973.

A-1 AUTO BODY & PAINTING 2533 Rocky Cross Road, Middlesex **Free Estimates**

(919) 404-0908 or (919) 985-5033

TRASH PICK-UP SERVICE \$5 per week – Free Trash Can Scheduled your pick-up today Ph. 252-767-8366

Bunn-Louisburg-Pilot-Lake Royale-Pearces

NEW MATTRESS SETS

Twin. \$99: Full. \$115: Queen. \$129: King, \$189. Free lavaway, Delivery available. No credit check financing. 252-243-5400. tfn

ALL PRO BAIL BONDING → 5% Down ← Open 24 Hours 105 Goldsboro Street S., Wilson NC

252-218-5176



GROW AND SHARE

THANK YOU, NORTH CAROLINA MULCH, FOR YOUR **GENEROUS DONATION!!!**

www.growandshare.org

Advertise with Us

Issues published every other Friday. Multiple ad sizes to fit your needs. Advertise in a single issue or multiple issues. Up to 17,000 newspapers distributed for each issue. Call for rates

Above And Beyond Learning Corp., Zebulon, NC USA Advertising Info: 919.637.6973 - sales@greyareanews.com

www.greyareanews.com

