

The Grey Area™

Local and National Unusual News

Rocky Mount, Nashville, Sharpsburg, Tarboro & Wilson NC Edition – 919.637.6973

Limited distribution: Bailey, Middlesex, Princeville, Sims, & Spring Hope

“I’M FREE—Take Me With You!”

Check out our Other Editions for
Eastern North Carolina

Online: www.greyareanews.com

Volume 4, Number 1B
Jan 3–16, 2014

Business Profits with Vision Of People, Planet and NC

There are business owners in NC who go beyond being locally oriented. These businesses operate on a Triple Bottom Line, considering people, the planet, and profit in a balanced way; a kind of business model for “do no harm”. One such business is TS Designs, creators of Cotton of the Carolinas organic clothing. TS Designs not only considers the planet, they focus on doing what they can within NC.

From a local standpoint, the Cotton of the Carolinas t-shirts are made completely in NC. Cotton grown — organically — in and near Nash County is turned into cloth, then into shirts. They call this their “dirt to shirt” production process.

This January, visitors have an opportunity to see their operation first-hand during their “Tour on the Tenth” event.

TS Designs is opening its doors for a full-access view behind the scenes – and around their campus. Tour on the Tenth invites the public to see what they do and how they do it. The tour begins at 3pm on January 10, 2014. It includes the Production Area, and the company’s garden. TS Designs is located at 2053 Willow Springs Lane in Burlington.

In creating their shirts, TS Designs has gone above and beyond the norm to produce clothing using certified organic NC cotton. You know what you buy is locally grown, and locally made, in the Carolinas. Stop by for Tour on the Tenth and check it out for yourself.

Guitar Lessons Offered

The Nash Arts Center is holding guitar lessons for beginners ages 13 and older, beginning January 6, 2014. Instructor John Battle will teach the 16-week session.

Classes will be held at 7:30pm on Mondays. The fee of \$160 covers the entire session, which averages out to \$10 per week. Classes held at Nash Arts Center, located at 100 E Washington Street in Nashville.

Don’t have a guitar for yourself or your child? The Nash Arts Center has a limited number of guitars available, which can be provided for those who do not own one.

To register, call Shelly Gray at 252.459.4734. Be sure to let her know about any instrument needs. For more information, visit nasharts.org.

How To Keep Your Shape Without Dieting

Losing Weight By Tweaking Your Eating Habits

Contributed by Nicholas Pediaditakis, MD, DLFAPA

OK, all of us have a problem; it is real and present for the entire country. Almost all of us now are overweight.

This creates problems. For starters, it makes us uncomfortable to move around and do the everyday routines of our lives, like walking, taking a shower, or hugging each other.

If overweight and given time, most of us will get diabetes too. We may also develop high blood pressure — in fact, many of us do. We may even wind up with heart disease or a stroke; especially if we have high cholesterol clogging up our arteries with the grease we eat. Worse, God forbid, we may even get cancer.

Diets are useless; they do not work. Endless attempts to diet only end up in failure. We lose a couple of pounds only to gain them again a few weeks later. While all along, we mess up the joy of being alive.

Even worse, diets pills make you nervous, may be addictive, and even make you frantic and easily irritable.

After many years of practice and thousands of patients, I found that there is some hope with a method I have found useful. Most often it works!

Here it is: simply organize your ways of eating in the following way:

1. Eat three times a day; not once or twice, but just three.
2. Eat SLOWLY (enjoy your chewing).
3. Eat only what is in front of you. There is no need to put massive amounts of food on the table, which entices you to reach for seconds.
4. ALWAYS include some kind of greens, whether boiled or fresh.
5. Try to eat multigrain bread, and if you can, less.
6. ALWAYS take a walk of fifteen or thirty minutes after a meal.
7. Do not be discouraged if you do not have it right the first time.

After a while, these seven steps will become a routine.

You may now lose 2-3 pounds a month without feeling it.

Finally, DO NOT attempt to speed the process up and switch from this routine to whatever diet; it will fail. It always does.

Another thing: avoid stuffing your refrigerator with “this and that” or anything on sale. Instead, tend to buy greens, canned beans and chicken, as well as whole wheat or fully grained breads.

If you can, invent new interests, including walking in the woods, reading new books, visiting a health club, and getting involved in your church. Good luck, because it will work.

Remember, no one was meant to tolerate too much food. Ironically, we may want to eat all the time if it is in front of us (as it was meant originally as an emergency way to store fat); however, now there is no longer an emergency, while we unfortunately still have a tendency to keep eating, as plenty of food is now available.



Copyright © 2013-14 by
Nicholas Pediaditakis, MD

**KING**
EXTERMINATING

4601 Sunset Ave
Rocky Mount, NC
252-937-8878
252-937-6628

We are the Bug Busters!
Ask us about options for cockroaches

10% Off
Residential Pest Treatment
with this coupon

King Exterminating Company



THE RUG SHACK
-WHERE YOUR RUG COMES TO GET A BATH-



WE OFFER:
Extensive Rug Cleaning
& Full Service Flooring
Carpet-Vinyl-Tile-Laminate-Hardwoods
Rugs & Home Decor

3763 Dortches Blvd.
Rocky Mount, NC
27804

(252) 443-2433
Joey & Denise Barden
Family Owned & Operated

Mon-Fri 9-5 – Sat by Appt


For carpets this clean, you’ve gotta call...
Superior Carpet & Upholstery Cleaning



ChemDry
Drier. Cleaner. Healthier.®

of Rocky Mount & Wilson
(252) 443-4433

Serving Nash, Edgecombe & Wilson Counties
Independently Owned & Operated



The Natural
ONLY FROM CHEM-DRY

**We Pay Top Dollar for Broken Gold, Silver,
Platinum and Estate Jewelry!**

**Wilson Jewelry &
Coin Exchange**

We Buy High End Watches



252-234-1666
3332-D Airport Blvd
Wilson NC 27896

Cash for Gold on the Spot

Birthstone Jewelry
Available in All 12 Months



\$49 YOUR CHOICE

Taylor Made Jewelry
Makers of Fine Jewelry and Expert Repair
“Have Your Jewelry Taylor Made”
Family Owned & Operated
Nashville Shopping Center, beside Just Save
252-459-0095
10-6 Tues. - Fri. 10-1 Sat.

Things to Do in NC
When You’re Bored

* Nashville *

01/06 **Kids Story Time (January 6 @ 10:30-11am)**
Bring the kids for a story from a collection of wonderful books. Free event. At Nashville Harold D Cooley Library, 114 W Church Street, Nashville

01/15 **Badges & Books Reading Event (Jan 15 @ 10:30am-11am)**
The Nashville Police Department will be having a Badges and Books reading event! Children of all ages are welcome, we will be reading books that were donated by people in the community! Hope to see you there! At Nashville’s Cooley Library, 114 W Church Street, Nashville

* Rocky Mount *

01/11 **MLK Annual Oratorical Competition (January 11 @ 9:00am)**
Participants may be middle or high school students who either attend Nash-Rocky Mount Public Schools or who reside within the City of Rocky Mount. Participants will speak on a designated theme, relating it to Dr. King’s philosophies and to current day society. At The Imperial Centre, 270 Gay Street, Rocky Mount

01/15 **Coffee with a Cop (Jan 15 @ 7-9am)**
The Rocky Mount Police Department invites you to come have Coffee With A Cop. This is a great informal way to meet the officers in your area, ask questions, share concerns and get information. At Hardee’s, 1200 E Raleigh Blvd, Rocky Mount. Contact Brad Summerlin at 252.972.1466.

01/16 **Would You Love to Grow Beautiful Roses? (January 16 @ 3pm)**
Come hear a Master Rosarian, Cyndy Scalf, from the Nash County Extension Services. In Warner Meeting Room, Braswell Memorial Library, 727 N. Grace Street, Rocky Mount Contact Brenda Thibodeau at 252-442-1951 Info online at www.braswell-library.org

01/16 **Would You Love to Grow Beautiful Roses? (January 16 @ 3pm)**
Come hear Master Rosarian Cyndy Scalf, from Nash County Extension Services. In Warner Meeting Room, Braswell Memorial Library, 727 N Grace Street, Rocky Mount. Visit www.braswell-library.org

01/20 **Unity Breakfast (January 20 @ 7am; program 8am)**
Keynote Speaker Dr. Julianne Malveaux, Economist, Author, Educator and Founder of Last Word Productions. Breakfast. At Dunn Center for the Performing Arts, Campus of NC Wesleyan College, 3400 N Wesleyan Blvd, Rocky Mount.

* Tarboro *

01/07 **Children’s Story Time (Jan 7, 14 & 21 @ 10:30am)**
01/14
01/21 Tuesday storytimes include music, games, & crafts. At Edgecombe County Memorial Library, 909 Main St., Tarboro. See www.edgecombelibrary.org.

01/10 **Civil War Roundtable (Jan 10 @ 7:30pm; opt. dinner 6:30pm)**
Free lecture by Ed Bearss, National Park Historian Emeritus. Open to students & the public. Program follows optional dinner (\$12). Dinner reservations req. Contact Monika Fleming at 252.823.5166 ext.241 (by Jan. 7) for dinner reservations. In the Fleming Bldg, Edgecombe Community College, 2009 West Wilson Street, Tarboro.

01/30 **How to Start a Small Business (January 30 @ 6 pm)**
Free. Starting a small business requires determination, motivation, planning and know-how. Those who are thinking of starting their own business are encouraged to attend this enlightening seminar. At Edgecombe Community College Small Business Center, Fleming Bldg Room 173, 2009 West Wilson Street, Tarboro

* Wilson *

01/08 **Anime Club (Jan 8 & 22 @ 3:30-5:30pm)**
01/22 2nd & 4th Wednesdays. At Wilson County Public Library Main Branch, 249 Nash Street W, Wilson. Call 252.237.5355.

01/08 **Early Literacy Programs (Jan 8, 9, 15 & 16)**
01/09
01/15 Held Wednesdays & Thursdays.
01/16 Lap Sit (Ages 0-2) at 9:30am. Preschool Story Time (Ages 3-5) @ 10am. At Wilson County Public Library Main Branch, 249 Nash Street W, Wilson. Call 252.237.5355.

* Elsewhere *

01/04 **Three Kings Day Parade - Dia de los Reyes (Jan 4 @ 1pm)**
Free. A celebration of culture & tradition. Come celebrate the 12th day of Christmas & the Feast of the Epiphany in this cultural & fun celebration of an almost lost tradition of the arrival of the Three King Magis. At Fred G. Bond Metro Park, 801 High House Road, Cary. For info, call 919.852.0075.

01/10 **Family Movie Night (Jan 10 @ 7pm)**
The Zebulon Parks & Recreation Department presents FREE movie and popcorn for all ages at the Zebulon Community Center, 301 S. Arendell Ave., Zebulon. A parent/guardian must be present for all children. Call 919.823.0432 to find out what movie is showing! Also Feb 14, Mar 14 & Apr 11.

01/10 **Up, Up, and Away Astronomy: By Jove, It’s Jupiter! (Jan 10 @ 4:30p to 5:30pm)**
Look up into the night sky & find out what’s out there. Come study Jupiter with stories, games & crafts, then go outdoors to look. Bundle up! Held rain or shine. Most appropriate for ages 5 & up. Fee \$5/family or \$3/person. Preregistration req. Historic Yates Mill County Park, 4620 Lake Wheeler Road, Raleigh. Info, call 919.856.6675.

01/20 **Martin Luther King’s Birthday (January 20)**
Federal holiday. Some offices may be closed.

01/19 **Stepping Into The Past (Dec 21 @ 10am-3pm)**
Activities incl. with museum admission. January 19th is butter making demonstrations. January 26th is hog killing demonstration (8-11am). At Tobacco Farm Life Museum, 709 N Church St., Kenly. www.tobaccofarmlifemuseum.org.

01/31 **Praxis Film Festival (Jan 31 @ -02/01 1-8pm & Feb 1 @ 10am)**
Support student filmmakers & professional independent filmmakers. Filmmakers conjure up amazing images in their mind’s eye, but what ends up on film depends on practical matters like how much cash/credit they have, how many friends can help, & who will show their film. Tickets \$10/day or \$15/weekend. Jan 31st at Paramount Theatre, S Center Street, Goldsboro. Feb 1st at Wayne Community College, Moffatt Auditorium, 3000 Wayne Memorial Dr., Goldsboro. Contact goldsborott@gmail.com.

These “Things To Do…” listings are free, at publisher’s discretion, and as space allows. Up to 5 lines of description may be included with an event. Priority is given to free, public events. Sponsor names may not be included. Event organizers may purchase regular advertising space to provide more details for events.

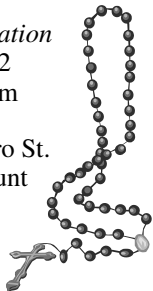
Your Church
Supply Store

Church Supplies • Robes
Bibles • CDs – DVDs & Gifts

Mon.-Fri. 10:00AM-5:00PM
Sat. 10:00AM-4:00PM

For More Information
252-567-1612
ycss@live.com

124 Tarboro St.
Rocky Mount



New Look, Faster Service, &
As Always The Highest Quality

JERICO
SCREEN PRINTING of WILSON
109 WEST NASH STREET, WILSON, NORTH CARLINA 27893

243-5370


Offering custom screen printing
and embroidery on T-shirts,
Polos, Hats, Bags, & more

We also have a wide selection
of promotional products from
Pens and Travel Mugs to
glass cups & high end gifts


KARMA
A Fashionable Clothing Store
www.karmaclothingstore.com
126 Goldsboro Street
Wilson, NC 27893
252-206-1102
Store Hours
Mon - Sat
12pm - 7pm


WHIGTV.com
YOUR COMMUNITY STATION
1701 Sunset Ave Suite 201
Rocky Mount NC 27804
252-446-8857
Over-the-Air 31
Suddenlink 17
Greenlight 19
Crystal Ball 19
Prism 31
COVERAGE MAP


WILLOW SPRINGS
COUNTRY CLUB
Membership Drive — Call for Details
For over 23 years, Willow Springs Country Club has been family owned and operated.
We invite you to come and experience the beauty and charm of Willow Springs Country Club. Aligned with award winning hardwoods, our 18-hole course is also accompanied by bermuda grass greens and over 6600 yards of plush fairways. Enjoy a variety of amenities including a Proshop, snack bar, ballroom and dining room, ladies’ and men’s locker rooms, driving range, outdoor patios, practice putting, chipping areas and swimming pool.
Professional Experience
Proshop and Golf Services
Swimming
Dining | Special events and planning
3033 Hwy 301 South, Wilson, NC
252-291-5171


JOYNER’S MEMORIAL
2009 U.S. HWY. 301 SO.
WILSON, NC 27893
Markers
Monuments
252-291-6160
Email: ljoyner@joynersmemorial.com
1-800-521-4601
FAX: 252-291-2556

Time for Pre-K Applications



Nash-Rocky Mount Public Schools is taking applications for pre-Kindergarten. Enrollment is available for children who will turn four on or before August 31, 2014. Applications must be received by May 16th.

In addition to the application, parents or guardians must provide a certified copy of the child’s birth certificate, two proofs of address, family income verification, child’s immunization record, and a health assessment.

Parents interested in enrolling their children should contact Nash-Rocky Mount Public Schools at 252.462.2527.

New Year Not a Blank Slate: an Opportunity

As 2014 rolls in, each of us has the opportunity to make changes to our lives, habits, and priorities. The new year for many of us means that we are making resolutions to change something as we move forward. It is also an opportunity to re-think where we want to be, and set a path from where we are to where we can be.

Resolutions may focus on subtle, small changes that are easy and positive. Or, resolutions may be big and focused on long-term life changes.

Whether you go big or take a small step, New Year’s Resolutions are tough to keep. Help yourself succeed by setting reasonable goals based on what is important to you. Then, don’t let yourself down.

Small Steps

A common New Year’s resolutions is to spend more time with family or friends. An adult might choose to spend more holidays with family, or start planning a summer reunion. A young child or teen might choose to leave their cell phone alone for awhile and spend evenings with family.

With tough economic times, saving more money is also a common resolution. A new year, new budget can set the stage for better ability to manage hard times.

Diet and exercise resolutions may be at the top of the list. Whether for health issues or appearance, many plan to hit the gym, take regular walks, or cut out certain foods. This is another resolution that can help one feel better and be more able to excel long-term.

Some resolutions are more about habits. One might decide to quit smoking, leave social media, recycle, or watch less TV. Establishing new habits can be fulfilling, but require ongoing work. Repetition creates a bad habit or a good one.

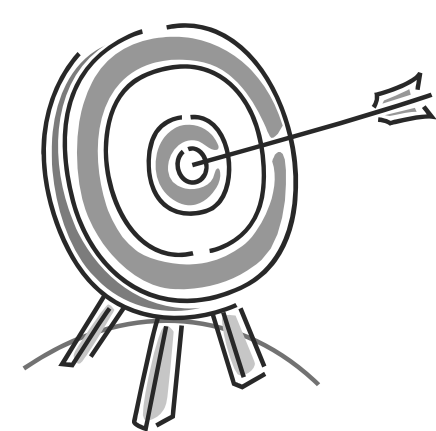
Big Steps

A New Year’s resolutions to improve job options might include taking a class or learning a new skill. Doing new things can open up opportunities for years to come. Going to school or taking classes requires a commitment. This type of resolution may literally change your life.

In order to find more work, change a relationship, or improve surroundings, a person or family might resolve to move in the new year. The long-term repercussions are major, and if done carefully and with good reason can yield positive results.

Keep Going

As you set a resolution, remember that it has to be important to you. Look at the road ahead, and think again about how you will feel when you succeed. You can do it!



A Little Bit of History

NC Highway Historical Marker at Princeville NC

A marker in Princeville, set in the 1980s, marks this Edgecombe County town’s historic founding. The marker reads: Community established here by freed blacks in 1865. Incorporated as Princeville in 1885.

Princeville was the nation’s first independently governed African American community. Originally named Freedom Hill, the area was incorporated in 1885 and named after an early purchaser of Freedom Hill lots, Turner Prince.

The town was founded in a swampy area, and has suffered from flooding several times over the years. Following Hurricane Floyd in 1999, the flooded town became the focus of a special “President’s Council on the Future of Princeville” organized by then-President Bill Clinton.

Mr. Clinton’s February 2000 Executive Order stated, “As the first city in the United States founded by former slaves, Princeville, North Carolina holds a special and highly significant place in our nation’s history. In its early days, Princeville was called Freedom Hill by fleeing African Americans who settled along the banks of the River Tar under the protection of Union troops at the close of the Civil War. In more recent times, repeated flooding from the River Tar has caused damage in Princeville, which was devastated this fall by the particularly severe floods that accompanied Hurricane Floyd.”

The highway historical marker is located at US-64 Business and US-258 in Princeville. Stop by to see the marker, and stay to visit local businesses and see some of the buildings that have survived both time and floods.

peek-a-bootique
Children’s Boutique & Consignment
Mommy & Me Night
Door Prizes - custom made Valentine's Set
Thursday January 23 - 6-8pm
Come visit us at Southern Swank in Nashville, NC
Call us at 252-446-7335 for more details!!
3667 N Halifax Road
(Next to Smith's Red & White in Dortches)
Like us on facebook.com/peekabootiqueclothing

Footwerks
Men, Women & Kid Shoes

Store: 252-210-9382
footwerks29@gmail.com
132 NW Main St.
Rocky Mount, NC 27804

Hours
9a-9p
All Shoes
up to
40%
Off

ALL PRO
Bail Bonding 5%

→ 5% Down ←
105 Goldsboro Street S., Wilson NC
252-676-0985 • 252-230-1638

OPEN
24 Hours

252.459.5865
furniture • consignment • gifts

NOW TAKING CONSIGNMENTS
furniture • home decor • knick knacks in good condition
(no clothing please)
Call us at 252.459.5865 or
email your photos to thefunkytrunk12@yahoo.com
BY APPOINTMENT ONLY AT 123 SOUTH BODDIE STREET, NASHVILLE, NC 27856
Local artists are welcome in our Artisans Corner
Plus new and unique gifts!

Shades of Grey

*Some situations are viewed in black and white; right and wrong. Yet, many people think situations also have a **grey area** where solutions are not so easily discerned. This is not just about the choices people make, but the thought process they go through to arrive at their decisions.*

Submitted for Your Discussion & Consideration

Standing in line at a local shop, your items in hand, you wait for the cashier to ring you up. You bide your time watching out the window and looking around the store.

As the cashier rings up another customer, you notice that a woman at the back of the shop is fiddling with her purse. A moment later, she pulls a shirt off of a clothes hanger and shoves it into the purse.

Do you think that you would say something to the woman or to the cashier? Do you think that you would you feel afraid to get involved and say nothing? If you were a regular customer, would you be more likely to bring it to the cashier’s attention?

J & Z Family Discount II
BIG CITY TO DOWNTOWN
Jeans, Purses, Jerseys & more....
M-F 10am-7pm & Sat 11am-8pm
214 N. Main Street
Tarboro, NC 27886
Give us a call 252-641-2726

STRINGS OF MUSIC
“For all your musical & repair needs!”

420 MAIN ST
TARBORO, NC
“Oldies & Goodies”
252-641-1949

BREWMASTERS
LOCAL AND GLOBAL CRAFT BEER
CRAFT ON DRAFT + MIX A SIX BOTTLES = HUNDREDS OF BEERS
ALL NATURAL BOARS HEAD SOUPS AND SANDWICHES
GIFT CERTIFICATES AND CHRISTMAS GIFT PACKS AVAILABLE
Call 252-991-6035
2115 FOREST HILLS RD WILSON NC 27893
WWW.FACEBOOK.COM/BREWMASTERS

S.U.B.B.B.S
Scott's Unique Bed Bath and Body Shop

“Experience Exhilarating Moments”

Scott Wilson
252-210-9528
subbbs@earthlink.net
155 SE Main St, Rocky Mount, NC 27801



Little Bits

Word of the Issue

Resolve: Firm determination to do something, such as to hold to a New Year's resolution.

Example: "He looked in the mirror, and it strengthened his resolve to eat healthier."

Quote of the Issue

Albert Einstein

Learn from yesterday, live for today, hope for tomorrow.
The important thing is not to stop questioning.

Translation of the Issue

English — "bird"

German — Vogel

Latin — avem

Spanish — pájaro

Welsh — aderyn

Italian — uccello

Irish — éan

Translations for these and many languages may be found in online and print resources.

Cryptogram of the Issue

Replace the letters in this Cryptogram with other letters to deduce the quote within the puzzle.

Hint: B= I.

— — — — —
M Y X Y D H Y I E P A P D E P

— — — — —
R F D E S F Q N P F M H Y

— — — — —
B X U D P F M I E P A P D E P A P

— — — — —
B U X Y R F D E F X M

— — — — —
N P F L P F D A F B N

— — — — —
A F N R E I F N M Y P S P A U Y X

Answer to the previous issue's cryptogram:

We cannot solve our
problems with the
same thinking we
used when we
created them.
-- Albert Einstein

Chuckle of the Issue

A man sees a sign in front of a house: "Talking Dog for Sale."

He rings the bell and the owner tells him the dog is in the backyard. The man goes into the backyard and sees a brown mutt just sitting there.

"You talk?" he asks.

"Sure do," the dog replies.

Shocked by the dog's speaking, the man hesitantly asks, "So, what's your story?"

The dog looks up and says, "Well, I discovered my gift of talking while very young. I wanted to use it for good, so I decided to help the government. I told the CIA about my gift, and in no time they had me flying from country to country, sitting in rooms with world leaders, because no one figured a dog could be eavesdropping. I was one of their most valuable spies for almost a decade.

"The traveling around really tired me out, and I knew I wasn't getting any younger so I settled down. I had a wife, a mess of puppies.

"To support them, I signed up for a job at the airport doing undercover security work — mostly wandering near suspicious characters and listening in. I uncovered some incredible dealings there and was awarded a batch of medals.

"Now, I'm just retired," the dog said.

The man is amazed. He goes back into the house and asks the owner how much he wants for the dog.

The owner says, "Ten dollars."

The man says, "This dog is amazing! Why on earth are you selling him so cheap?"

The owner replies, "Cause he's a liar. He didn't do any of those things!"

Cryptogram Note:

For a second hint, email trivia@greyareanews.com or visit the website: www.greyareanews.com.

MOORE 4 UR BODY FITNESS PRESENTS

"it's not in the shoes"

AN AFTER SCHOOL PROGRAM

PROMOTING A HEALTHY LIFESTYLE FOR YOUNG ADOLESCENTS

FACTS:

1 IN EVERY 3 CHILDREN WILL SUFFER FROM OBESITY

1 IN 400 CHILDREN & ADOLESCENTS HAVE TYPE 1 DIABETES

THE RISE OF CHILDHOOD OBESITY HAS PLACED THE HEALTH OF AN ENTIRE GENERATION AT RISK
CONTRIBUTING FACTORS FOR OBESITY IS LACK OF EXERCISE AND AN UNHEALTHY DIET

FACTS:

PHYSICAL ACTIVITY HELPS WITH CONTROLLING WEIGHT

REDUCES THE RISK OF DIABETES

IMPROVES PSYCHOLOGICAL WELL BEING

PROMOTES SELF-CONFIDENCE AND HIGHER SELF ESTEEM

NOW OFFERING AFTER SCHOOL FITNESS CLASSES FOR ADOLESCENTS AGES 12 TO 17
MONDAY & WEDNESDAYS 4PM – 5PM

10 CLASSES FOR \$150.00

SPINNING BOOT CAMP CARDIO FUNK/ZUMBA

"IT IS OUR RESPONSIBILITY TO ENSURE THE LONGEVITY AND QUALITY OF LIFE FOR OUR CHILDREN"

REGISTERING STUDENTS NOW FOR CLASSES BEGINNING OCTOBER 21, 2013
3629 SUNSET AVE WESTRIDGE SHOPPING CENTER
FOR MORE INFORMATION PLEASE CALL 252-452-7826

**A+ Cornrow Styles
By Kenny Coo**
Mobile Stylist
Styles Created To Help
In Hair Growth

- ◆ CORNBROWS
- ◆ FLAT TWISTS
- ◆ SEW-INS
- ◆ PONY TAILS
- ◆ PIN-UP INDIVIDUALS
- ◆ NATURAL STYLE

Call 1 Week Advance
315-8083
Deposit Required • For Details Visit:
www.stylesbykennycoo.com
Princess Cuts Hair Salon
2302-A West Nash St.
Wilson, NC

CLASSIFIED

Ads, Services & Directory

To list your business, yard sale, item sale, or service, contact sales at 919.637.6973.

Add Your Business To The Directory
Or Sell An Item Or List A Yard Sale
Classified advertisement only \$17.50
Contact The Grey Area sales
at 919.637.6973

HEDGES RENTAL SERVICE
2 Bedroom, 2 Bath Apartment - \$475
Fishing Pond in Yard!
Call Doris
252.567-3303

UPCYCLED ART & SEASONAL WREATHS
Art Gallery @ Zynique Creations
123 Barnes Street W
Historic Downtown Wilson
252.991.5226

GREENVILLE VACUUM & SEWING
Largest Supply of Bags, Belts & Filters
Expert Sewing Machine Repair
1912 Fire Tower Road, Greenville, NC
Call US!!! 252-830-6774

NEW MATTRESS SETS
Twin, \$99; Full, \$115; Queen, \$129;
King, \$189. Free layaway. Delivery
available. No credit check financing.
252-243-5400. tfn

TNT—This And That Resource Center
We Sell Treasures That Are
The Talk Of The Town
2028 Goldsboro Street, Wilson NC
252-363-9422

GROW AND SHARE
Grow a garden, more than you need.
Feed you, your family & neighbors
Donate to food banks & pantries
www.GrowAndShare.org

ALL PRO BAIL BONDING
→ 5% Down ←
Open 24 Hours
105 Goldsboro Street S., Wilson NC
252-218-5176



INTRODUCING the ALL NEW
FAT CAT
SALES RENTALS MUSIC CENTER STUDIO SERVICE

NEW USED

SABIAN **MIB** **ERNE BALL** **SHURE**

MACKIE **NEW OWNERSHIP** **MESA** **Ibanez**
FAT CAT **Music Center** **(ENGINEERING)**

AUDIX **CHAUVET** **Fender**
MICROPHONES **PROFESSIONAL**

"Get The Good Stuff"
3513 Airport Blvd NW
Wilson, NC 252-234-9100

Master Card VISA DISCOVER AMERICAN EXPRESS

Advertise with Us

Issues published every other Friday throughout 2013.
Multiple ad sizes to fit your needs. Advertise in a single issue
or multiple issues. Up to 17,000 newspapers distributed for
each issue. Call for rates.

Above And Beyond Learning Corp., Zebulon, NC USA

Advertising Info: 919.637.6973

sales@greyareanews.com

www.greyareanews.com



Like us on Facebook!