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Online: www.greyareanews.com

Volume 3, Number 22A Oct 11–Oct 24, 2013

SAFE Haven Helps Zebulon Pet Owners Fix Cats for Free

SAFE Haven for Cats is offering free sterilizations at their clinic, SAFE Care Feline Spay/Neuter Clinic, for any pet cat living in zip code 27597. SAFE Haven has titled this initiative "Operation Kitty Saver".

SAFE Haven received a grant from PetSmart Charities® to help sterilize cats in Zebulon. Zebulon was selected because the town has a high call volume to Wake County Animal Control, and is an economically distressed community in Wake County. This is the second year of a two-year grant.

"We can prevent thousands of unwanted kittens from being born and ultimately euthanized every year simply by spaying and neutering our pets," said Sherri Orner, Associate Director of SAFE Haven. "It's a safe and simple procedure performed by a highly-skilled surgeon."



All spay/neuter surgeries will be performed by Dr. Betsy King, Director of the SAFE Care Feline Spay/Neuter Clinic. The clinic is located at 8411-109 Garvey Drive in Raleigh — just off of Durant Road near Capital Boulevard. In addition to the spay/neuter surgery, Zebulon-area cats will also receive their rabies and distemper vaccinations.

Transportation of cats is available to pet owners who have difficulty travelling between Raleigh and Zebulon. The transportation is free in both directions, but please only request it if there is no other way to get a pet to Raleigh. SAFE Haven relies on volunteers for this service.

To further ensure cat owners have access to the spay/neuter program, a Zebulon clinic is pitching in. On October 23, 2013, the Five County Spay/Neuter Clinic in Zebulon will be allowing SAFE Care to schedule eligible pet owners to bring their cats to Five County, saving them the drive to Raleigh. Scheduling for October 23rd must be done through the SAFE Care office.

Appointments are being set now. The program ends in June 2014. Individuals will be required to provide proof of residency in zip code 27597.

Anyone interested in getting their cat sterilized may make an appointment by calling SAFE Care at 919.872.7233, emailing clinic@safehavenforcats.org, or visiting safehavenforcats.org/operation-kitty-saver.

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CenturyLink to Connect Teachers with Technology

Release by Derek Kelly, CenturyLink

CenturyLink, Inc. is connecting teachers with technology for the classroom. The CenturyLink Clarke M. Williams Foundation's "Teachers and Technology" grant program today opened the application process for teachers in CenturyLink's local service areas who want to innovatively implement technology in their classrooms to increase student achievement.

"As school budgets tighten, more and more teachers are looking for alternative ways to enhance the learning experience for their students, and the CenturyLink Teachers and Technology program is available to these innovative teachers," said Rondi Furgason, CenturyLink vice president and general manager for eastern and central North Carolina. "Century-Link's vision is to improve people's lives by delivering advanced technologies, and we are proud to give support directly to teachers doing the same thing for their students."

CenturyLink service is neither required nor considered in the review of applications.

The Foundation will award more than \$1.4 million in grants to support technology in the classroom through the 2013-2014 Teachers and Technology program, offered throughout the company's service areas in the US.

CenturyLink's vision is to improve lives, strengthen businesses and connect communities by delivering advanced technologies and solutions with honest and personal service. CenturyLink extends this vision through the CenturyLink Clarke M. Williams Foundation, a 501(c)(3) organization dedicated to contributing to endeavors that improve the well-being and overall quality of life for people throughout CenturyLink's communities.

Named after CenturyLink's founder Clarke M. Williams, the Foundation is endowed by CenturyLink to support community initiatives that encourage our employees to use their time, talents and resources to strengthen the communities in which they live and work.

To learn more about the program or to apply for a grant, visit www.fsrequests.com/centurylink-teachers. The deadline for applications is January 10, 2014.

Shades of Grey

Some situations are viewed in black and white; right and wrong. Yet, many people think situations also have a **grey area** where solutions are not so easily discerned. This is not just about the choices people make, but the thought process they go through to arrive at their decisions.

Submitted for Your Discussion & Consideration

One of your work contacts stops by and invites you along to a business luncheon. You feel like you're ready for a lunch break, so you go with him to the event.

When you arrive, you see that the luncheon is being hosted by a business rival, a competitor whose questionable business practices set you worlds apart. Signs for their business are everywhere. Your rival is even scheduled to give a presentation.

Do you think that you would stay for lunch? Would you think of it as an opportunity to network and put the rest out of your mind? How would you feel about walking out as an alternative?

Would it make a difference in your relationship with the work contact who invited you to come with him? Or do you think that would depend on how aware he was of your competitors negative business actions and the friction between you and your rival?



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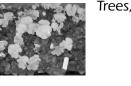
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Things to Do in NC When You're Bored

* Bunn/Louisburg *

10/11 Bunn's Centennial Parade (October 11 @ 6pm)

The Centennial Team joins the Bunn High School's Homecoming Parade. Centennial Tent at the high school football game for all to gather & talk of old times. Centennial items for sale. On Main Street, Bunn. For info, contact 919.426.5806 or sherry.mercer@jacobs.com.

10/15 Game Night

10/22 (October 15, 22 & 29 @ 6-9pm) 10/29 Tuesdays Bring a game play one of

Tuesdays. Bring a game, play one of the house games, or join in with a group & play one of their games. At Common Grounds Coffee (and fun) House, 20 Cheves Road, Bunn For info call 919.340.4477.

10/17 Bunn Soup Kitchen 10/24 (Oct 17, 24 & 31 @ 11:30am)

10/31 Free meals served to those in need. Collaboration of local nonprofits using donations & volunteers. In the Broad Building, Bunn Elementary School Road, Bunn

10/19 FCAC Plein Air Painting (October 19 @ 9am)

Plein Air is a term meaning to paint outdoors. Public invited to come & watch the artists at work. Artists are invited to join. At DeHart Botanical Gardens, 501 N Main St, Louisburg. donnacampbellsmith@gmail.com

* Knightdale *

10/23 PWNG - Professional Women's **Networking Group**

(October 23 @ 11:45am-1pm) Designed to help women brush up on their networking skills, exchange tips and ideas, & build business relationships. At the Chamber, 207

Main Street, Knightdale RSVP 919.266.4603 by October 21st. \$10 Members, \$20 non; lunch included.

10/26 National Take Back: Medicine Drop Off (Oct 26 @10am-2pm)

Held by the Knightdale Police. At Target, 1000 Shoppes at Midway Drive, Knightdale

* Wendell *

10/14 Monday Night Auction (October 14 @ 7pm)

Join in or just come & watch the fun. At Outdoor Rec Center, 4900 Wendell Blvd., Wendell Info call 919.796.3082.

10/15 Col. Henry K. Burgwyn/East Wake Camp of the SCV (October 15 @ 6:30pm)

Monthly meeting. Everyone is invited! Meal at 6:30pm, program at 7:15 p.m. At Boulevard Pizza, 2925 Wendell Blvd., Wendell For details, call 919.365.5206.

10/19 A One Day Retreat (October 19 @ 12pm)

Theme "Art You Thirsty?" Tickets \$10. At Wendell Community Center, 601 W Third Street, Wendell Info, call 919.365.3100

* Zebulon *

10/11 Free Family Movie Night 11/08 (Oct 11 & Nov 8 @ 7pm)

2nd Friday each month, Zebulon Parks & Rec presents Free movie & popcorn. Parent/guardian required. All ages. At Zebulon Community Center, 301 S Arendell Ave, Zebulon Call 919.823.0432 for movie title.

10/12 Brown Bag Lunch Ministry 10/19 (Oct 12, 19 & 26 @ 11:30am)

10/26 Free to-go lunches for those in need. At Fellowship Hall, Zebulon United Methodist Church, 121 W Gannon Avenue, Zebulon Info at www.zumchurch.org.

10/12 30th Annual Fall Festival (October 12 @ 7:30am-7pm)

Free event. Come have a great time! Breakfast, shopping, crafts, Silent & live Auctions, Kids Activities, plate sale (\$8), & more.) At Zebulon UMC, 121 W Gannon Ave, Zebulon More info at www.zumchurch.org.

10/16 Women in Networking - WIN (October 16 @ 11:45am-1pm)

Retired Wake County school teacher & children's book author Mildred Elaine Hopkins guest speaker. \$3 for Subway lunch. RSVP required. At Zebulon Chamber of Commerce, 2nd floor Conference Room, 815 N. Arendell Ave., Zebulon Register at 919.269.6320.

* Elsewhere *

10/12 Festival Viva Raleigh (October 12 @ 1-5pm)

Free. Entertainment, vendors & nonprofits. Música / Music, Juegos / Games, Actividades / Activities, Premios / Prizes, Comida / Food, Brincolines / Bounce Houses. At Green Road Community Center, 4201 Green Road, Raleigh

11/02 Whirligig Festival (Nov 2 @ 11/03 10am-5pm & Nov 3 @ 12-5pm)

Over 200 vendors, 3 stages of live entertainment, arts & crafts, food, Whirli-Kidz Zone, & more. Contests include the Cake Dive, Cupcake Challenge, Photo Contest & Whirligig Contest In Downtown, Wilson www.wilsonwhirligigfestival.com

These "Things To Do..." listings are free, at publisher's discretion, and as space allows. Up to 5 lines of description may be included with an event. Priority is given to free, public events. Sponsor names may not be included. Event organizers may purchase regular advertising space to provide more details for events.

Wilson Church Presents Stage Play by Local Writer/Director with Local Cast



St. John AME Zion Church is proud to present the highly acclaimed stage play, "Face It, Fix It & Forget It" by Toshika Johnson Smith. The performance is Saturday, October 26, 2013 at Fike High School, located at 500 Harrison Drive in Wilson.

As the Wilson family hurriedly starts their day, little do they know they will each have

life altering experiences before the day's end. Written and directed by Toshika Johnson Smith, "Face It, Fix It & Forget It" is a play about friendship, family faith and forgiveness. You will laugh and maybe even shed a tear or two. "The play is one the entire family will enjoy. It is a dramedy and laced with humor, but takes a serious look at several social issues", said Smith.

Dr. Michael S. Bell, pastor of St. John AME Zion Church, will return in the role of Rufus, the Wilson family patriarch. Rena Mayes, also returns as Algara the Wilson family matriarch. Pamela Small recreates her role as Cecile the eldest daughter of Rufus and Algara. Cecile, who has returned home after running away 13 years earlier finds things at home have not changed much and her relationship with her parents is just as rocky as it was when she was a teen, if not worst.

Tatyana Ramsey makes her acting debut as Kelsey, Cecile's 12 year old daughter. Kiosha Ramsey, (Bevy), and Donte Mayes, (Weston), play the roles of Cecile's spoiled and equally irresponsible siblings. Other supporting roles are Louis Small, (Spirit of Kevin), Isaac Evans, Jr., (Lopez), Abel Beedie, (Hartley), Patricia Townsend, (Sharon), Yvonne Battle, (Dottie), James Goodman, (Mr. Jackson), Shonte Jones, (Toya), Charmaine Tate, (Sherice), and Rev. Janice Cox as Rev. Williams. The play will also feature Focused, a local gospel trio and the St. John Unity Choir.

Doors will open at 5 p.m. Show time is at 6pm. Tickets are \$10 for adults, \$5 for children 12 and younger. Tickets will be available at the door. They are also available in advanced at SaYum Ice Cream & Deli (408 E Nash Street, Wilson). Tickets are available for \$5 each at SaYum Ice Cream & Deli with each purchase of a sandwich combo.

Tickets also available at the Wilson Arts Council (124 Nash Street, Wilson). For group rates or for more information, call St. John AME Zion Church at 252,243,6847.

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BUNN'S CENTENNIAL

Give Thanksgiving to Bunn People in Need October 14- November 14

Starting October 14, watch for food collection boxes around town, hosted by these local businesses:

- ♦ Bunn Baptist Church ♦ Main St. Tanning Salon
- ♦ Bunn Post Office
- ♦ Rock Springs Baptist Church lacktriangle Popular Springs Baptist Church
- ♦ Bunn Methodist Church
- Please donate canned goods, boxed & bagged foods. Non-perishables collected through November 14.

Please give what you can, and help community members in need. All donations go to the Bunn Soup Kitchen, which serves the needy in the Broad Building (Bunn Elementary School Rd) each Thursday.

For information or large donations, contact Sherry at 919-426-5806 or sherry.mercer@jacobs.com



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Fun and Scary Halloween Options in Eastern NC

Fall celebrations are here, and Halloween is coming. From Raleigh to the ocean, there are attractions and events for all ages — and all levels of scares. Listed are free events and paid attractions, mixed. If it doesn't say "free", there may be a cost. Some attraction websites are included, and many list dates, times and fees on their sites.

Briley's Farm Market (Oct - various dates*)

Corn maze, hay maze, pony rides, pumpkin activities, hayrides playgrounds, animals, & much more. Open to the public Friday-Sunday. Located at 5290 Old Pactolus Hwy, Greenville. *For complete schedule, visit www.brileysfarmmarket.com.

Clayton Fear Farm Daytime & Haunted Scream Park (Oct - various dates*)

Daytime activities for all ages, including giant slide, corn maze pedal karts, & more. Night time screams include Fear Farm Academy, Fear Forest Haunted Hayride, Slaughterhouse, & more. All at Boyette Family Farms, 1620 Loop Road, Clayton. *For schedule, visit www.claytonfearfarm.com.

Community Outdoor Concert (Oct 26 @ 4-7pm)

Primera Iglesia / First Church event with fellowship, food, music & fun for all. Event is happening at the Town Square, Wendell. For more information, contact 919.365.0177.

Darkside Haunted Estates (Oct - various dates*)

A 1/4-mile forest walk through graveyard & ghouls, multiple haunted houses & creepy structures. Pass through Darkside Manor, insane asylum, chop house, & chilling clown house. Also refreshments, games & 1/4-mile haunted hayride to delight all ages. Located at 11875 North Carolina Hwy-222 West Middlesex. *For schedule, visit darksidehauntedestates.com.

Deadwood (Oct - various dates*)

Tour guides lead through dark passageways through the large scale Haunted House. The house is filled with lots of scary scenes animated props & live actors. Strobe Lights, Fog Machines, loud music & effects. Don't forget the Ghost Train! Located at 2302 Eds Grocery Road, Williamston (Martin County). Call 252.792.8938 for info. *See www.deadwoodnc.com for schedule

Dean's Farm Market Harvest Tour (Oct through Nov 2*)

Ride the wagon for a hayride around the 100 acre Strawberry & Vegetable fields. Stop by the pumpkin patch & pick one to take home. Visit the animal barn, playground or picnic area. Hayrides are fun for groups of all ages, & run every Saturday & Sunday. At Dean's Farm Market, 4231 NC Hwy 42 West, Wilson. *Schedule at www.deansfarmmarket.com.

Fall Festival (Oct 12 @ 7:30am-7pm)

Free event with activities for all ages. Breakfast, shopping, crafts silent & live auctions, children's activities, plate sale (\$8), & more At Zebulon United Methodist Church, 121 W Gannon Ave. Zebulon. More info at www.zumchurch.org.

Halloween Divination Night (Oct 31 @ 4-midnight)

Join in Halloween for a fun evening of Divination with at least 5 readers of different mediums. Fire lit outside to sit & chat. Also goodies & activities. Dress up! Location is Truely Unique 2 Sweet Maria's, 411-415 W Nash Street, Wilson.

Halloween Night Celebration (Oct 31 @ 7-10:30pm)

Bonfires, jack-o-lanterns, food, drinks, tricks, treats & more Horror movies projected onto the side of the house. Free & open to the public. House closed, but everyone welcome to take pictures on the front porch. Make s'mores around the fire & enjoy the spooky night. The Myers House, Hillsborough

Halloween Trick or Treat (Oct 31 @ 5-7pm)

Crabtree Valley Mall unveils their "Candy Loop" for babies & children up to 10 years old. Candy stations, plus mall retailers with pumpkins in their front windows are passing out treats. Free photo booth set up. Guess weight of food court giant pumpkin for a chance to win mall gift card. In Crabtree Valley Mall, Raleigh.

Halloween Marathon (Oct 30 @ 6:40pm, film 7pm)

John Carpenter's Halloween, along with Halloween 4: The Return Of Michael Myers, & Halloween 5: The Revenge Of Michael Myers, come back to the big-screen! The Carolina Cinemas Raleigh Grande 16 is showing all 3 films. Tickets \$13 for all 3 movies. At Raleigh Grande 16, 4840 Grove Barton Road, Raleigh

Harvest Festival (Oct 26 @ 2-7pm)

Hay rides, bounce houses, obstacle courses, cake walks, Bingo, carnival games, relay races, & carnival food. Free & open to the public. Enjoy fellowship with community members & have fun. Held at Mt. Zion Original Free Will Baptist Church, 1779 Mt. Zion Church Rd, Nashville. Info: matth924@email.meredith.edu.

Haunted Forest at Panic Point (Oct - various dates*)

Walk through the Haunted Forest, Carny Crypt, Haunted Shootout, or try to make it through their other attractions. Located at 2808 Cedar Creek Road, Youngsville. *Full schedule online at www.raleighhauntedhouse.com.

Haunted Walking Trail (Oct 31 @ 5:30-6:30pm)

Trick-or-Treating, face painting & costume contest. Children 11 years old & under with a costume are allowed to participate. At JW Glover Memorial Park, Nashville

HellHouse (Oct 24-26, 31 & Nov 1-2)

Parental discretion advised for children under 12. Unique event held at Farmington Heights Church, 910 Raleigh Road Parkway, Wilson. For groups of 10 or more please call for reservations 252.291.0696 x10. Details online at farmingtonheights.com.

K-5th School Age Super Special - Howling Halloween Fun (October 30 @ 6-7pm)

Crafts, trick-or-treating, & not-so-scary haunted house. Costumes OK, not required! At East Regional Library, 946 Steeple Sq., Knightdale. Info call Sandy at 919.217.5300.

Kens Korny Corn Maze (Oct through Nov 10*)

Come & play at 10-Acre Fall Playground. Get lost in the 6-acre corn maze, or walk more than 2-1/2 miles of paths. Located at Ken's Produce, 3175 Benson Highway, Garner. *More details & schedule available at www.kenskornycornmaze.com.

Kid's Fall Festival (Oct 31 @ 4-5:30pm)

Trick-or-Treating, face painting & activities. Children 11 years old & under with a costume are allowed to participate. At Harold D. Cooley Library, Nashville

Kids Outdoor Halloween Party (Oct 30 @ 5-7pm)

Tables of arts & crafts, fun games, Victorian Apple Game, Piñata, Music, Stories, Games & more! Come dressed up & bring little goblins! Everyone wins prizes. Location is Truely Unique 2 / Sweet Maria's, 411-415 W Nash Street, Wilson

Monster Bash: A Costume Halloween Dance & Social (Oct 19 @ 7pm-midnight)

Full catered meal, music, entertainment & karaoke by Louie-Alan Karaoke. Games, raffles, contests & prizes. Donating some proceeds to for the Love of Dogs in Wilson. Buy tickets at: Truely Unique, Truely Unique 2 at Sweet Maria's, Sweet Maria's, or The Hobby Shop. Location is Sweet Maria's Bistro & Bakery, 411-415 W Nash Street, Wilson.

Monster Dash Fundraiser (Oct 26)

Fun way to help Nash County citizens. Costumes are encouraged & welcome! Proceeds donated to United Way Tar River Region. Small participation fees. Register now! Start/finish on Elm Street, Nashville. Info, contact Rosemary Dorsey at 252.459.9804.

Paranorman Outdoor Movie (Oct 31 @ 6:45pm-?)

Bring blankets & chairs or sit on the bleachers. Everyone is welcome & paid concessions available. At JW Glover Memorial Park, Nashville

Scaremongers' Showcase (Oct 19 @ 3pm)

Slightly scary holiday stories for 3-8 year olds. Costumes welcome! At Wilson County Public Library, 249 W Nash Street, Wilson

Slaughter House Horror Experience (Oct - various dates*)

Enter the world of the crazed Slaughter Family: a family of inbred, cannibalistic, psychopaths. The journey begins through the family's home where they control everything & everyone. After exiting the house, there is still a 1/2-mile trail through the dark in the "dead" woods. Located at 11864 NC Hwy-222 West, Middlesex. Info at www.slaughterhousehorror.com.

Trail of Terror (Oct 11 through Nov 2*)

The darkness comes alive when darkness falls. Trek down a long, narrow & winding path through haunted woods. The eerie L moonlight is the only guide. Come for a terrifying experience. Do not come alone. Bring only the courageous. At The Strickland Farm, Strickland Farm Road, Macclesfield (Wilson County). For schedule, visit www.thestricklandfarmtrailofterror.com.

Trick-or-Treating (Oct 26 @ 3-6pm)

Market of Wake Forest shopping center trick-or-treating, games, inflatables, face painting, cotton candy & more. All activities & trick-or-treating free of charge. The trick-or-treating held rain or shine. For more details, call 919.554.4112. At the Market of Wake Forest Shopping Center, 12243 Capital Blvd., Wake Forest

Trunk of Treat Event (Oct 27, 2013 at 5 pm)

This annual event returns! Stop by the Walnut Street Parking Lot. Held at Grace United Methodist Church, 401 Grace Street, Wilmington, For more details, call 910.763.5197.

Trunk or Treat (Oct 25 @ 5-7pm)

Come dressed in costume & join the fun, music, & CANDY! Trunks & volunteers needed! Free event. The community is invited to celebrate Halloween in the safe environment of Zebulon Community Center, 301 S Arendell Ave, Zebulon. Info, call 919.823.0432. Call 919.823.0432.

Trunk or Treat & Family Potluck (Oct 26 @ 5-7pm)

Decorate the trunk of your car – anyone can participate! Open to the community. Hand out candy, healthy snacks, stickers or toys to the little ones. Wear a costume (optional). Stay for the potluck at 6pm. Held at North Raleigh United Methodist Church, 8501 Honeycutt Road, Raleigh. For more information, contact Rachel Bass at rachel@nrumc.org or 919.847.1536 ext. 110.

Trunk-A-Treat (Oct 26 @ 5:30-8:30pm)

Families from the church decorate their cars & distribute candy in the parking lot. Hay ride too! Hamburgers & hotdogs, popcorn, soda & Chick-Fil-A nuggets. At Rocky Mount Church of the Nazarene, 1530 Hunter Hill Road (across from Pizza Inn), Rocky Mount. For more information, visit www.rmnaz.com.

Westridge Grill Halloween Party (Oct 31 & 7pm)

Halloween party & Costume contest too! Come by for some adult Halloween fun & listen to Travis Moss. At 3639 Sunset Avenue, ■ 877 E Gannon Ave, Suite 105, Zebulon NC Rocky Mount. For info call 252.937.7299.

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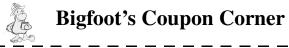
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The Backside

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Little Bits

Chuckle of the Issue

A vampire bat came flapping in from the night covered in fresh blood and parked himself on the roof of the cave to get some sleep.

Pretty soon all the other bats smelled the blood and began hassling him about where he got it. He told them to knock it off and let him get some sleep but they persisted until finally he gave in "OK, follow me," he sighed.

The vampire bat flew out of the cave with hundreds of his fellow bats behind him. Down through a valley they went, then across a river, and into a forest full of trees. Finally he slowed down. All the other bats milled around him excitedly.

"Now, do you see that tree over there?" he asked.

"Yes, yes, yes!" the bats all screamed in a frenzy.

"Good," said the first bat, "Because I didn't."

Word(s) of the Issue

Banal

Definition: Lacking originality; boring.

Example: "The movie sequel had the same banal plot."

Translation of the Issue

English — nose

German — nase Spanish — nariz Italian — naso Welsh - trwyn Irish — srón Latin — nasum

Translations for these words in many more languages may be found in online (translate.google.com, etc.).

Quote of the Issue

Franklin D. Roosevelt (President 1933-1945)

"The only thing we have to fear is fear itself."



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Cryptogram of the Issue

Replace the letters in this Cryptogram with other letters to deduce the quote within the puzzle.

Hint: S = A.

Answer to the previous issue's cryptogram:

RYBZFPL

You can never lose anything that really belongs to you, and you can't keep that which belongs to someone else. -- Edgar Cayce

Katandi Classes Offered

Katandi Class is Knightdale's most unique fitness class. It is offered every Friday Night, 6:30-8pm at the Knightdale Rec Center (102 Lawson Ridge Road).

Pay when you arrive to class. Adult: \$5, Children 15 & Under: \$3 (or free with an accompanying adult). Katandi West African Rhythmic Movement will focus on connecting with the rhythms of African drums while learning fundamental and traditional movements derived from Guinea, Mali and Senegal. Be prepared to move and have a great time while receiving a total body work out.

Christmas on First Avenue Seeking Parade Participants

Registration forms are now available for those interested in entering the Annual Knightdale Christmas Parade! Christmas festivities begin on December 6th at 6pm and the parade begins at 2pm on December 7th. Visit www.Knightdalenc.gov for details.

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Rocky Mount Salon & Spa

Head II Toe Salon & Spa opened in Rocky Mount earlier in 2013. Owner Michelle Williams runs Head II Toe with help from staff include Stephen Kinney, Jamie Roberson, Sharon Edwards, Catherine Jackson & Dixie.



Michelle Williams and Stephen Kinney. Photo by Frank Whatley.

News from *The Grey Area*

What wonderful weather! There are many beautiful days and evenings worth spending outside. It is a good time of year to go to outdoor events, and hopefully the lists in this issue will help.

WHIG-TV continues *The Grey Area* TV show with one show each month. Watch the live broadcast, usually the third or fourth Thursday of the month, or check out Episode 1 of the TV news show online at www.greyareanews.com in the "Videos" section.

Email kayw@greyareanews.com if there is a person, place, or event in Eastern NC. Our reporters are happy to cover items of interest to readers.

To advertise in the local print editions, or on the website, call Frank at 919.637.6973.





Menus, Event Flyers & More

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For those looking a place of worship, we extend a personal Invitation to come & worship with us during our weekly Sunday service. Pastor Elder Katie Armstrong • 309 Warren Ave, Bunn