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Local and National Unusual News

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Volume 3, Number 21A
Sept 27–Oct 10, 2013

Free Workshop Offered on Managing Chronic Illness

For those living with diabetes, arthritis, heart disease, COPD, fibromyalgia, or another chronic disease, “Living Healthy” is for you. Living Healthy is a workshop that will help you take control of your ongoing health condition rather than letting it control you!

Lessons take place Tuesdays, over a six week period from October 29 through December 3, 2013. Classes begin at 1:30pm and end at 4pm.

In attending this free workshop, participants learn how to manage symptoms, communicate effectively with health care professionals, fight fatigue, and more. Get more out of life! Each participant receives a free Book and CD upon workshop completion.

The workshop takes place at the Wilson County Senior Center (1808 S Goldsboro Street, Wilson). To register, contact Sandra Carter at 252.206.4059. Classes held in partnership with the Area Agency on Aging.

Food Collection for Bunn Soup Kitchen

Starting October 15, watch for food collection boxes in Bunn stores. Non-perishable food will be collected through November 15.

All donations go to the Bunn Soup Kitchen, which serves those in need from the Broad Building each Thursday.

NC Forest Service Using Wasps to Fight Emerald Ash Borer

Release by Brian Haines and Kelly Oten, NC Forest Service

The N.C. Forest Service is enlisting a small, stingless wasp in its battle with the invasive emerald ash borer.

On Thursday, Dr. Kelly Oten will release a species of parasitoid wasp that can kill emerald ash borer larvae. The wasp lays eggs inside the borer larvae, and as the young wasps develop, they kill the ash borer larvae.

The release will take place in three locations in Granville County: four miles northwest of Oak Hill, four miles northwest of Townsville near Kerr Reservoir, and one mile north of Stovall.

“The wasps are from China, where EAB originated, and they target this beetle specifically,” said Oten, forest health specialist with the Forest Service. “The wasps are being reared by the U.S. Department of Agriculture in a laboratory in Brighton, Mich., and have been released for biocontrol of EAB in 16 of the 21 states where the borer has been found.”

Releases of these wasps are conducted under specific USDA guidelines, Oten said. The release is being done in coordination with both private and public entities that have forest resources affected by EAB.

Emerald ash borer is a destructive wood-boring insect that attacks ash trees, including green ash, white ash and several horticultural varieties of ash. The insect kills healthy trees after it bores beneath their bark and disrupts their vascular tissues. The emerald ash borer is not native to the United States and was first found in Michigan in 2002. It has spread to 21 states and has killed tens of millions of ash trees in the United States.

The Plant Industry Division of the N.C. Department of Agriculture and Consumer Services established an EAB quarantine covering Granville, Person, Vance and Warren counties following detection of the pest this year. This means that ash trees, the ash borers and any hardwood firewood cannot be moved out of a quarantined county into a non-quarantined county. Firewood refers to wood that is cut to less than 4 feet in length.

The quarantine was established to prevent the spread of EAB to other, non-infested parts of the state.

Volunteers Needed to Serve Long Term Care Residents

*Contributed by Tyronda Whitaker,
Regional Long Term Care Ombudsman*

Ombudsman is Swedish word meaning advocate. The Long Term Care Ombudsman program was established in 1971 by President Richard Nixon to improve conditions in nursing homes. The local ombudsman program is an entity of the Upper Coastal Plain Council of Governments Area Agency on Aging.

In addition to being an advocate for residents, they educate the public and facility staff about rights and help resolve grievances between residents/families and facilities. The ombudsman also provides support for the Community Advisory Committees (CAC). These local committees, which are composed of volunteers appointed by county commissioners, routinely visit facilities, serve as advocates for residents, help ensure that the intent of the resident's bill of rights is maintained, and work to increase community involvement in long term care facilities.

The Ombudsman program is currently seeking volunteers in Wilson, Nash, Edgecombe, Halifax and Northampton Counties.

- Do you want to make a difference?
- Are you concerned about the lives in Nursing Homes & Assisted Living Facilities?
- Are you aware of Resident’s Rights?
- Would you like to help ensure that all residents receive quality care?

If you answered “yes” to any of the above questions, please **volunteer** to become a Community Advisory Committee (CAC) Member. CAC Members serve over 3,000 long-term care residents in Edgecombe, Halifax, Nash, Northampton, and Wilson counties by making personal visits and advocacy.

If you are interested or would like additional information, please contact Tyronda at 252.234.5963 or TWhitaker@UCPCOG.org.

If you or a loved one have dealt with long-term care issues, the Upper Coastal Plain Council of Governments' Area Agency on Aging is here for you! Visit the Area Agency on Aging at 121 W Nash Street (PO Box 9), Wilson, NC 27894 or call 252.234.5963. Visit the Area Agency on Aging website for more information about their work.



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Things to Do in NC
When You’re Bored

* Bunn *

10/01 Game Night
10/08 (October 1 & 8 @ 6-9pm)
Tuesdays. Bring a game, play one of the house games, or join in with a group & play one of their games. At Common Grounds Coffee (and fun) House, 20 Cheves Rd, Bunn
For info call 919.340.4477.

10/03 Bunn Soup Kitchen
10/10 (October 3 & 10 @ 11:30am)
Free meals served to those in need. Collaboration of local nonprofits using donations & volunteers. In the Broad Building, Bunn Elementary School Road, Bunn

10/06 FCAC Photographers Guild
(October 6 @ 1:30pm)
Discuss photography, learn & share information. New members are always welcomed. At Common Grounds Coffee (and fun) House, 20 Cheves Rd, Bunn
donnacampbellsmith@gmail.com

10/11 Bunn’s Centennial Parade
(October 11)
The Centennial Team joins the Bunn High School’s Homecoming Parade this evening. There is also a Centennial Tent at the high school football game for all to gather and talk of old times. Centennial items will be for sale under the tent. Along Main Street, Bunn.
For info or to join Centennial Team’s parade group, contact 919.426.5806 or sherry.mercer@jacobs.com.

* Knightdale *

9/28 Wake Tech Job Assistance
(Sept 28 @ 11am-2pm)
Visit open lab for assistance applying for jobs online. Trained instructor available. Look for & apply for current openings. At East Regional Library, 946 Steeple Sq., Knightdale
Info call Sandy at 919.217.5300.

10/23 PWNG - Professional Women's Networking Group
(October 23 @ 11:45am-1pm)
Designed to help women brush up on their networking skills, exchange tips and ideas, & build business relationships. At the Chamber, 207 Main Street, Knightdale
RSVP 919.266.4603 by October 21st. \$10 Members, \$20 non; lunch included.

* Wendell *

9/30 Monday Night Auction
10/07 (Sept 30, Oct 7 @ 7pm)
Join in or just come & watch the fun. At Outdoor Rec Center, 4900 Wendell Blvd., Wendell
Info call 919.796.3082.

10/01 Tuesday Morning Coffee
10/08 Break (Oct 1 & 8 @ 8-9:30am)
Weekly on Tuesdays. Grab a bite to eat, network with other business owners & jump start the day. Organized by Business Alliance of NC. At McDonald’s, 2900 Wendell Blvd, Wendell

10/04 Wendell Harvest Festival
-05 (Oct 4 @ 12–10pm & Oct 5 @ 9am–10pm)
Annual festival with food, music, crafts, vendors & more. At J. Ashley Wall Towne Square, Wendell
See www.wendellchamber.com or call 919.365.6318.

10/04 Yard Sale Fundraiser
-05 (Oct 4-5)
Big yard sale fundraiser & auction. Come bid/buy. At Wendell Christian Church, 427 Mattox Street, Wendell
For info, call 919.365.6557.

10/05 Plate Sale Fundraiser
(October 5)
Stop by in the morning/early afternoon for chicken BBQ plates. At Jus 4 You Designs, 206 E Third Street, Wendell
More info: 919.365.3100.

10/19 A One Day Retreat
(October 19 @ 12pm)
Theme “Art You Thirsty?” Tickets \$10. At Wendell Community Center, 601 W Third Street, Wendell
Info, call 919.365.3100

* Zebulon *

9/13 Free Family Movie Night
(September 13 @ 7pm)
2nd Friday each month, Zebulon Parks & Rec presents Free movie & popcorn. Parent/guardian required. All ages. At Zebulon Community Center, 301 S Arendell Ave, Zebulon
Call 919.823.0432 for movie title.

9/27 Family Fun Night
(September 27 @ 7pm)
Fourth Friday of the month, Come for a night filled with free, fun activities & entertainment for all! At The Transformation Church (TTC), 100 W Barbee Street, Zebulon (beside Harris Funeral Home)
Contact 919.559.3304 for info.

9/28 Annual Chicken BBQ Plate Sale
(Sept 28 @ 11am-5pm)
Boy Scout Troop 524’s annual fundraiser. Plates include half a chicken, green beans, potatoes & roll. Prepaid tickets \$7, at the door \$8. Dine in or drive thru. Desserts & drinks available. This is the only Fundraiser all year. Funds raised help scouts pay for camps, uniforms & supplies. At Zebulon Baptist Church, 400 N Arendell Ave., Zebulon (corner of Hwy 96 & 97). Prepaid tickets, contact Mrs. Anne Burke at sburke888@yahoo.com or 919.606.9884.

9/28 Brown Bag Lunch Ministry
10/05 (Sept 28, Oct 5 & 12 @ 11:30am)
10/12
Free to-go lunches for those in need. At Fellowship Hall, Zebulon United Methodist Church, 121 W Gannon Avenue, Zebulon
Info at www.zumchurch.org.

10/08 Zebulon Night Out
(October 8 @ 6-9pm)
A night out to heighten crime, gang, drug, & fire prevention awareness. Generates support & participation in, local anti-crime & safety efforts. Strengthens neighborhood spirit. At the Zebulon Municipal Complex, 1003 N Arendell Avenue, Zebulon

10/12 30th Annual Fall Festival
(October 12 @ 7:30am-7pm)
Zebulon United Methodist Church hosts this free event. Activities for the whole family Come have a great time! Breakfast, shopping, crafts, Silent & live Auctions, Children's Activities, plate sale (\$8), & more.) At 121 W Gannon Avenue, Zebulon
More info at www.zumchurch.org.

10/16 Women In Networking (WIN)
(October 16 @ 11:45am-1pm)
Retired Wake County school teacher and children's book author Mildred Elaine Hopkins will talk about her career and new book coming out soon! At Zebulon Chamber of Commerce, 815 N Arendell Avenue (2nd floor conference room), Zebulon

* Elsewhere *

10/05 Art in the Street
(October 5 @ 10am-4pm)
Franklin County Arts Council hosts this art & music festival. Theme “Find It in Franklin County... People, Places & Things.” Features chalk art competition. Trompe l’oeil artist, Kathryn Lane Hicks, creates 3-D art piece. Artists transform street & sidewalk with chalk. At Louisburg Town Hall, and One Man’s Treasure, Nash Street, Louisburg
Online at www.fcacarts.org,

10/12 Festival Viva Raleigh
(October 12 @ 1-5pm)
Free. Entertainment, vendors & nonprofits. Música / Music, Juegos / Games, Actividades / Activities, Premios / Prizes, Comida / Food, Brincolines / Bounce Houses. At Green Road Community Center, 4201 Green Road, Raleigh

The “Things To Do...” listings are free, at publisher’s discretion, and as space allows. Up to 5 lines of description may be included with an event. Priority is given to free, public events. Sponsor names may not be included. Event organizers may purchase regular advertising spaces to provide more details for upcoming events.

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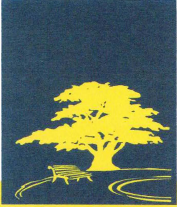
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Events > Harvest Festival > Application
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Estimated 6,000 attendance per year
Applications due by August 1, 2013

Event hours
Fri 12–10pm & Sat 9am–10pm




BUNN’S
CENTENNIAL

Parade Time!
Bunn High Homecoming

Friday, October 11th

 The Centennial Team will join in with Bunn High School’s Homecoming Parade between 5:00 & 6:00

 There will be a Centennial Tent set up at the football game for all to gather and talk of old times.

 Centennial items will be for sale under the tent.

Bunn High Alumni: Bring copies of old photo showing your high school days. Bunn High Students: Bring recent photos to add to the Bunn Centennial Time Capsule.

For information or to be a part of the Centennial Team’s parade group, contact Sherry at 919-426-5806 or sherry.mercer@jacobs.com

NOTE: Starting October 15, watch for food collection boxes in Bunn stores. Non-perishable food will be collected through November 15. All donations go to the Bunn Soup Kitchen, which serves those in need from the Broad Building each Thursday.

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Shades of Grey

Some situations are viewed in black and white; right and wrong. Yet, many people think situations also have a **grey area** where solutions are not so easily discerned. This is not just about the choices people make, but the thought process they go through to arrive at their decisions.

Submitted for Your Discussion & Consideration
You're watching TV with the family one evening. It is a weeknight, and you're all comfortable in the living room eating dinner while watching the evening news.

A news story comes on about a child expelled from your children's school for wearing a t-shirt with a Wounded Warriors image. The image included a gun, and the school decided that it violated the "zero tolerance" policy against weapons.

Do you think that you would agree with the school's actions? If you disagreed, do you think you would call the school to protest? What do you think you would say to your own children?

How Grey is Too Grey?

The "Shades of Grey" feature is designed to encourage discussion on social situations and consider problems that may be faced in one's daily life. Solutions may be black or white, right or wrong, or in the grey area. Often people's actions are in the "grey", between right and wrong.

Each person makes judgements a the situation and how it impacts them. Most choose the best option for themselves and their families, without crossing lines into wrongdoing. With the recent fervor over a TV series called *Breaking Bad*, the show's situation is offered for consideration.

In *Breaking Bad*, the lead character (Walter White) finds out that he has cancer. His insurance is not going to cover treatment, and his family faces an uncertain future without him. Despite living a fairly clean life so far, Mr. White reaches some tipping point. He decides to provide for his family by using his scientific knowledge to produce drugs. He begins "cooking" Methamphetamine to be sold by a former student — Jesse Pinkman — who has lived a less-than-clean life.

Certainly on the TV series, things do not go well for Mr. White. His decision leads to high-volume drug distribution, many deaths, and family strife.

With the large fan-base of this show, and so many millions of Americans tuning in to watch Mr. White and Mr. Pinkman do their work — and sometimes to cheer them on — it seems worth putting out the subject for consideration. Just how far into the grey area is too far? Can you see the thought process Mr. White went through in moving from a good life to criminal activity?

What do you think of the choice Mr. White made? Do you think that the extreme situation called for extreme measures? If life took a severe turn, do you think that you might move into such a dark grey (or black) space to serve your family?

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NASA and Homeland Security Test Radar for Locating Disaster Victims

Release by Dwayne Brown, Whitney Clavin and Elise Rand

NASA and the U.S. Department of Homeland Security are collaborating on a first-of-its-kind portable radar device to detect the heartbeats and breathing patterns of victims trapped in large piles of rubble resulting from a disaster.

The prototype technology, called Finding Individuals for Disaster and Emergency Response (FINDER) can locate individuals buried as deep as 30 feet (about 9 meters) in crushed materials, hidden behind 20 feet (about 6 meters) of solid concrete, and from a distance of 100 feet (about 30 meters) in open spaces.

Developed in conjunction with Homeland Security's Science and Technology Directorate, FINDER is based on remote-sensing radar technology developed by NASA's Jet Propulsion Laboratory (JPL) in Pasadena, Calif., to monitor the location of spacecraft JPL manages for NASA's Science Mission Directorate in Washington.

"FINDER is bringing NASA technology that explores other planets to the effort to save lives on ours," said Mason Peck, chief technologist for NASA, and principal advisor on technology policy and programs. "This is a prime example of intergovernmental collaboration and expertise that has a direct benefit to the American taxpayer."

The technology was demonstrated to the media Wednesday at the DHS's Virginia Task Force 1 Training Facility in Lorton, Va. Media participated in demonstrations that featured the device locating volunteers hiding under heaps of debris. FINDER also will be tested further by the Federal Emergency Management Agency this year and next.

"The ultimate goal of FINDER is to help emergency responders efficiently rescue victims of disasters," said John Price, program manager for the First Responders Group in Homeland Security's Science and Technology Directorate in Washington. "The technology has the potential to quickly identify the presence of living victims, allowing rescue workers to more precisely deploy their limited resources."

The technology works by beaming microwave radar signals into the piles of debris and analyzing the patterns of signals that bounce back. NASA's Deep Space Network regularly uses similar radar technology to locate spacecraft. A light wave is sent to a spacecraft, and the time it takes for the signal to get back reveals how far away the spacecraft is. This technique is used for science research, too. For example, the Deep Space Network monitors the location of the Cassini mission's orbit around Saturn to learn about the ringed planet's internal structure.

"Detecting small motions from the victim's heartbeat and breathing from a distance uses the same kind of signal processing as detecting the small changes in motion of spacecraft like Cassini as it orbits Saturn," said James Lux, task manager for FINDER at JPL.

In disaster scenarios, the use of radar signals can be particularly complex. Earthquakes and tornadoes produce twisted and shattered wreckage, such that any radar signals bouncing back from these piles are tangled and hard to decipher. JPL's expertise in data processing helped with this challenge. Advanced algorithms isolate the tiny signals from a person's moving chest by filtering out other signals, such as those from moving trees and animals.

Similar technology has potential applications in NASA's future human missions to space habitats. The astronauts' vital signs could be monitored without the need for wires.

The Deep Space Network, managed by JPL, is an international network of antennas that supports interplanetary spacecraft missions and radio and radar astronomy observations for the exploration of the solar system and the universe. The network also supports selected Earth-orbiting missions.

For more information on this and other NASA activities, visit www.nasa.gov.

Expo Draws Residents and Local Businesses

By Frank Whatley, Sales Manager

The Zebulon Chamber of Commerce annual Business Expo began at 2pm on September 25, 2013. The 2013 Expo returned to East Wake Academy in Zebulon NC, where businesses set up in the school's large gym.

Local business owners and their representatives had their booths filled with information to share -- and candy. Local residents started coming right away, stopping at booths to learn more about the businesses, snack on samples, and pick up goodies.

Walking into the Expo, one is greeted by the Zebulon Chamber staff. Each visitor receives a map and instructions for entering raffles.

The businesses represented at the expo hand out goodies, which helps draw in families each year -- especially during the hectic after-school hours. Pens and pencils, rulers, notepaper, and printed trinkets mix in each visitor's carrying bag. They are accompanied by leaflets, flyers, and event notices describing local businesses' offerings to the community. The American Wildlife Refuge even brought along several live animals to better show the type of work that they do.

Of course, there were snacks! Local restaurants and stores gave away tastes of their foods and drinks. Hot foods included chicken wings, dips, and side dishes. Desserts range from just-made treats to packaged cookies.

Every so often, the Zebulon Chamber emcee advanced to the microphone and announced a raffle winner over the gym-wide speaker system. Giggles or yells of "Hooray" resounded through the gym as winners received their prizes.

The Expo is a little bit different each year. New businesses come to town, others decide to join the fray after years of hanging on the sidelines, and a few businesses add larger exhibits or unique giveaways. Each year hundreds of local residents come through to enjoy the networking and freebies.



The Grey Area staffers enjoyed the opportunity to speak with many readers, as well as the chance to walk around and see what was new with local businesses this year. The Expo provided an enjoyable afternoon chatting with this large gathering of community members.

This article is about an annual event. Watch for next year's Expo event on the Zebulon Chamber of Commerce website.

The Strange-ness

Boomerang-shaped Unidentified Flying Object Spotted in Henderson NC



A Henderson resident reported on www.mufon.com that a large object flew over his home Sept. 14, 2013.

The resident reported that he was outside one evening with his dogs when a large object suddenly flew above the trees.

He described the object as "larger than a hang glider." Appearing like a boomerang, it was triangular, had no tail, red and silver, and transparent in the middle. "We could see the sky through it," he reported.

The object was also seen by the witness' wife and son. The three saw the object fly off in a straight path until it was out of sight. The object's speed was described as similar to a turboprop airplane, though the UFO was smaller than a turboprop.

The unidentified flying object made no sound that they could hear. The resident's son has a familiarity with airplanes, and in fact has taken flying lessons. He told his father that he hadn't seen any airplane that looked like the craft that flew over their trees.





Little Bits

Chuckle of the Issue

A man’s car stalled on a country road one morning. When the man got out to fix it, a cow came along and stopped beside him. “Your trouble is probably in the carburetor,” said the cow.

Startled, the man jumped back and ran down the road until he met a farmer. The amazed man told the farmer his story.

“Was it a large cow with a brown spot over her right eye?” asked the farmer.

“Yes!” the man replied.

“Oh! I wouldn't listen to Bessie,” said the farmer. “She doesn't know a thing about cars.”

Word(s) of the Issue

Comestibles

Definition: Edibles. Bits of food.

Example:“After the trip to the grocery store, the pantry was full of comestibles.”

Translation of the Issue

English — eat

German — essen	Spanish — comer
Italian — mangiare	Welsh — bwyta
Latin — manducare	Irish — ithe

Translations for these words in many more languages may be found in online (translate.google.com, etc.).

Quote of the Issue

David Brinkley (1920-2003), American Journalist

“A successful man is one who can lay a firm foundation with the bricks others have thrown at him.”

Cryptogram of the Issue

Replace the letters in this Cryptogram with other letters to deduce the quote within the puzzle.

Hint: B= E.

S F W Y M J J B L B Z T F H B

M J S G U P J V G U M G

Z B M T T S N B T F J V H G F

S F W ' M J I S F W Y M J ' G

C B B O G U M G E U P Y U

N B T F J V H G F H F A B F J B

B T H B .

-- B I V M Z Y M S Y B

Answer to the previous issue’s cryptogram:

*Love yourself
first and
everything else
falls into line.
You really have to
love yourself to
get anything done
in this world.
-- Lucille Ball*

News from The Grey Area

As you enjoy the many Fall activities, watch for more and more to do close to Halloween. There are festivals, special events, and Halloween “scary” attractions to keep the family busy and entertained.

If you watched WHIG-TV on Thursday, September 19th at 6pm, you may have seen *The Grey Area* TV show’s pilot broadcast. WHIG-TV in Rocky Mount NC has been offers locally-focused programming since 1997. We are happy to be a part of their schedule. Watch for our next broadcast October 17th. In the meantime, Episode 1 of the TV news show is online at www.greyareanews.com in the “Videos” section.

If you have missed past issues of the newspaper, previous articles are online at www.greyareanews.com. Visit our site to browse or Search to find news from your town. To advertise in the local print editions, or on the website, call Frank at 919.637.6973.

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Town of Wendell a Flurry of Activity October 4-5

Wendell will be moving and shaking in early October! Multiple outdoor events make Wendell the place to be. The town will be adorned with Halloween decorations, pumpkins, Autumn breezes. Mark the calendar now for two days of festival food, outdoor fun, and Fall shopping.

Wendell Harvest Festival

This annual festival takes over the J Ashley Wall Town Square and several blocks of Third Street. Food vendors will fill the air with smells of onions, meats, and sweet treats. The Town Square stage will fill with musicians and dancers. Bring lawn chairs or a blanket to sit and enjoy the entertainment while nibbling festival foods. Or, shop and enjoy checking things off of your Christmas gift list early! Vendors and local organizations provide information and offer gift items for sale, including quality homemade (locally made) goods. Many Wendell shops stay open for additional shopping during the festival.

Yard Sale

Wendell Christian Church combines a yard sale with an auction. For two days, shoppers can peruse a variety of household items being offered for sale. Proceeds go to help the church, so spending here can help locally as well.

Plate Sale Fundraiser

Stop by the Jus 4 You Designs parking lot on Third Street for some yummy barbecued chicken. Cooking starts early, with plates available by mid-morning. Follow your nose! Proceeds from plate sales go to local community work through the Jus 4 You Designs owners' church.

Wendell Farmers Market

Many Wendell Farmers Market? vendors are setting up at the Town Square Harvest Festival location. Instead of the market's regular location along Wendell Boulevard being open on Saturday, look for their vendors at the Harvest Festival Friday and Saturday.

More Information

Each event is managed by a different group or organization. More details may be found from these sources:

The Town of Wendell — www.townofwendell.com

Wendell Christian Church — 919.365.6557

Jus 4 You Designs — jus4youdesigns@gmail.com

Wendell Farmer's Market — www.wendellfarmersmarket.org



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