Bunn, Knightdale, Wendell, & Zebulon NC Edition - 919.623.9392

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"I'M FREE—Take Me With You!"

Volume 3, Number 20A Sept 13–26, 2013

Ice Cream that is Good for the Community

By Frank Whatley

Stop by the SAYum Deli and Ice Cream Shop to enjoy a scoop of Hershey's ice cream, and you'll also be helping curtail gang activity in Wilson. The Wilson NC shop is just one part of the *Save A Youth* (S.A.Y) anti-gang program.

S.A.Y. was established by the St. John's Community Development Corp., Inc., (CDC). Dr. Michael S. Bell, originally from Kingston, Jamaica. serves as the St. John's CDC Site Coordinator, as well as Pastor of St. John's Church.

S.A.Y. offers services to help the community through gang prevention, after school programs, and vacation summer program. They have a three-phase plan:

- SAYum, serving Hershey's Ice Cream, deli sandwiches, and Coke products. This is the vehicle through which they raise funds for local services.
- SAY Fresh (2014) market for fresh vegetables inside the community (farmers market for the neighborhood).
- S.A.Y. Dollar Store, where neighborhood residents can come in and purchase what they need for \$1 and proceeds go to help at-risk youth.

The first part of their plan, the SAYum Deli & Ice Cream Shop, opened in August 2013. SAYum raises funds, provides jobs, and gives youth a place to "hang out" and get a hot dog or an ice cream. Funds raised are used locally, benefitting the surrounding community.

The S.A.Y. Vocational Program has served Wilson County youth ages 15-17 since 2005. Under Dr. Bell, S.A.Y started with 250 children. The youth involved are court-involved, have been released from one of NC's Youth Development Centers and have been identified as at-risk of gang involvement, associated with gang members, or are involved in a gang directly.

Youth in the S.A.Y. program have been referred by the Juvenile Court Counselor and gone through a formal intake process involving the SAY program coordinator, the juvenile, and the parents.

The S.A.Y. program is successfully serving more than 300 students from three sites across Wilson County. Over the past three years, more than 95% of the students attending





the S.A.Y. programs have met or exceeded state and local standards in core academic areas and promotional requirements. The program provides youth with vocational skills training, apprenticeship opportunities, social skill building, life skills, and academic support.

The St. John's website, www.stjohncdcwilson.org, describes CDC's Wilson-area S.A.Y. activities. Visit the site for more information, or stop by SAYum and find out more while enjoying a tasty treat.

Carmike 10 Wilson - Movie Review of the Issue

One Direction: This is Us

The movie review this issue is a little different. We reviewed the 3D movie about the band *One Direction*. Because the band has many young fans, instead of the whole family going I instead went to the movie with my daughter and one of her friends from school.

Before we even went to the theatre, the two young ladies were thrilled! They talked about going to see the movie for two days beforehand. Once we were actually in the car, they spent the drive listening to songs by *One Direction* and other, similar bands. To them, it wasn't just going to a movie: it was more like going to a concert.

Pretty appropriate, since the movie is about a concert tour and the band members' journey from middle class to riches. Mixed with concert footage and interviews, the movie shows the five young boys getting their start, rising to fame through social media, and becoming a full-fledged traveling band. Just teens when they began, now three years later they range in age from 19 to 21.

If you like concert movies, or "popumentaries", if you will, then you will likely enjoy *One Direction: This Is Us.* Footage is clear and crisp 3D, good sound quality, and story line interesting. The five boys in the band come across as normal, quirky teens. Some of the goofy behavior they exhibit reminds me of our teen son and his high-spirited friends — full of beans, my parents would have said!

As a parent, I was sad to see these very young men pushed so hard. I wonder: Is the music industry such a money-oriented machine that schedules cannot be designed to include appropriate amounts of relaxation, family time, sleep, homework, and days-off between concerts? All five boys exhibited a strong work ethic, but can it be maintained

long-term? I'd hate to see these seemingly normal "kids" end up in the tabloids like so many other young performers.

Anyway, let me get back to the actual reviewing of the movie. The two young ladies I brought with me really liked it. I heard phrases like "the best movie I've ever seen in my entire life" — which probably reflects their *fan* status rather than actual cinematography! For any band fan, this should be a treat. The movie was 95 minutes long, and the girls would not have minded if it were twice that long.

I liked it too. I'm not much for concert films, but it was well done and interesting. And I learned enough about this band to understand what my daughter and her friends are talking about, and to appreciate the clean lyrics offered by *One Direction* songs.

Shades of Grey

Some situations are viewed in black and white; right and wrong. Yet, many people think situations also have a **grey area** where solutions are not so easily discerned. This is not just about the choices people make, but the thought process they go through to arrive at their decisions.

Submitted for Your Discussion & Consideration

Speaking with your sister one evening, she shares that she is frustrated with her son's school. She feels that they are being unfair, at a minimum, and maybe even biased.

Your sister works hard. She makes a paycheck and covers the bills, but after groceries and all she can't afford to get her son a fancy internet-enabled phone. She is annoyed with the school because several teachers have assigned students homework that requires use of "smart phone apps".

Your sister is worried that without the expensive phone, her son will not be able to do all the homework. She doesn't want his grade affected by their financial situation.

What do you think about your sister's problem? Do you feel that the teachers should include this type of technology in class work? Or do you agree with your sister that it excludes people with less income?

If it were your child, do you think that you would feel offended by the teachers' choices? Or would you feel that it was appropriate to use new technologies in the classroom, even if the school did not provide it?



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Things to Do in NC When You're Bored

* Bunn *

9/17 Game Night 9/24 (Sept 17 & 24 @ 6-9pm)

Tuesdays. Bring a game, play one of the house games, or join in with a group & play one of their games. At Common Grounds Coffee (and fun) House, 20 Cheves Rd, Bunn For info call 919.340.4477.

9/19 A Blessing Soup Kitchen 9/26 (Sept 19 & 26 @ 11:30am)

Free meals served to those in need. Collaboration of local nonprofits using donations & volunteers. In Broad Building, Bunn

* Knightdale *

9/14 Family Bilingual Storytime (September 14 @ 10:30-11am)

Listen to story in English & Spanish, & meet animals! Escuchen un cuento en Español e Ingles y conozcan los animales! At East Regional Library, 946 Steeple Sq, Knightdale More info, call 919.217.5300.

9/14 Knightdale Community Day (September 14 @ 11am-4pm)

Free event. Games, rides, inflatables, music (*The Catalinas*), local acts, local vendors, & more! At Harper Park, 207 Main St., Knightdale, Info on www.knightdalenc.gov.

9/14 Wake Tech Job Assistance 9/21 (Sept 14, 21 & 28 @ 11am-2pm)

Visit open lab for assistance applying for jobs online. Trained instructor available. Look for & apply for current openings. At East Regional Library, 946 Steeple Sq., Knightdale Info call Sandy at 919.217.5300.

9/19 Knightdale Station Grand Opening (Sept 19 @ 4-7:30pm)

Grand Opening celebration. Vendors, food trucks, & music. Ribbon Cutting at 6:30pm. Come enjoy the Phase I Knightdale Station features, including Destination playground, multipurpose fields, trails, dog park, & more. At Knightdale Station, 716 N First Avenue, Knightdale Visit www.knightdalenc.gov.

* Wendell *

9/16 Monday Night Auction 9/23 (Sept 16, 23 & 30 @ 7pm)

Join in or just come & watch the fun. At Outdoor Rec Center, 4900 Wendell Blvd., Wendell Info call 919.796.3082.

9/17 East Wake Sons of Confederate Veterans (Sept 17 @ 6:30pm)

Monthly meeting hosts nationally-known historian Earl Ijames. Everyone is invited! Program at 7:15pm. At Boulevard Pizza, 2925 Wendell Blvd, Wendell For information, call 919.365.5206.

9/21 11th International Food and Music Festival (Sept 21 @ 11am-6pm)

Authentic international food, music & dance. Games, raffle, & silent auction. By St. Eugene Catholic Church, Wendell. At J. Ashley Wall Towne Sq., Cyprus & Third Streets, Wendell. Visit www.thefoodfestival.com.

10/04 Harvest Festival (Oct 4 @ 12--05 10pm & Oct 5 @ 9am-10pm)

Annual festival with food, music, crafts, vendors & more. At J. Ashley Wall Towne Square, Wendell See www.wendellchamber.com or call 919.365.6318.

* Zebulon *

9/13 Free Family Movie Night (September 13 @ 7pm)

2nd Friday each month, Zebulon Parks & Rec presents Free movie & popcorn. Parent/guardian required. All ages. At Zebulon Community Ctr. Call 919.823.0432 for movie title.

9/14 Brown Bag Lunch Ministry 9/21 (Sept 14, 21 & 28 @ 11:30am)

9/28 Free to-go lunches for those in need. At Fellowship Hall, Zebulon United Methodist Church, 121 W Gannon Avenue, Zebulon Info at www.zumchurch.org.

9/17 Community Spaghetti Dinner (September 17)

Third Tuesday of the month. Free event where the whole family can come eat & fellowship with other families in the community. At The Transformation Church (TTC), 100 W Barbee Street, Zebulon (beside Harris Funeral Home)
Contact 919.559.3304 for info.

9/17 Five County Beekeepers Assoc. (Sept 17 @ 7-9pm)

Topic for August is "Bee Nutrition". Presented by Apiary Inspector. At Zebulon Community Center, 301 S Arendell Ave, Zebulon Call 919.295.0245 for info.

9/20 Market on the Lawn (September 20 @ 5-8pm)

Fruits, veggies, eggs, crafts & more. Free concert by *Acoustic Grace* at 6:30pm. On the Zebulon Municipal Complex lawn, 1101 N Arendell Avenue, Zebulon

9/21 Wise Eyes Live (Sept 21 @ 8pm)

Wise Eyes is from the Baltimore/DC area & are passing through Z-town on tour. This is a special performance. At Eclectic Intellectual, 120 North Arendell Avenue, Zebulon

9/25 Zebulon Chamber Business Expo (Sept. 25 @ 2-7pm)

Don't miss out on the networking! Plus, free Facebook Workshop with Martin Brossman (Noon-1pm). Reserve your seat(s) now. Lunch included. At East Wake Academy, 400 N M C Drive, Zebulon. See www.zebulonchamber.org.

9/27 Family Fun Night (September 27 @ 7pm)

Fourth Friday of the month, Come for a night filled with free, fun activities & entertainment for all! At The Transformation Church (TTC), 100 W Barbee Street, Zebulon (beside Harris Funeral Home) Contact 919.559.3304 for info.

9/28 Annual Chicken BBQ Plate Sale (Sept 28 @ 11am-5pm)

Boy Scout Troop 524's annual fundraiser. Plates include half a chicken, green beans, potatoes & roll. Prepaid tickets \$7, at the door \$8. Dine in or drive thru. Desserts & drinks available. This is the only Fundraiser all year. Funds raised help scouts pay for camps, uniforms & supplies. At Zebulon Baptist Church, 400 N Arendell Ave., Zebulon (corner of Hwy 96 & 97). Prepaid tickets, contact Mrs. Anne Burke at sburke888@yahoo.com or 919.606.9884.

* Elsewhere *

9/14 West Edgecombe Mini Pullers (Sept. 14 @ 6pm; gates 3pm)

Lawn mower pulls, organized by West Edgecombe Farm Heritage Museum & Ruritan Club. Concession stand proceeds go to community work. At 12180 NC-43 North, Rocky Mount www.westedgecombeminipullers.com

9/14 Original Master's Reunion (September 14 @ 7pm)

The 40 year reunion of the Original Master's. The years were 1973 through 1976. Special guest The Taylors. Food will be served in the church cafe at 5:30pm. Love offerings accepted. At Northside Community Church, 1660 Beaver Pond Road, Rocky Mount Call 252.567.5365 or 252.985.2985.

9/14 Rabies & Microchip Clinic (Sept. 14 @ 11am-2pm)

Cat & dog owners, get 1- or 3-year rabies vaccinations for \$5. Only \$15 for Microchips. Pets must be with an adult; dogs must be leashed & cats must be in carriers. SAFE Haven for Cats, 8431-137 Garvey Dr., Raleigh. Details, call 919.872.7233.

9/14 Annual Tar River Festival (Sept. 14 @ 10am-5pm)

Live entertainment, rides, games, food, crafts, family fun. At Riverbend Park, S Church St, Louisburg Call 919.496.3056 for info.

9/14 NC Hot Sauce Festival (Sept 14 @ 11am-4pm)

NC's finest hot & barbeque sauces, along with breweries and wineries spice up the blends & texture of downtown's historical streets. Pepper Eating Contest, horse-drawn carriage rides, Granville Gardeners plant sale, kid's activities & more! In Downtown Oxford.

Visit www.nchotsaucecontest.com.

9/17 Lenoir County Agricultural -22 Fair (Sept 17-22 @ 5pm-10pm)

Animals, rides, demolition derby, concerts, competitions, lots of fair food. At Lenoir County Fairgrounds, Fairgrounds Road, Kinston Info at www.lenoircountyfair.org

9/21 Annual Bethel Harvest Festival (Sept 21 @ 10am-9pm)

Bring the family for a day of old time fun & entertainment. Enjoy music, food, arts & crafts, games, vendors, & more. Enjoy music with the *Carolina Grass Band*, the *Vines Sisters*, *Blue Soul Redemption* & the *Breeze Band*. On Railroad Street, Bethel NC Info: www.hometownbethel.com.

9/22 Fall begins (September 22)

The "Things To Do..." listings are free, at publisher's discretion, and as space allows. Up to 5 lines of description may be included with an event. Priority is given to free, public events. Sponsor names may not be included. Event organizers may purchase regular advertising spaces to provide more details for upcoming events.

Zebulon "Trunk or Treat" Seeking Trunks

Contributed by Sheila Long, Community Center Coordinator, Town of Zebulon

The Town of Zebulon Parks and Recreation Department is seeking organizations to participate in our annual Trunk or Treat Night. The community will be invited to celebrate Halloween in the safe environment of the Zebulon Community Center on October 25, 2013 at 5-7pm. Trunks should arrive by 4:30pm for set up.

Participating organizations will be assigned a parking place to set up. Although it is not required, we urge participating organizations to have fun with this opportunity and decorate their vehicles and wear costumes as they pass out candy to the smiling faces! Make it your own and have fun with this event! If you are unable to participate, but would still like to contribute, we would be very appreciative of candy donations.

Please call 919.823.0432, or email me at slong@townofzebulon.org, to reserve your spot today.

The Harvest Festival is Now Accepting Vendor Applications! Applications are available online at

www.wendellchamber.com

Events > Harvest Festival > Application
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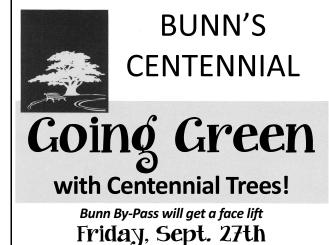
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- Mr. Frisbie, Bunn High Carpentry Class/Skills USA and Bunn High School's Aquiculture Dept/FFA, for donating materials and building park benches

For info contact Sherry at 919-426-5806 or sherry.mercer@jacobs.com

Pilot Baptist Church Builds Family Life Center

Outside Zebulon in the small area known as Pilot, an active church is gearing up for even more community activities. Pilot Baptist Church is building a large Family Life Center to expand their capacity to serve the community.

The ground-breaking took place May 5, 2013 in the large field adjacent to Pilot Baptist Church. This grassy space, formerly used as a playing field and event location, will soon host meetings and events indoors with a capacity to hold hundreds of people.



Pilot Baptist Church's Family Life Center construction progress as of September 10, 2013. Photo by Nadia Ethier.

Submit Filming Locations to North Carolina List

By Kay Whatley, Editor

Films are frequently shot in several locations. Buildings, outdoor areas, and special scenery are used to fit the action. How many locations, and how far apart they are, is controlled by both the script and the budget. Just like any business, there has to be a cost-benefit analysis and decisions made to film the scenes without breaking the budget.

The NC Film Office (NCFilm.org) has three employees working with the film industry, including scouting locations. Guy Gaster of the NC Film office conveyed that Eastern NC has been a backdrop for several recent productions. Area filming includes *One Tree Hill* (Kinston), *Chef and the Farmer* (Kinston), *Game Time: Tackling The Past* (Greenville), *Grass Stains* (Spring Hope), *Mississippi Damned* (Nash County), and *La Liorona* (Tarboro/Rocky Mount) — this last currently filming for release later in 2013.

La Liorona began filming in Tarboro. Shooting included moving the actors and equipment into farm and wooded areas for just the right "horror movie" location. Later scenes filmed at Rocky Mount businesses including the Taste of Paradise restaurant. To ensure the right scary feel, the film crew travels to urban and rural locations for different scenes.



Zero Budget film crew takes direction from Jermaine Clark

Decisions made are based on a film's budget. Sometimes a first-choice location is selected, and budget allocated to cover travel costs. In the case of the *Sleepy Hollow* filming in New Bern, the production company chose to incur travel costs to use their first choice location. *Sleepy Hollow* was filming in Wilmington; then, the producers wanted a more extensive Colonial location. In New Bern, they found their ideal setting and moved in with a film crew.



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At the bottom of the NCFilm.com website is a "Locations" link that leads to a database of locations. These places either were used in filming, or residents submitted the sites for consideration. NC Film Office staffers then screen potential locations, expanding the online database.

This is where Eastern NC residents come in! Adding location means that they may be considered by producers planning films, TV shows, or commercials. Anyone can add a location, as long as that person can legally give permission and access for that spot. For public property, the local government can be encouraged to submit property to the NCFilm.com database.

NC residents may upload photos and information on their own property to make those sites available for consideration. Residents can also call the NC Film Office and, depending on interest, someone from the office may visit and photograph the spot for the database. Then, when film makers ask for places with certain attributes, a quick database search helps connect producers with available locations.

"A location doesn't have to be pristine," says Guy Gaster of the NC Film Office. He explained that filming sites may need to be bad or beautiful, picturesque or eyesores. Often abandoned buildings or run-down areas are desired by production companies. Then again, a producer may call looking for a well-maintained house or certain southern feel. The NC Film Office gathers information on a wide variety of locations so that when a call comes in, they have options researched and readily available to suggest.

Submit your location! The more locations available in the Eastern NC area, the more opportunity to draw producers. As NC draws productions to the state, these locations will be readily available to fit producers' needs.



Pender County Courthouse in Burgaw serves as the Chester's Mill Town Hall for CBS's *Under The Dome* TV series



The Strange-ness

Glittery Food May be Gut-wrenching

Love those shiny pastries in brilliant colors? Grab that tasty candy for a snack after lunch? Depending on how your food was made, it may be bad for you on a whole new level.

Some foods get their shine naturally. Sometimes, however, a shine is added by including ingredients that contain "nanoparticles". Nanoparticles are extremely tiny objects with large surface areas. They are used in food, medicine and cosmetics, in addition to having some industrial uses.

The issue with nanoparticles used in food is that little is known about their impact on health. The particles are so small that they can migrate inside individual cells of the body, kind of like grains of sand migrating into a bathing suit; except, there is no complete method for cleaning nanoparticles out of the cells. Impact on the human body requires

further study.





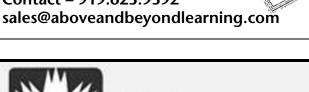
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Little Bits

Chuckle of the Issue

Harry walked over to the minister after services. The minister asked, "Where have you been the past few weeks?"

"You know Father, I am really stuck in a quandary," Harry said. "I would like to attend church regularly, but it's football season, and I don't want to miss the games. Besides, it's only for a few months."

"Oh Harry," said the Priest putting his arm around Harry, "Don't you know? That's what recorders are for."

Harry's face lit up "You mean I could record your sermons?"

Word(s) of the Issue

flora / fauna

Definition: Flora is plant life. Fauna is animal life. **Example:** "While on vacation, they took time to admire the local flora and fauna."

Translation of the Issue English — Fall / Autumn

German — Herbst Spanish — Otoño

Welsh — Hydref Italian — Autunno Latin — Autumnus Irish — Fómhar Translations for these words in many more languages may

Read The Grey Area newspaper "Archive" on www.greyareanews.com, or use the code at right to visit our Facebook page. Read updates, comment, and see our advertisers share their business news on our wall.





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Cryptogram of the Issue

Replace the letters in this Cryptogram with other letters to deduce the quote within the puzzle. Hint: F = L.

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ULCI

MSNFFA

A J O M I S F Z

T S C N L A C E U L T

CEUI

F O G U F F S D N F F

Answer to the previous issue's cryptogram:

If you laugh, you think, and you cry, that's a full day. That's a heck of a day. -- Jim Valvano

Quote of the Issue

Helen Hunt Jackson (1830-1885), American Writer

"By all these lovely tokens September days are here, With summer's best of weather And autumn's best of cheer."

News from The Grey Area

Have you missed any issues of the newspaper? Articles from the past two years' papers are now online at www.greyareanews.com. Visit that site to browse or use Search to find news from your town. To advertise in the local print editions, or on the website, call 919.637.6973.

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Loves Gentlemen's

Clothiers Closes its Doors

Love's Gentlemen's Clothiers of Rocky Mount, located at

3669 Sunset Avenue since November 1, 1995, closed its

Proprietor Ruddy Love has been a staple in the community

since 1992, outfitting customers for work, casual, and

special occasions including proms and weddings. Ruddy

came to Rocky Mount from South Carolina in 1992 to

manage Epstein's clothing store. Epstein's had been in

When Epstein's closed in 1995, that's when Ruddy opened Love's Gentlemen's Clothiers of Rocky Mount. His friendly

manner and expertise kept customers coming back year-

The reason he is closing, Ruddy says, is that "it is just time".

It is time to close and go do something different. He will be

BUSINESS EXPO

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