

The Grey Area™

Local and National Unusual News

Rocky Mount, Nashville, Sharpsburg, Tarboro & Wilson NC Edition – 919.623.9392

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Eastern North Carolina

“I’M FREE—Take Me With You!”

**Volume 3, Number 18B
August 16–29, 2013**

A Little Bit of History

Quigless Clinic

Tarboro’s Main Street is home to a healthcare facility on the National Registry of Historic Sites: the Quigless Clinic-Hospital. Started in the 1940s by Dr Milton Douglas Quigless, Sr., the clinic served Tarboro’s African-American community at a time when few medical service providers welcomed them.

Dr. Quigless and his wife opened the Quigless Clinic-Hospital just as World War II was ending. They built the clinic after Dr. Quigless was turned away from the area hospital. Segregation laws denied the doctor, and his patients, access. Dr. and Mrs. Quigless provided the community with the healthcare that they needed, and together they ran the clinic for the next five decades.

Mrs. Quigless and her children kept the facility working after Dr. Quigless’ death in 1997. Mrs. Quigless worked to make the hospital a Historic Site. The building has been remodeled over the years. Following Hurricane Floyd, repairs were made and the historic designation achieved. In 2000, the U.S. Department of the Interior recognized the historical significance of the Clinic’s Main Street location and it was added to the National Registry.

Dr. Quigless was inducted into the Twin County Hall of Fame in 2004. He is cited as a medical professional and a community activist.

The Quigless Clinic building is still run by the Quigless family, and serves as an natural health center with health services and alternative health products.

Wilson’s Variety of Cuisines

By Kay Whatley, Editor

Ah, the great melting pot of Wilson! The city’s restaurants offer choices ranging from local fare to cuisines from other parts of the world. Start with a couple of local barbecue hotspots, add a dozen Mexican food restaurants, fold in two dozen Asian food restaurants, add a pinch from Europe, and you have a good portion of what Wilson offers.

Carolina barbecue and local delicacies are close at hand, whether at Bill Ellis Barbecue with all the southern sides, Parker’s, or hidden on a restaurant’s dinner menu. Wilson diners and cafés include fried sides, greens of all kinds, and tangy Carolina barbecue.

Italian these days may seem a little less exotic, what with all the pizza joints mixed in with the serious Italian restaurants serving traditional lasagna, chicken dishes, and pastas.



One Special Served at Fuji Steakhouse (Wilson NC)

Asian foods including Japanese, Thai, and Chinese may be found around the city. Several are geared toward quick service and food to go. Others, such as Kobe Express on Raleigh Road and Fuji Steakhouse on Ward, have comfortable dining rooms and specials off the menu. Right now, those hungry for Vietnamese and Korean foods still have to travel outside the city to find them.

An unusual bakery representing Europe is Sweet Maria’s Bistro and Bakery, with an incredible variety of tasty sweets. The Portugal-born baker/owner creates desserts with European elegance and mingling flavors that turn their customers into regulars.

Most recently, the Wilson melting pot expanded to include Indian food, with the August opening of Tandoori Nights. The Tandoori Nights buffet gives those new to Indian food an opportunity to try a variety of dishes and sauces, with a regular menu available for folks already familiar with this cuisine.

With new restaurants opening frequently in Wilson — spurred by entrepreneurs and a little economic growth — one can expect even more cuisines coming soon. So the next breakfast, lunch or dinner time, head into the great melting pot of Wilson for a variety of options from local areas or far away.

Shades of Grey

*Some situations are viewed in black and white; right and wrong. Yet, many people think situations also have a **grey area** where solutions are not so easily discerned. This is not just about the choices people make, but the thought process they go through to arrive at their decisions.*

Submitted for Your Discussion & Consideration

You’re shopping for school clothes for your kids when you run into one of your son’s teachers. She says hello to you and your son, and moves away quickly. You’re puzzled by her brusqueness but assume she is busy shopping too, so you continue on.

In the checkout line, the teacher ends up in front of you. She seems uncomfortable, and ignores your son talking to her. Just as you are getting upset, the teacher speaks to the person running the checkout, and you can smell alcohol. You begin thinking that the teacher may have been drinking.

Do you think that you would say something to her? Or, would you wait until she leaves and ask the checkout person if they thought the same? What if you saw her driving away?



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Things to Do in NC
When You’re Bored

* Nashville *

8/19 Kids’ Story Time
8/26 (August 19 & 26 @ 11am)
Come for stories, games & songs! Lots of fun! At Nashville Cooley Library, 114 W Church St., Nashville
Contact library at 252.459.2106.
8/23 2013 Outdoor Movie Series
9/27 (Aug. 23 & Sept. 27 @ 8:30pm)
The Lorax August 23rd by Nashville Parks & Rec. Bring a chair! Concessions. *Wreck-it Ralph* Sept. 27th is at 7:30pm. At Stoney Creek Envir. Park, 455 W Washington St., Nashville
For info, contact 252.459.9796.

8/23 Lion’s Club Vision Van (August 23 @ 9am-3pm)
Vision Van by Nashville NC Lions club. Conducts vision screenings. This is a screening only, not a complete exam. At Walmart, 1205 Eastern Avenue, Nashville

* Rocky Mount *

8/22 Summer Music Series
9/05 (Aug. 22 & Sept. 5 @ 6-8:30pm)
Downtown Live’s free concerts. Doors open 5pm, music starts at 6pm. No coolers. Bring blanket or lawn chair. On the lawn at Imperial Centre, 270 Gay St, Rocky Mount
www.downtownrockymount.com
8/22 Dynamite Marketing On A Firecracker Budget (August 22 @ 6-9pm)
Free seminar with tips for prospective & existing business owners. At Nash Community College Business & Industry Center, Room 1211, 522 N Old Carriage Road, Rocky Mount
Info online at www.nashcc.edu.
8/30 Rocky Mount Fair
-9/07 (August 30-September 7)
Helicopter rides, daredevils, fun & fair foods! Rides, games, competitions, karaoke, & more. General adm. \$5; special discounts. Parking free. At Rocky Mount Fairgrounds, Hwy 64 Bus. East, Rocky Mount
Online at rockymountfair.com.

* Sharpsburg *

Things To Do Coming Soon!
Let us know about free public events coming up in Sharpsburg!

* Tarboro *

9/21 Bluegrass Festival (September 21 @ 10am-6pm)
Family-oriented music event. Bring a lawn chair or blankets. Proceeds support Edgecombe County arts. Tickets \$20 each; ages 12 & under free. At Indian Lake Park, 3002 Western Blvd, Tarboro
Contact Joyce at 252.823.4159.

8/20 Children’s Story Time
8/27 (August 20 & 27 @ 10:30am)
Tuesday story times include music, games, crafts, & more! At Edgecombe County Memorial Library, 909 Main Street, Tarboro
See www.edgecombelibrary.org.

8/21 How to Read Your Medicare Summary Notice (August 21 @ 10:30am)
Stephanie Bias from NC SHIP covers how to read & understand a Medicare quarterly summary notice. Walk away understanding a notice & how to spot fraud. At E.L. Roberson Center, 305 W Baker St, Tarboro
Info, call 252.641.4263.

* Wilson *

8/20 ABC’s of Starting a Small Business (August 20 @ 6-9pm)
Starting a business in-depth walk-through workshop. Last day to Register is August 19th. At Small Business Center, Wilson Comm. College, 902 Herring Ave E, Wilson
More info at www.wilsoncc.edu.

8/21 Downtown Alive! (August 21 @ 5:30pm)
Free summer concerts. Spend the evening listening to live music & relaxing with the family. At grassy lot, 210 S Tarboro Street, Wilson

8/21 Downtown Farmers Market
8/28 (August 21 & 28 @ 8am-1pm)
Locally grown produce & more available for sale. On the grassy lot, 207 W Green Street, Wilson

8/22 Nazi POWs in the Tar Heel State (August 22 @ 6:30-9pm)
Dr. Robert Billinger speaks about Nazi POWs in NC. In Assembly Room, Wilson County Public Library, 249 Nash Street, Wilson

8/29 Foreclosure Sale (August 29 @ 12pm)
All sales held August 29th. At the Courthouse door, Nash St., Wilson
Info on www.wilson-co.com

9/06 First Friday on the Lawn (September 6 @ 6-9pm)
Country music with Katelyn Marks band. At Wilson County Public Library Lawn, 249 W Nash Street.

9/07 Children’s Gardening Program (Sept. 7 @ 10-11am)
Presented by Wilson County Coop. Ext. Composting & vermicomposting. At Wilson Botanical Gardens, 1806 SW Goldsboro Street, Wilson.
Contact 252.237.0111.

* Elsewhere *

8/22 Center Street Jam with The Embers (August 22 @ 6-9pm)
Live music, cold drinks & delicious food. Free outdoor summer concert series in Downtown, Goldsboro
More info at www.dgdc.org

8/24 West Edgecombe Mini Pullers (Aug. 24 @ 6pm; gates 3pm)
Lawn mower pulls, organized by West Edgecombe Farm Heritage Museum & Ruritan Club. Concession stand proceeds go to community work. At 12180 NC-43 North, Rocky Mount
www.westedgecombeminipullers.com

8/24 Taste of Stantonsburg Festival (August 24 @ 9am-4pm)
Family-oriented event open to all. Plenty of fun & activities for kids, parents, & seniors. At City Park, Main & Macon Street, Stantonsburg.
Contact 252.238.3534.

9/14 Rabies & Microchip Clinic (Sept. 14 @ 11am-2pm)
Cat & dog owners, get 1- or 3-year rabies vaccinations for \$5. Only \$15 for Microchips. Pets must be with an adult; dogs must be leashed & cats must be in carriers. SAFE Haven for Cats, 8431-137 Garvey Dr., Raleigh.
Details, call 919.872.7233.

9/14 Annual Tar River Festival (Sept. 14 @ 10am-5pm)
Live entertainment, rides, games, food, crafts, family fun. At Riverbend Park, S Church St, Louisburg
Call 919.496.3056 for info.

These “Things To Do…” listings are free, at publisher’s discretion, and as space allows. Up to 5 lines of description may be included with an event. Priority is given to free, public events. Sponsor names may not be included. Event organizers may purchase regular advertising spaces to provide more details for upcoming events.

Swim Across America
is Coming to NCSU

Contributed by Mary DeMilia, Event Director

For 26 years, Swim Across America (SAA) has been raising money for fight cancer. Now, with the support of NC State University (NCSU), this iconic event is coming to Raleigh on September 21st.

“Swim Across America” is the inspired sequel to a triumphant “Run Across America” completed by the two SAA founders in 1985. Their eight-month journey, which spanned the country from Boston to Los Angeles, raised over \$1 million for cancer research.

It was in 1987 that Jeff Keith and Matt Vossler decided to bring their cause back home and transition from running to swimming for a cure. With a focus on raising money and awareness for cancer research, prevention and treatment, Swim Across America was chartered as a 501c3 nonprofit organization.

Twenty-six years later, SAA has raised over \$45 million dollars. SAA funds nearly two dozen prestigious organizations including Sloan-Kettering in New York, San Francisco Children’s Hospital, Johns Hopkins in Baltimore, Rush University Medical Center in Chicago, and Boston’s Dana-Farber Cancer Institute.

This year’s Swim Across America event proceeds support Dr. Cavanagh’s Research Lab at NCSU. His laboratory has been able to make chemotherapy regimens up to 1,000 times more efficient. The event goal is to help make his lab the next Swim Across America Laboratory.

In Raleigh, NCSU has donated the 50m competition pool for the event on Saturday, September 21st. SAA/Raleigh will have some new events including water polo, aqua-aerobics, and fun relays.

After our swims, there will be a water carnival. During our water carnival, an Olympic Clinic run takes place with Sue Walsh (UNC Alumni), Ray Carey (Stanford Alumni), and Craig Beardsley (University of Florida Alumni). Also during the water festival come and see kayaking, a water polo skills demo, and a scavenger hunts for kids.

For more information, call 919.522.1568 or email mary@demiliaresearch.com. SAA’s event is online at www.swimacrossamerica.org/raleigh.

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Annual Food Safety Forum

Released by Brian Long, Director, NCDA&CS Public Affairs

Registration is open for the ninth annual Commissioner's Food Safety Forum, scheduled for August 27th at the NC State Fairgrounds. New federal food safety rules among topics to be covered

Agriculture Commissioner Steve Troxler hosts the event starting at 9am in the fairground's Expo Center. The Forum is open to farmers, food businesses, regulators, health professionals, and others with an interest in food safety. Admission is free and includes lunch.

“The Food and Drug Administration is proposing sweeping reform of food safety regulation in the United States,” Troxler said. “The forum will focus on the proposals from the perspective of the federal government, retailers and farmers. Anyone interested in food safety is encouraged to attend and learn about these issues affecting food safety at all levels of the supply chain.”

To register for the forum, visit www.ncagr.gov/ncfoodsafetyforum by August 21st. With questions, contact Christina Waggett at christina.waggett@ncagr.gov or 919.707.3008.

The forum is organized by the NC Department of Agriculture and Consumer Services and sponsored by Publix, NC Egg Association, NC Sweet Potato Commission, Tobacco Trust Fund Commission, and Wal-mart.

The Community-Wide Virtue of Thrift

In the days before customers became consumers, being thrifty was applauded as a virtue. In today's world of high-priced electronics and “upgrading” for the latest gadgets or clothes, thriftiness may seem out of fashion. Spending money wisely makes a person cautious and saves for the future, making being thrifty a positive trait even today.

Spending money wisely these days can be done through shopping around to different establishments, checking prices online, or purchasing items “nearly new” at a second-hand shop or thrift store.

Thrift stores have an added advantage to their cost savings. Many of them donate their proceeds to good causes. Knowing that one's money not only buys something useful, but will do good in the community, encourages buyers. They gain a good feeling in addition to the goods purchased.

Take for example, the InJoy Thrift Store of Rocky Mount. Recently opened, the proceeds from their sales provide community support as food, pregnancy care, prison ministry, homeless care, and many more church activities.

What makes InJoy work is the backing of the North Roanoke Baptist Association, made up of 65 churches from Rocky Mount and surrounding areas. Association churches send volunteers and encourage their congregations to donate items. Already InJoy has 100 volunteers from 20 churches. InJoy sells high-end, organized, quality items. What doesn't sell is passed on, enabling them to give goods, in addition to some funding, to area ministries.

Instead of reinventing wheel, InJoy builds relationships with existing ministries. Working together to share resources increases the efficiency of their efforts, producing a greater community impact. Their outward focus enables individuals, churches, communities, and the association to grow healthier through working on the “big picture” together.

InJoy's net profits are divided, with 50% supporting Door Deaf Opportunity Outreach Ministry, organizing churches for the deaf, and 50% to local community ministries. Their area ranges from Sharpsburg to the Virginia state line, and Asheville to Scotland Neck.

In Knightdale, the Dream Coats Ministries supports a local low-income community and works with several area churches. The shop donates clothing each month at the Zebulon UMC “brown bag” giveaway site.

Dream Coats also provide free clothing — pressed and ready to wear — to those rebuilding after fire or other disaster. In the words of Sheila Prosser, “We ensure they get a weeks worth of washed and ironed clothing to help them while they don't have access to washing facilities.”

As with many non-profit thrift stores, Dream Coats offers low prices. The majority of items inside the store may be purchased for under \$6. Some housewares, appliances and specialty items are higher, but lower-priced items make up the majority of the goods in the shop. This pricing model works well for thrifty shoppers.

Nash Street Flea Market in Wilson takes a more traditional approach as a for-profit second-hand store. While not affiliated with an organization, these stores provide cost savings on clothing, appliances, housewares, and more. If a *used* product will do the job, it can be had for a reasonable price. Some, like the Gold Buyer Jewelry Exchange in Knightdale, offer luxury items at an economy price.

There are dozens of thrift shops and second-hand stores throughout Eastern NC. The next time a purchase is needed, or wanted, don't just shop online and new; look at used-goods options in the area before deciding how much to spend or save.

News from The Grey Area

This issue, we continue serving the area including the recently added Tarboro and Sharpsburg areas. Events and news from these towns now appears alongside news from our seven other cities.

The next issue of *The Grey Area* newspaper comes out for August 30th. If you have an event, story or community happening you'd like us to cover, call 919.623.9392 or send an email to kayw@greyareanews.com.

To advertise, call 919.637.6973. Issues of *The Grey Area* come out every other Friday, with advertising deadlines the Tuesday before each issue's delivery.

The Strange-ness

Dolphin Deaths Increase in 2013
The National Oceanic and Atmospheric Administration (NOAA) released a report on dolphin deaths in the mid-Atlantic region. Unusual Mortality Event (UME) has been declared for bottlenose dolphins in the Mid-Atlantic region from early July 2013 through August.

According to NOAA Fisheries division, a UME is “a stranding that is unexpected; involves a significant die-off of any marine mammal population; and demands immediate response.”

Current bottlenose dolphin strandings are over seven times the historical average for the month of July for this Region. All age classes of bottlenose dolphins are involved and strandings range from a few live animals to mostly dead animals with many very decomposed.

It is unknown if any dolphins from the Northern North Carolina Estuarine System are included, as these dolphins can be found off the Virginia coast during summer.



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The Grey Area™



The Backside

Little Bits

Chuckle of the Issue

Jack took the day off from work and went fishing off the pier. He took his cell phone along, and despite his hope to relax, he spent most of the morning answering business calls on his phone. In the middle of a conversation with a new customer, Jack's fishing rod bent and the reel screamed as line spooled out.

"Hold on," Jack said calmly to the customer, "I have a call on another line."

Quote of the Issue

Robert Half

"When one teaches, two learn."

Cryptogram of the Issue

Replace the letters in this Cryptogram with other letters to deduce the quote within the puzzle.

Hint: F = E.

C F Z Z F L Z X L F I E T V

D T H F V Z E V A C F

Z W X N M W Z E B X X H Z W E V

Z X D U F E G X N Z E V A

L F I X K F E H H A X N C Z

E C L E W E I H T V J X H V

Answer to the previous issue's cryptogram:

I have a theory
about the human
mind. A brain is a
lot like a
computer. It will
only take so many
facts, and then it
will go on overload
and blow up.
-- Erma Bombeck

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Word of the Issue

palaver

Definition: An unnecessarily long discussion or debate.

Example: "They settled into their chairs and held a *palaver* about what should be done."

Translation of the Issue

English — music

German — musik

Italian — musica

Korean — 음악 (eum-ag)

Spanish — música

Polish — muzyka

Latin — musica

Translations for these words in many more languages may be found in online (translate.google.com, etc.).

Following Comet ISON

From NASA's special ISON site, www.isoncampaign.org

The NASA Comet ISON Observing Campaign is a NASA-backed program tasked with encouraging and facilitating a massive, global observing campaign for Comet C/2012 S1 (ISON).

In November 2013, comet ISON will pass the Sun at just 0.012AU (~1.1-million kilometers above the solar surface), classifying it as a Sungrazing Comet, and potentially a spectacular one! Comet ISON is still very far away, and thus it remains difficult to predict exactly how bright the comet will become in November. However, there does exist the potential for this to be one of the brightest comets of the past century. And even if it does not live up to that lofty goal, it will nonetheless be a relatively large Sungrazing comet, fresh from the Oort Cloud, getting its first ever experience with the Sun's immense gravitational pull and intense radiation.

Regardless of ISON's brightness, these facts alone make it an extremely attractive target to astronomers, and one that is potentially rich with new science. To that end, NASA has requested a small committee of cometary experts to be formed and coordinate an observing campaign for this comet, under the assumption that it will enter the inner solar

system during the middle of 2013 as at least a reasonably bright comet.



Image from NASA's Spitzer Space Telescope of Comet ISON taken June 13th, ISON 310 million miles from the sun. Image Source NASA/JPL-Caltech/JHUAPL/UCF

This CIOC website is the hub for up-to-date information about Comet ISON, information on participation in the Campaign and how you can help, links to relevant observatories and programs, and blog postings from CIOC Team members. Right now we have only just launched the site, so it will take a while for it to populate with information, but over the coming months you can expect to see an increase in the number of articles, blog posts and images appearing on the site.

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