7.he Aream

Local and National Unusual News

Bunn, Knightdale, Wendell, & Zebulon NC Edition – 919.623.9392

Check out our Other Editions for Eastern North Carolina

"I'M FREE—Take Me With You!"

Pigskin Classic Draws Four Teams to the Field

Contributed by Clayton Wills

Wake Forest High School hosted the Mellow Mushroom Pigskin Classic August 12th. It was postpone due to Mother Natural wanting to keep her undefeated record intact, with both games played on Monday.

The schedule included Wake Forest vs. Cardinal Gibbons and Panther Creek vs. Knightdale. Wake Forest had stable running backs: #22 Bryce Love ran very well breaking several long touchdown runs, and #28 Jarmal Sweet who chewed up yardage that kept Cardinal Gibbons off-balance much of the time they had the ball. Cardinal Gibbons running back #21 Peyton Offnick scored twice against the bend but didn't break defense, and #5 Kendall Masset played lights out man-to-man breaking a couple of would-be touchdowns. I had to grab head football coach Lucas of Wake Forest and ask him a couple of questions. Coach said he got three goals, "We strive for: 1) win the conference, 2) make the playoffs, and 3) win the state."



Shyheem Mitchell in action. Photo by Clayton Wills

The one question everyone wanted to ask or know is, "Will you be going to Rolesville High since your wife is Principal?" Coach laughed and said that his wife would not hire him and he was fine at Wake Forest!



Swim Across America is Coming to NCSU Contributed by Mary DeMilia, Event Director

For 26 years, Swim Across America (SAA) has been raising money for fight cancer. Now, with the support of NC State University (NCSU), this iconic event is coming to Raleigh on September 21st.

"Swim Across America" is the inspired sequel to a triumphant "Run Across America" completed by the two SAA founders in 1985. Their eight-month journey, which spanned the country from Boston to Los Angeles, raised over \$1 million for cancer research.

It was in 1987 that Jeff Keith and Matt Vossler decided to bring their cause back home and transition from running to swimming for a cure. With a focus on raising money and awareness for cancer research, prevention and treatment, Swim Across America was chartered as a 501c3 nonprofit organization.

Twenty-six years later, SAA has raised over \$45 million dollars. SAA funds nearly two dozen prestigious organizations including Sloan-Kettering in New York, San Francisco Children's Hospital, Johns Hopkins in Baltimore, Rush University Medical Center in Chicago, and Boston's Dana-Farber Cancer Institute.

This year's Swim Across America event proceeds support Dr. Cavanagh's Research Lab at NCSU. His laboratory has been able to make chemotherapy regimens up to 1,000 times more efficient. The event goal is to help make his lab the next Swim Across America Laboratory.

In Raleigh, NCSU has donated the 50m competition pool for the event on Saturday, September 21st. SAA/Raleigh will have some new events including water polo, aquaaerobics, and fun relays.

After our swims, there will be a water carnival. During our water carnival, an Olympic Clinic run takes place with Sue Walsh (UNC Alumni), Ray Carey (Stanford Alumni), and Craig Beardsley (University of Florida Alumni). Also during the water festival come and see kayaking, a water polo skills demo, and a scavenger hunts for kids.

For more information, call 919.522.1568 or email mary@demiliaresearch.com. SAA's event is online at www.swimacrossamerica.org/raleigh.

Volume 3, Number 18A August 16-29, 2013

repairs were made and the historic designation achieved. In 2000, the U.S. Department of the Interior recognized the historical significance of the Clinic's Main Street location and it was added to the National Registry.

Dr. Quigless was inducted into the Twin County Hall of Fame in 2004. He is cited as a medical professional and a community activist.

The Quigless Clinic building is still run by the Quigless family, and serves as an natural health center with health services and alternative health products.

Shades of Grey

Some situations are viewed in black and white; right and wrong. Yet, many people think situations also have a grey area where solutions are not so easily discerned. This is not just about the choices people make, but the thought process they go through to arrive at their decisions.

Submitted for Your Discussion & Consideration

You're shopping for school clothes for your kids when you run into one of your son's teachers. She says hello to you and your son, and moves away quickly. You're puzzled by her brusqueness but assume she is busy shopping too, so you continue looking at clothes with your children.

In the checkout line, the teacher ends up in front of you. She seems uncomfortable, and ignores your son asking her a question. Just as you are getting a little upset, the teacher begins speaking with the person running the checkout. As she speaks, you can smell alcohol in the air and begin thinking that the teacher may have been drinking.

Do you think that you would say something to her, based solely on your suspicions? Or, would you wait until she leaves and ask the checkout person if they thought the same? If they did think the same thing, would you feel more confident in confronting the teacher?

Would it make a difference if you saw her driving when you reached the parking lot? Or would you just put it out of your mind and continue getting your kids ready for the new school year?





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A Little Bit of History

Quigless Clinic

Tarboro's Main Street is home to a healthcare facility on the National Registry of Historic Sites: the Ouigless Clinic-Hospital. Started in the 1940s by Dr Milton Douglas Quigless, Sr., the clinic served Tarboro's African-American community at a time when few medical service providers welcomed them.

Dr. Quigless and his wife opened the Quigless Clinic-Hospital just as World War II was ending. They built the clinic after Dr. Quigless was turned away from the area hospital. Segregation laws denied the doctor, and his patients, access. Dr. and Mrs. Quigless provided the community with the healthcare that they needed, and together they ran the clinic for the next five decades.

Mrs. Quigless and her children kept the facility working after Dr. Quigless' death in 1997. Mrs. Quigless worked to make the hospital a Historic Site. The building has been remodeled over the years. Following Hurricane Floyd,

Richard Harris Funeral Home & Cremation Service Inc. 122 West Barbee Street Zebulon, NC 27597 Phone: (919) 269-7613 Fax: (919) 269-7614 www.richardharrisfuneralhome.com

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Things to Do in NC When You're Bored

* Bunn *

8/22 A Blessing Soup Kitchen

8/29 (August 22 & 29 @ 11:30am) Free meals served to those in need. Collaboration of local nonprofits using donations & volunteers. In Broad Building, Bunn

8/30 History Day

(August 30 @ 5-7pm) Come by for this Bunn Centennial year event. At the Bunn Branch Library, 610 Main Street, Bunn For info, call Sherry: 919.426.5806

9/27 Bunn's Centennial Going Green (Sept. 27)

Come for Bunn's Centennial Trees Planting! Participate in planting. Celebrate 100 years of growth. Along Main Street, Bunn For info contact 919.426.5806 or sherry.mercer@jacobs.com

* Knightdale *

8/16 Free Eye Exam & Glasses (August 16 @ 7am)

Annual "Give Back" returns. Knightdale Eye Care is seeing the first 100 people for free eye exams & a pair of glasses. At Knightdale Eye Care, 742 McKnight Drive, Suite 100, Knightdale

Call 919.266.2048 for details.

8/22 School Age Robot Extravaganza

(August 22 @ 2-3pm) Earn a Robot Drivers License, find out about 3-D printers, explore robot-building tools & practice building robots using LEGO contraptions. Wake Robotics is displaying a wide range of robots & other fun technologies. Grades K-5. At East Regional Library, 946 Steeple Sq., Knightdale Call library 919.217.5300 to register.

8/24 Wake Tech Job Assistance 8/31 (August 24 & 31 @ 11am-2pm)

Need help navigating online job applications? Visit this open lab for assistance applying for jobs online. A trained instructor will be available to help you look for and apply for current openings. At East Regional Library, 946 Steeple Sq., Knightdale Info call Sandy at 919.217.5300.

8/31 Flapjack Fundraiser (August 31 @ 8-10am)

Fundraising event for Tammy Zukoski (aka Queen Lady Taz of the Red Hat Society). Tammy is a valued Zebulon Chamber ambassador. She was almost 5 years cancer-free when she was diagnosed with liver cancer. She has been undergoing treatment At Applebee's for months. restaurant, 6609 Knightdale Blvd., Knightdale

Contact Chamber at 919.269.6320 to purchase Tickets (\$7 each).

9/06 Annual Outdoor Movie Night (Sept. 6 @ 6-10pm)

Free movie for families! At Knightdale Recreation Center, 101 Lawson Ridge Road, Knightdale

* Wendell *

8/20 Tuesday Morning Coffee Break 8/27 (Aug. 20 & 27 @ 8-9:30am)

Meets weekly. Grab a bite to eat, network with business owners & jump start the day! At McDonald's, 2900 Wendell Blvd, Wendell Info, call 919.374.0315.

8/17 Wendell Farmers Market 8/24 (Aug. 17, 24 & 31 @ 8am-12pm) 8/31 Stop & pick up fresh produce, NC made products & chat with local folks. At 3700 Wendell Blvd, Wendell.

8/19 Monday Night Auction 8/26 (August 19 & 26 @ 7pm) Join in or just come & watch the fun. At Outdoor Rec Center, 4900 Wendell Blvd., Wendell Info call 919.796.3082.

8/20 Col. Henry Burgwyn SCV Camp (August 20 @ 6:30pm)

The Col. Henry K. Burgwyn Camp of the Sons of Confederate Veterans meeting. Great food, followed by an interesting historical program. Everyone invited. At Boulevard Pizza, 2925 Wendell Blvd, Wendell. For information, call 919.365.5206.

* Zebulon *

8/16 Pickleball

8/23 (Aug. 16, 23 & 30@ 11am-1pm) 8/30 A net, paddle, & whiffle ball!

Instructions given for beginners. Free. At Zebulon Comm Ctr, 301 S Arendell Avenue, Zebulon 8/17 Brown Bag Lunch Ministry

8/24 (Aug. 17, 24 & 31 @ 11:30am) 8/31 Free to-go lunches for those in need. At Fellowship Hall, Zebulon United Methodist Church, 121 W

Gannon Avenue, Zebulon Info at www.zumchurch.org.

8/20 Five County Beekeepers Assoc. (August 20 @ 7pm)

Topic for August is "Bee Nutrition". Presented by Apiary Inspector. At Zebulon Community Center, 301 S Arendell Ave, Zebulon Call 919.295.0245 for info.

8/21 Mudcats Baseball -26 (August 21-26)

Baseball, hot dogs, & more. Small ticket fee. At Five County Stadium, 1501 NC-39, Zebulon Online at www.gomudcats.com.

9/25 Zebulon Chamber Business Expo (Sept. 25 @ 2-7pm)

Don't miss out on the networking! Plus, free Facebook Workshop with (Noon-1pm). Martin Brossman Workshop available for up to 2 employees. Reserve your seat(s) when registering. Lunch included. At East Wake Academy, 400 N M C Drive, Zebulon.

See www.zebulonchamber.org.

* Elsewhere *

8/22 Dynamite Marketing On A Firecracker Budget (August 22 @ 6-9pm)

Free seminar. Tips for prospective & existing business owners. At Nash Comm. College Bus. & Ind. Center, 522 N Old Carriage Rd, Rocky Mount Info online at www.nashcc.edu.

8/24 West Edgecombe Mini Pullers (August 24 @ 6pm; gates 3pm) Lawn mower pulls, organized by West Edgecombe Farm Heritage

Museum & Ruritan Club. Concession stand proceeds go to comm. work. 12180 NC-43 North, Rocky Mount www.westedgecombeminipullers.com

8/26 First Day of School-Traditional Calendar (August 26) Franklin County Schools Wilson County Schools Nash-Rocky Mount Public Schools Edgecombe County Public Schools Wake County Public Schools Johnston County Schools Wayne County Public Schools Pitt County Schools

9/14 Original Master's Reunion (September 14 @ 7pm)

The 40 year reunion of the Original Master's. The years were 1973 through 1976. Special guest The Taylors. Food will be served in the church cafe at 5:30pm. Love offerings accepted. At Northside Community Church, 1660 Beaver Pond Road, Rocky Mount Call 252.567.5365 or 252.985.2985.

The "Things To Do..." listings are free, at publisher's discretion, and as space allows. Up to 5 lines of description may be included with an event. Priority is given to free, public events. Sponsor names may not be included.

Event organizers may purchase regular advertising spaces to provide more details for upcoming events.



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BUNN'S CENTENNIAL History Day Friday, August 30th **5PM - 7PM**



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A Door Prize will be given away for those who pick up a ticket at the Centennial Tent, no purchase necessary! Submit your old documents or photos!

Wendell Harvest Festival **October 4 & 5, 2013** J. Ashley Wall Towne Square

Wendell, North Carolina

ATTENTION CRAFT, FOOD & **PROMOTIONAL VENDORS:** The Harvest Festival is Now **Accepting Vendor Applications!**

> Applications are available online at www.wendellchamber.com Events > Harvest Festival > Application or by calling 919-365-6318

Estimated 6,000 attendance per year Applications due by August 1, 2013

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The Community-Wide Virtue of Thrift

In the days before customers became consumers, being thrifty was applauded as a virtue. In today's world of highpriced electronics and "upgrading" for the latest gadgets or clothes, thriftiness may seem out of fashion. Spending money wisely makes a person cautious and saves for the future, making being thrifty a positive trait even today.

Spending money wisely these days can be done through shopping around to different establishments, checking prices online, or purchasing items "nearly new" at a secondhand shop or thrift store.

Thrift stores have an added advantage to their cost savings. Many of them donate their proceeds to good causes. Knowing that one's money not only buys something useful, but will do good in the community, encourages buyers. They gain a good feeling in addition to the goods purchased.

Take for example, the InJoy Thrift Store of Rocky Mount. Recently opened, the proceeds from their sales provide community support as food, pregnancy care, prison ministry, homeless care, and many more church activities.

What makes InJoy work is the backing of the North Roanoke Baptist Association, made up of 65 churches from Rocky Mount and surrounding areas. Association churches send volunteers and encourage their congregations to donate items. Already InJoy has 100 volunteers from 20 churches. InJoy sells high-end, organized, quality items. What doesn't sell is passed on, enabling them to give goods, in addition to some funding, to area ministries.

Instead of reinventing wheel, InJoy builds relationships with existing ministries. Working together to share resources increases the efficiency of their efforts, producing a greater community impact. Their outward focus enables individuals, churches, communities, and the association to grow healthier through working on the "big picture" together.

InJoy's net profits are divided, with 50% supporting Door Deaf Opportunity Outreach Ministry, organizing churches for the deaf, and 50% to local community ministries. Their area ranges from Sharpsburg to the Virginia state line, and Asheville to Scotland Neck.

In Knightdale, the Dream Coats Ministries supports a local low-income community and works with several area churches. The shop donates clothing each month at the Zebulon UMC "brown bag" giveaway site.

Dream Coats also provide free clothing — pressed and ready to wear — to those rebuilding after fire or other disaster. In the words of Sheila Prosser, "We ensure they get a weeks worth of washed and ironed clothing to help them while they don't have access to washing facilities."

> As with many non-profit thrift stores, Dream Coats offers low prices. The majority of items inside the store may be purchased for under \$6. Some housewares, appliances and specialty items are higher, but lower-priced items make up the majority of the goods in the shop. This pricing model works well for thrifty shoppers.

Nash Street Flea Market in Wilson takes a more traditional approach as a for-profit second-hand store. While not affiliated with an organization, these stores provide cost savings on clothing, appliances, housewares, and more. If a *used* product will do the job, it can be had for a reasonable price. Some, like the Gold Buyer Jewelry Exchange in Knightdale, offer luxury items at an economy price.

Wilson's Variety of Cuisines

By Kay Whatley, Editor

Ah, the great melting pot of Wilson! The city's restaurants offer choices ranging from local fare to cuisines from other parts of the world. Find local food for lunch, then for dinner eat unusual dishes from around the globe.

Start with a couple of local barbecue hotspots, add a dozen Mexican food restaurants, fold in two dozen Asian food restaurants, add a pinch from Europe, and you have Wilson's offerings.

Carolina barbecue and local delicacies are close at hand, whether at Bill Ellis Barbecue with all the southern sides, Parker's, or hidden on a restaurant's dinner menu. Wilson diners and cafés include fried sides, greens of all kinds, and tangy Carolina barbecue.

Italian these days may seem a little less exotic, what with all the pizza joints mixed in with the serious Italian restaurants serving traditional lasagna, chicken dishes, and pastas.



One Special Served at Fuji Steakhouse (Wilson NC)

Asian foods including Japanese, Thai, and Chinese may be found around the city. Several are geared toward quick service and food to go. Others, such as Kobe Express on Raleigh Road and Fuji Steakhouse on Ward, have comfortable dining rooms and specials off the menu. Right now, those hungry for Vietnamese and Korean foods still have to travel outside the city to find them.

An unusual bakery representing Europe is Sweet Maria's Bistro and Bakery, with an incredible variety of tasty sweets. The Portugal-born baker/owner creates desserts with European elegance and mingling flavors that turn their customers into regulars.

Most recently, the Wilson melting pot expanded to include Indian food, with the August opening of Tandoori Nights. The Tandoori Nights buffet gives those new to Indian food an opportunity to try a variety of dishes and sauces, with a regular menu available for folks already familiar with this cuisine type.

With new restaurants opening frequently in Wilson — spurred by entrepreneurs and a little economic growth — one can expect even more cuisines coming soon. So the next breakfast, lunch or dinner time, head into the great melting pot of Wilson for a variety of options from local areas or far away.





Pork BBQ Cook-off! ORC Celebration

⊿abor Day Weekend – Friday thru Monday

Must register in advance to join the fun. Registration fee \$20 per family. For details: 919-366-0080 or 919-796-3082 There are dozens of thrift shops and second-hand stores throughout Eastern NC. The next time a purchase is needed, or wanted, don't just shop online and new; look at used-goods options in the area before deciding how much to spend or save.

News from The Grey Area

This issue, we continue serving the area including the recently added Tarboro and Sharpsburg areas. Events and news from these towns now appears alongside news from our seven other cities.

The next issue of *The Grey Area* newspaper comes out for August 30th. If you have an event, story or community happening you'd like us to cover, call 919.623.9392 or send an email to kayw@greyareanews.com.

To advertise, call 919.637.6973. Issues of *The Grey Area* come out every other Friday, with advertising deadlines the Tuesday before each issue's delivery.





Little Bits

Cryptogram of the Issue

Replace the letters in this Cryptogram with other letters to deduce the quote within the puzzle. Hint: $\mathbf{F} = \mathbf{E}$.

C F Z Z F L ZX <u>L F I E T V</u> D T H F V Z E V A \overline{C} F ZWXNMWZ Е B X X H $\overline{Z} \overline{W} \overline{E} \overline{V}$ $\overline{z} \overline{x}$ DUFEG X N Z EVA

LFIXKF E H H A X N C Z

ECLEWEI НТ V Ј Х Н V

Answer to the previous issue's cryptogram:

I have a theory about the human mind. A brain is a lot like a computer. It will only take so many facts, and then it will go on overload and blow up. -- Erma Bombeck

The Strange-ness

Dolphin Deaths Increase in 2013

The National Oceanic and Atmospheric Administration (NOAA) released a report on dolphin deaths in the mid-Atlantic region. Unusual Mortality Event (UME) has been declared for bottlenose dolphins in the Mid-Atlantic region from early July 2013 through August.

According to NOAA Fisheries division, a UME is "a stranding that is unexpected; involves a significant dieoff of any marine mammal population; and demands immediate response." Current bottlenose dolphin strandings are over seven times the historical average for the month of July for this Region. All age classes of bottlenose dolphins are involved and strandings range from a few live animals to mostly dead animals with many very decomposed.

It is unknown if any dolphins from the Northern North Carolina Estuarine System are included, as these dolphins can be found off the

Virginia coast during summer.

Read The Grey Area newspaper "Archive" on www.greyareanews.com, or use the code at right to visit



Chuckle of the Issue

Jack took the day off from work and went fishing off the pier. He took his cell phone along, and despite his hope to relax, he spent most of the morning answering business calls on his phone. In the middle of a conversation with a new customer, Jack's fishing rod bent and the reel screamed as line spooled out.

"Hold on," Jack said calmly to the customer, "I have a call on another line."

Word of the Issue palaver

Definition: An unnecessarily long discussion or debate. Example:"They settled into their chairs and held a palaver about what should be done."

Translation of the Issue

English — music German — musik Italian — musica

Korean — 음악 (eum-ag)

Spanish — música Polish — muzyka Latin — musica

Translations for these words in many more languages may be found in online (translate.google.com, etc.).

Quote of the Issue **Robert Half**

"When one teaches, two learn."





Presented by the **Zebulon Chamber** of Commerce

Wednesday, **September 25, 2013**

East Wake Academy, 400 NMC Drive 2pm - 7pm

919-269-6320

Following Comet ISON

From NASA's special ISON site, www.isoncampaign.org

The NASA Comet ISON Observing Campaign is a NASAbacked program tasked with encouraging and facilitating a massive, global observing campaign for Comet C/2012 S1 (ISON).

In November 2013, comet ISON will pass the Sun at just 0.012AU (~1.1-million kilometers above the solar surface), classifying it as a Sungrazing Comet, and potentially a spectacular one! Comet ISON is still very far away, and thus it remains difficult to predict exactly how bright the comet will become in November. However, there does exist the potential for this to be one of the brightest comets of the past century. And even if it does not live up to that lofty goal, it will nonetheless be a relatively large Sungrazing comet, fresh from the Oort Cloud, getting its first ever experience with the Sun's immense gravitational pull and intense radiation.



Image from NASA's Spitzer Space Telescope of Comet ISON taken June 13th, ISON 310 million miles from the sun. Image Source NASA/ JPL-Caltech/ JHUAPL/UCF

This CIOC website is the hub for up-to-date information about Comet ISON, information on participation in the Campaign and how you can help, links to relevant observatories and programs, and blog postings from CIOC Team members. Right now we have only just launched the site, so it will take a while for it to populate with information, but over the coming months you can expect to see an increase in the number of articles, blog posts and images appearing on the site.



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