

The Grey Area™

Local and National Unusual News

Bunn, Knightdale, Wendell, & Zebulon NC Edition – 919.623.9392

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Eastern North Carolina

“I’M FREE—Take Me With You!”

Volume 3, Number 11A
May 24–June 6, 2013

Female Veterans Symposium “Care After Trauma”

Contributed by Phyllis Maynard

Now in the planning stages, a **Female Veterans Symposium 2013 — “Care After Trauma”**. The objective of this one-day seminar is to address the complicated issues Female Veterans face in their lives as they return home from active duty military service, that have placed shadows over their lives. Pre-registration is open now for this June 27th special event.

These issues are very challenging. They are as follows: Military Sexual Trauma (MST), Homelessness and Homelessness with Children, Physical Disabilities, Barriers to Employment, Mental Disabilities, Post-Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), Environmental Harassment (workplace, hostile, gender), Lack of Advocacy, and Lack of Knowledge about State and Federal Laws and Resources.

It is our hope that a seminar such as this for the Franklin, Vance, Warren, and Granville County areas will educate, empower, and encourage females to face their individual challenges and move to the next step in their individual recovery.

In order to have a successful first event, we must be able to document to the agencies we have asked to come out to make the presentations, that there is an audience interested in this seminar. If you are a female veteran who will be interested in

attending this symposium please contact Phyllis Maynard at 252.432.9376 and leave a message or email nc97chapterserviceofficer@yahoo.com with the following information: name, address, telephone numbers, email address (speak slowly and spell out the email address on voice mail), whether you are OEF/OIF/OND, Desert Storm, Gulf War, Vietnam veteran, etc., and whether you have a concern about homelessness. For the event, please bring DD-214 Discharge Papers and a resume.

We are **pre-registering** participants to present the numbers to the agencies to demonstrate that we have contacted and communicated with a group of female veterans from the surrounding rural areas who are excited about speakers coming in to be of assistance to them. We would like to be able to report at least 100 pre-registered participants. Our objective is to make this a very informative and pleasant experience for each of you.

The Female Veterans Symposium 2013 — “Care After Trauma” is a **free** seminar with refreshments available throughout the day, scheduled for Thursday, June 27th at the **Vance-Granville Community College Civic Center** from 8am to 4:30pm. The address for GPS users is 200 Community College Road, Henderson, NC 27537 (traveling I-85, get off on *Exit 209*, Poplar Creek Road).

Gary M. Blue, Local Veterans Employment Representative for Franklin, Vance, and Warren counties working out of the respective North Carolina JobLink Career Center offices, and Phyllis E. Maynard, Disabled American Veterans Service Officer working in the Vance County area and representing the Disabled American Veterans National Service Office out of Winston-Salem, North Carolina are planning this event.

Enter July 4th Essay Contest

The *Grey Area* newspaper is holding an Essay Contest for local writers! If you live or go to school in Eastern NC, you are invited to enter. The essay topic is “My Country, ‘Tis of Thee”. Essays may refer to the writer’s patriotic view of the USA in the present, or as experienced across a lifetime.

Essays may be between 300 and 750 words. Please limit your submission to one per writer. Spell check and edit, as grammar mistakes may be counted against you. Since the winning essays will be published in *The Grey Area* newspaper, spelling and grammar are important.

Submit your essay via email to kayw@greyareanews.com, or mail to The Grey Area newspaper, 70 Harrison Street, Zebulon NC 27597. Mailed essays will not be returned, so be sure to keep a copy. Past and current contractors (sales, delivery, or editing) may not submit an essay.

Essays should be submitted to arrive by June 22nd (Saturday). Judges will review essays and winning entrants

will be notified by the end of June, with the winning essays published in the issue distributed for the week of July 4th.

In addition to having their essay published, the winning three essay writers will receive a cash prize. First place essay wins \$50, with Second and Third place essay winners receiving \$25. No other essay writers will receive payments.

Remember Those Who Served

Memorial Day, May 27th this year, serves as a day for remembering the men and women who died while serving in the United States Armed Forces. Many have given their all for the country they loved.

Memorial Day is a time for visiting the graves of lost friends and relatives. Many local residents go to the cemetery and place wreaths to honor their fallen loved ones. Memorial Day is a federal holiday in the United States. It is a designated day to remind US residents to pay their respects to all Americans who have died in all wars.

Memorial Day Weekend, many businesses give their employees time off from work. Families gather, sometimes holding annual reunions to reconnect with far-away family members and friends.

Celebrating Memorial Day this year, hopefully you and your loved ones can take time together to reflect on those lost, and those still in harms way.

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Zebulon Location
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Zebulon, NC
919-404-2121

New Patients \$25 Off Your First Visit with this Ad

Things to Do in NC
When You’re Bored

* Bunn *

5/24 Bluegrass Music Open Jam 5/31 (May 24 & 31 @ 7pm)
Live jam open to all. Bring an instrument & join the fun. Be there at 7pm or join later. Or listen, sip coffee & enjoy very local music! At Common Grounds Coffee (and fun) House, 20 Cheves Rd, Bunn
5/30 A Blessing Soup Kitchen (May 30 @ 11:30am)
Thursdays free meals served to residents in need. Collaboration of local nonprofits using donations & volunteers. Donations welcome. Broad Building, Bunn
6/22 Bunn Berry Social (June 22 @ 11am-3pm)
Part of Centennial, celebrating 100 years of Bunn. Cornhole tournament, hot dogs, & much more. At Vollmer Farm, 671 NC 98 Hwy E, Bunn
Info, call 919.426.5806 or email sherry.mercer@jacobs.com.

* Louisburg/
Youngsville *

6/05 Second Cup Ladies Writers Group (June 5 @ 9:30am)
Writers meet 1st & 3rd Wednesday mornings. At Full Circle Coffee Shop, Youngsville. For info, email donnacampbellsmith@gmail.com.
6/13 Night Writers Group (June 13 @ 7pm)
2nd & 4th Thursday nights at Full Circle Coffee Shop, Youngsville. donnacampbellsmith@gmail.com.
6/15 Pilot City Limits (June 15 @ 7pm)
Country music show fundraiser. Tickets \$8, raising funds for the Pilot Fire Dept. Good ole Family Fun. Come Join us! At Norris Creek, 751 Old Halifax Road, Louisburg
www.facebook.com/PilotCityLimits
*** Knightdale ***
6/18 Knightdale Business Expo ’13 (June 18 @ 2-7pm)
Knightdale Chamber of Commerce annual expo! 100+ businesses showcasing products & services. Network through the day, register for door prizes, & attend professional development seminars. Free. At Knightdale High School, Bryan Chalk Ln, Knightdale
Visit www.knightdalechamber.org

* Wendell *

5/25 Brown Bag Lunch Ministry (May 25 @ 9:30am)
Brown bag lunches each Saturday for those in need. Personal hygiene items. St. Eugene Catholic Church, 608 Lions Club Road, Wendell
Info at www.steugeneparish.org.
5/28 Family Storytime (May 28 @ 6:30-7pm)
Preschool children & their families invited to this interactive program with books, songs, & movement. At Wendell Community Library, 207 S Hollybrook Road, Wendell
5/28 Tue. Morning Coffee Break (May 28 @ 8-9am)
Connect, have coffee or tea, & network with business owners at this Wendell Chamber weekly event. At La Familia Bakery & Cafe, 4 N Main Street, Wendell
5/28 Business Alliance of NC Tuesday Coffee Break (May 28 @ 8:30am)
Jump start your morning with these new 1-hour networking meetings. Coffee, pastries & networking. At 30 N Main Street, Wendell
Info www.businessalliancenc.com.
5/30 Business Alliance Luncheon 6/06 (May 30 & June 6 @ 12-1pm)
Come out & meet other businesses in a free-flowing networking environment. Pay for own meals. At Agave Mexican Bar & Grill, 18 W Third Street, Wendell
Info www.businessalliancenc.com.
6/15 2nd Annual Summer Fun Family Luau & Tiki Run (June 15 @ 6-8pm)
Join Special Blessings for an evening of Family Fun. Free entertainment, food, games, a Tiki Run, prizes & more! Proceeds go toward Special Blessings programs & services,. At Wendell Recreation Center, 601 W Third St., Wendell
Info www.specialblessingsinc.net.
6/18 E Wake Sons of Confederate Veterans Program (June 18)
June meeting features historian & writer David Reavis, author of the book *Upon These Steps*. Come for supper at 6:30 & program follows. 3rd Tuesday each month. Meetings held at Boulevard Pizza, 2925 Wendell Blvd., Wendell
For more info, call 919.365.5206.

* Zebulon *

5/24 Karaoke Friday Nights (May 24 @ 9pm)
Check out local talent or join the fun. Every Friday in the Press Box at McLean’s Ole Time Cafe, 418 W Gannon Avenue, Zebulon
Call 919.269.0125 for more info.
5/24 Mudcats Baseball -30 (May 24-30 @ various times)
Baseball, hot dogs, & more. Small ticket fee. At Five County Stadium, 1501 NC-39, Zebulon
Online at www.gomudcats.com.
5/24 Pickleball 5/31 (May 24 & 31 @ 11am-1pm)
A net, paddle, & whiffle ball! Instructions given. Free. At Zebulon Comm Ctr, 301 S Arendell Avenue.
5/25 Brown Bag Lunch Ministry (May 25 @ 10:30am)
Brown bag lunches for those in need. Personal hygiene items too. At Zebulon UMC, Gannon Ave & N Church St, Zebulon
More info at www.zumchurch.org.
5/29 Belk 125th Anniversary Celebration “Open House” (May 29 @ 9:30am)
Belk stores celebrating 125th anniversary of first store opening in Monroe NC. Zebulon store celebration includes entertainment, refreshments, & sales promotions. First 100 customers arriving May 29th receive Belk gift card. At Belk, 164 Wakelon Street, Zebulon
6/14 Family Movie Night (June 14 @ 7:30PM)
Free film. Bring the family for a fun evening & popcorn. At the Town Municipal Complex, 1003 N Arendell Ave., Zebulon
6/15 Greater Zebulon 5K Road Race & 1M Fun Walk (June 15 @ 8am)
Registration begins 6:30 a.m. Starting at Zebulon Municipal Complex, 1003 N Arendell Ave., Zebulon Chamber 919.269.6320 for info.
*** Elsewhere ***
5/24 Live Music Fridays (May 24, 31 5/31 & June 7 @ 7-10pm) 6/07
Music to end the week. At Showside Grill & Bakery, 102 N Pine Street, Spring Hope
Info at www.showsidegrill.com.

5/25 Karaoke Saturdays 6/01 (May 25, June 1 & 8 @ 7-10pm) 6/08
Stop by for the fun each Saturday with James & Samantha Bradley. At Showside Grill & Bakery, 102 N Pine Street, Spring Hope
Info at www.showsidegrill.com
5/25 Stepping Into the Past Series 6/01 (May 25, June 1 & 8 @ 10am) 6/08
Workshop with museum adm. A new topic each week until 3pm. *Let the Games Begin* (May 25th). *Capturing Our Past* (June 1st), & *Professional Storytellers* (June 8th). At Tobacco Farm Life Museum, 709 N Church Street, Kenly
More information online at www.tobaccofarmlifemuseum.org.
5/26 Cause for Paws Fundraiser (May 26 @ 12-5pm)
Stilllife Raleigh & Cause For Paws event to raise funds for 4-legged friends. Food, games, music, prizes, raffles, giveaways & animals! Adopt pets! All ages. At Stilllife, Ste 131, 401 N West Street, Raleigh
For info, call 919.758.5743.
5/29 Downtown Alive! 6/12 (May 29 & June 12 @ 5:30pm)
Free summer concerts return to Wilson. Performances by *TripleWide* (May 29th) & *Yo Mama’s Big Fat Booty Band* (June 12th). At the Grassy lot, 210 S. Tarboro Street, Wilson
5/30 Downtown Live! Summer Music Series (May 30 @ 6-8:30pm)
Downtown Live free concert. Doors open 5pm. No coolers allowed. On the lawn at The Imperial Centre, 270 Gay Street, Rocky Mount
6/14 301 Endless Yard Sale -15 (June 14-15 @ 8am)
Towns along US 301 & Johnston County holding the first annual “Endless Yardsale”. The communities along US 301 join together with deals, antiques, collectibles & more. Along the 30-mile stretch of highway between Kenly & Benson
See www.301endlessyardsale.com.
6/28 The Ambassadors Quartet At Gospel Fellowship Ministries (June 28 @ 6:30pm)
Live Music event. At 1010 Fountain Street, Tarboro, NC

The above “Things To Do...” listings are free, at publisher’s discretion, and as space allows. Up to 5 lines of description may be included with an event. Priority is given to free, public events. Sponsor names may not be included. Event organizers may purchase regular advertising spaces to provide more details for upcoming events.

Coffee Break
in Wendell
At the Wendell Chamber



Come meet other business owners in the Wendell Community and beyond for the Wendell Chamber's Tuesday Morning Coffee Break! Meet at La Familia Bakery, 4 North Main Street in Wendell. Stop by Tuesdays from 8:00-9:00am for weekly Coffee Breaks. Come connect, have coffee (and tea), meet others and network with local business owners!



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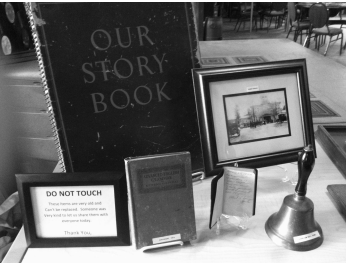
Cornhole Tournament Entry Applications may be picked up at Bunn Town Hall

DON'T FORGET TO WEAR YOUR CENTENNIAL T-SHIRT! YOU MAY BE IN FOR A SURPRISE!!

A Little Bit of History

Bunn Museum Day was Fun for All

The Bunn Museum Day held in May featured old farm implements, newspaper clippings, photos, and yearbooks. Many residents brought in old photos and household items to show. There was everything from vacuum cleaners to phones, hair dryers to golf clubs, and various sporting items of different ages.



Some of the Bunn High students dropped by, receiving Certificates for participation. Students also wrote essays about the town, and prepared a time capsule that will be displayed at future Bunn Centennial 2013 events.

Farmer Darrell Cash brought a large display of farm equipment, and explained to visitors how each piece was used. Some were for breaking the land, others for fixing the rows, and more for plowing or setting out plants. As hard as farming is now, from looking at these tools it was even harder way back when.

Overall there was a lot of Bunn’s history gathered, and shared, for this special day. Hopefully those who visited the displays at Common Grounds Coffee (and fun) House learned a bit about Bunn and Franklin County as things used to be.

Carmike 10-Wilson Movie Review of the Issue

By Kay Whatley, Editor

Star Trek Into Darkness

I have to say, I’m a Star Trek fan. I grew up watching the original series, and watched the later shows and movies with my children as they grew up. My husband is a fan too, and considers himself a “trekkie”. You don’t have to be a fan to enjoy the ride with this action-packed and plot-thick film. Our teen and pre-teen went with us, and liked the movie.

For those who don’t follow Star Trek, the movie, *Star Trek*, that came out in 2009 was set before the original 1960s series. It was the crew as young men and women, just starting out. The just-released *Star Trek Into Darkness* is a continuation of the young crew’s adventures.



As a long-time fan, I was pleased with how the 2009 movie kept the same feeling, terminology, and characters — and kept them true to the original series’ flavor. *Star Trek Into Darkness* does this as well, making it easy for existing fans to enjoy the inside jokes and “aha” moments. If you’re not really “into” Star Trek, you may enjoy this as a well done science fiction film, with likeable characters, mystery, and a quality story.

Even if you don’t know who Khan is, or the Botany Bay, the story comes through as new and exciting. For those familiar with the old story line, you may be pleasantly shocked. If the story of Captain Kirk and Khan is all new to you, I think you’ll love watching them match wits!



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Summer Camps Offer Much To Do While School Is Out

Learning, Fun & Fitness

Gymnastics, science, martial arts, religion, and the arts: every child’s interests are unique. Luckily, many organizations and businesses offer summer day camps and parents can find the right experiences for each child.

Day camps vary from a few hours to all day. Depending on the program offered, fees may be per day, per week, or for multiple weeks. Parents may send children for a day to some camps, or for a little more could send them for many days during summer break.



In addition to offerings by town Parks & Rec Departments, music schools, karate schools, and museums provide daytime educational camps. Many run one week at a time, allowing parents to choose how long to send their children. Each week brings an opportunity for fun and learning.



Sports camps range from martial arts to gymnastics, basketball to soccer, baseball to golf, and swimming to tennis. Whether a child has experience, or will be learning a new skill for the summer, camps are accepting registrations now.

Parents throughout Eastern NC may pick and choose a variety of fun and fitness activities for their children.

To find options, one might start by check with local businesses currently offering evening and weekend classes matching childrens’ interests. From there, a wealth of options may be found at a range of daily or weekly rates.

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Second Perception

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The Strange-ness

Retractable Claws

House cats have retractable claws. So do the big cats like lions and jaguars. They use them during their natural climbing and hunting activities, and as part of marking their territory with their paw-pad glands. These sharp claws are not just for pulsing into your leg while you pet them.

Ever seen a cat “sharpening” its claws on a tree — or a couch? Cats may claw and shred things when they are anxious, but most often what they are doing is wearing down the outer “sheath” of their claws to expose a good sharp point! This is necessary as their claws grow, just as humans sometimes need to clip their fingernails.

In addition to cats, some mongoose relatives have retractable, or partly retractable, claws. The fossa from Madagascar have a kind of retractable claw. Some civets and genets also have retractable claws. While these animals look kind of like a cat, they aren’t really.

Many other claw-carrying animals and insects cannot retract their claws. Dogs, crabs and beetles are examples of these. Cats are mostly unique in their ability to hide or show these sharp implements as needed.



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