Bunn/Wendell/Wilson/Zebulon NC Edition - 919.623.9392

Also check out our Edition for Rocky Mount & Nashville NC

# "I'M FREE—Take Me With You!"

Volume 2, Number 10 May 15, 2012

# Person of the Issue Michael E. Lane

Local resident Michael Lane understands the importance of truth. It's his business.

A former Wilson police officer and highway patrolman, Mr. Lane runs Eastern North Carolina Polygraph Services. Based in Wilson NC, he travels throughout NC and VA administering polygraph examinations and training examiners in use of polygraphs.

A polygraph is an instrument that measures selected physiological activities within the body. The instrument collects data from activities like breathing, blood pressure, and sweating. As an examiner, Mr. Lane poses questions and reviews answers and body responses to determine what is true, and what isn't.

Mr. Lane graduated from the Virginia School of Polygraph with 16 years of polygraph experience and specializes in the field of interviews and interrogation. He is a certified instructor in Interview and Interrogations.

Working in law enforcement for 37 years, including as a Wilson police officer from 1973 through 1978 and the highway patrol starting in 1978, Mr. Lane received numerous valor awards. These included wards for Lifesaving, NC Highway Patrol Officer of the Year, and the NC Governors Award for Bravery and Heroism.

While working with the Wilson County Sheriff's Office, he oversaw the polygraph examination program. He provided examinations for criminal cases, pre-employment screening, internal affairs investigations, sex offense investigations, child abuse investigations, and more.



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He also served as State Polygraph Coordinator for the Department of Crime Control and Public Safety. At the time of his initial retirement from the North Carolina State Highway Patrol as a Sergeant, he was serving as head of NC Highway Patrol's Polygraph Program.

The book, *Interview To Confession, The Gentle Art Of Interrogation* written by John C. Bowden is based on Mr. Bowden's 30 years of research and experience with Mr. Lane.

In 2003, Mr. Lane began applying his skilled at getting to the truth with opening of his Wilson polygraph business. while continuing his law enforcement career with the Wilson County Sheriff's Office as a detective and primary polygraph examiner until his second retirement in 2009.

In addition to working with polygraphs, Mr. Lane is a certified instructor in Firearms, Radar, and Defensive Driving. His skills as a marksman include being able to hit a target accurately from 1,000 yards.

Mr. Lane works with government offices, attorneys, businesses and private citizens with his background and polygraph services. Now he helps people get to the truth on important criminal, civil, and private matters. Contact Eastern North Carolina Polygraph Services at 252.230.2334.

# **Local Fruits & Veggies**

Farmer's markets about this time of year, with fresh, farm-grown produce available.

# Historic Downtown Wilson Farmers' Market

Wednesdays, 8am-1pm (April-September; closed July 4th) 207 W. Green Street grass lot, Wilson

### Wilson County Farmers' Market Saturdays, 7:30am-12pm (April-September)

Wilson County Fairgrounds, Wilson

# Rocky Mount Farmers' Market

Saturdays, 8am-1pm (April-November) Wednesdays, 8am-1pm (June-August) Historic Mill District, 1006 Peachtree Street, Rocky Mount

# Franklin County Farmers Market

Tuesday & Friday, 10 am-sellout (May-December) Saturday, 8 am-sellout (May-December) Shannon Village Shop Ctr, 103 S Bickett Blvd, Louisburg

# Produce & Play

Wednesdays, 3-5:30 pm (May-September) 215 Lexington Street, Rocky Mount

# Tarboro-edgecombe Farmers Market

Tuesdays & Fridays, 7am-10am (May-August) Saturdays, 8-11am (September-December) Church Street & Albemarle Avenue, Tarboro

### Nashville 64 Market Place

1038 Eastern Avenue, Nashville Tuesdays-Sundays, 8am-5pm (January-December)

# Wendell Farmers' Market

3rd & Cypress Street, Wendell Saturdays, 9am-1pm



# Memorial Day

Memorial Day, May 28th this year, is a day of remembering the men and women who died while serving in the United States Armed Forces.

In the US, Memorial Day is a time for visiting the graves of relatives, putting wreaths on the graves of fallen loved ones.

Memorial Day is a federal holiday in the United States, and used to be known as "Decoration Day". Officially, it started after the American Civil War to commemorate the fallen soldiers, but in the South ladies organizations and schools decorated graves during the Civil War. By the 1900s, Memorial Day was a day to honor all Americans who had died in all wars.

Memorial Day Weekend is a long weekend with time off from work to remember and to relax. Families gather on the designated day to lay flowers on graves, and sometimes hold annual reunions to reconnect with far-flung family members.



Celebrating Memorial Day in 2012,

there are many public events and remembrances as well as family gatherings. Take a moment to reflect on those lost, and those in harms way, this year.



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# Things to Do in NC When You're Bored

### \* Bunn \*

# Art of Business Student Workshop (May 29-30 @ 6:30-7:30pm)

Free two-session workshop open to ages 13-18 years old. Encourages looking at how you can turn your passion into profit. Register by May 25th, Space is limited. Common Grounds Coffee, 20 Cheves Road, Bunn To register, call 919.853.7020.

# Photography Guild Meeting (June 3 @ 2pm)

The Franklin County Arts Council Photography Guild welcomes all photographers at all levels.

Common Grounds Coffee, 20 Cheves Road, Bunn Contact donnacampbellsmith@gmail.com.

### \* Rocky Mount \*

# Rocky Mount Downtown Live! (May 17 & 31 @ 6-8:30nm)

(May 17 & 31 @ 6-8:30pm)
Summer Music Series features The Tams on May 17th & The Band of Oz on May 31st. Free outdoor concerts on the lawn. Lawn chairs or blankets welcome.
Imperial Centre for the Arts & Sciences, 270 Gay Street, Rocky Mount NC Visit www.imperialcentre.org.

### Fiesta Latina (May 19 @ 1-6pm)

Free celebration of Rocky Mount's Latino Culture! Live bands & dancers, games & activities, delicious food, and inflatable play areas for the kids.

Imperial Centre, 270 Gay Street, Rocky Mount More info at www.rockymountnc.gov/downtown.

### Senior Play Day (May 23 @ 10am-1pm)

Come and enjoy food, dancing, giveaways, Tai Chi, bird watching, games, & much more. Warner & Wiley Rooms. Braswell Memorial Library, 727 North Grace St., Rocky Mt For more info, call the library at 252.442.1951.

# Boys Night Out "Minute To Win It Challenges" (May 24 @ 5:30-7:30pm)

Brush up your mad skills and come play! Braswell Memorial Library, Warner Meeting Room 727 North Grace Street, Rocky Mount Call 252.442.1951 x.257 for information.

# All Around the Automobile (June 7 @ 6pm)

Basic car care for teens, including hands-on experience. Braswell Memorial Library, Warner Meeting Room 727 North Grace Street, Rocky Mount Contact Leslie at 252.442.1951 x.257.

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# **Events Repeating Every Week**

Sunday: Fun Day, Children's Museum & Science Ctr, Rocky Mt. Sunday: 4pm Higher Ground Fellowship, 20 Cheves, Bunn Sunday: Trivia Night, McLean's Ole Time Cafe, Zebulon Monday: 10:30am Storytime, Cooley Library, Nashville Monday: 3pm Stories & More, Bunn Branch Library, Bunn Monday: 7:30pm Trivia Night, Pizza Villa, Zebulon Tuesday: 6pm Zumba, Wendell Community Center, Wendell Wednesday: Yoga, Knightdale Swim Club Clubhse., Knightdale Thursday: 4pm Movie, Reid Street Comm. Center, Wilson Thursday: Live Music, Westridge Grill, Rocky Mt. Friday: 10am Bingo, Eastern Wake Senior Center, Wendell Friday: Karaoke Night, McLean's Ole Time Cafe, Zebulon Call 919.623.9392 to add your ongoing event.

### \* Wendell \*

# East Wake Sons of Confederate Veterans Program (May 15 @ 6:30-8:30pm)

Meetings third Tuesday each month. Come for supper at 6:30 & stay for the program. Everyone invited. Boulevard Pizza, 2925 Wendell Blvd., Wendell For more information, call 919.365.5206.

# Spring Concert in the Park (May 18 @ 7-9pm)

Evening of music under the stars. Bring a lawn chair. Town Square, Corner of Third & Cypress Streets, Wendell Contact Wendell Chamber of Commerce at 919.365.6318.

### \* Wilson \*

### A Streetcar Named Desire (May 17, 24 & 26 @ 8pm)

The famous Tennessee Williams play. Pricing \$18-\$20. Boykin Cultural Center, 108 W. Nash Street, Wilson Info at www.theateroftheamericansouth.org.

# Backstage with Louis Armstrong (May 18-19 @ 8 pm

Performance features Legendary singer and trumpeter Louis Armstrong in his element. Pricing \$18-\$20. Lauren Kennedy & Alan Campbell Theatre, Barton College, Wilson Info at www.theateroftheamericansouth.org.

### Barbecue Bash (May 19 @ 5-7:30pm)

Theater of the American South's Barbecue Bash with legendary pit-master Ed Mitchell's award winning "Carolina Throwdown Ribs", beer, wine tasting & live music. Decatur Street Beat / Farris & Farris parking lot, Wilson

### Sunday in the Rose Garden (May 20 @ 2-4:30pm) Guest Speaker is Guy Skinner of Kinston. Mr. Skinner is 93

years old and recertified recently to fly two more years.

Come to hear his story!

Wilson Rose Garden, 1800 Herring Avenue, Wilson

### Movie Night (May 25 @ 8pm)

Join the Wilson Police Department for a movie beginning at Sunset. "We bought a Zoo" is the featured film.

Berry Hickory Grove Park, 200 Kenan Street W, Wilson

# The Round House Concert Series (May 27 & June 3 @ 6:30)

Features Willie Knight May 27th & Coco Rouzier and Band June 3rd. At the Oliver Nestus Freeman Round House Museum, followed by a movie on the lawn at 8pm. Oliver N Freeman Round House Museum, 1202 Nash Street For more information, call the museum at 252.296.3056.

### Wilson Tobs Baseball (May 29 @7:05pm)

Opening night against the Petersburg Generals. Also play May 31st against Morehead City Marlins. Fleming Stadium, 300 Stadium Street, Wilson For more info, visit www.wilsontobs.com.

### Downtown Alive Concert Series (May 30 @ 5:30pm)

Free live music with the Black Diamond Band. 210 South Tarboro Street lot, Wilson More info, visit www.wilsonarts.com.

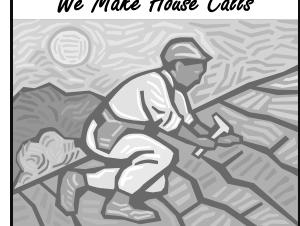
# \* Zebulon \*

### Carolina Mudcats Baseball (Home Games May 15-17, 25-31)

Baseball, hot dogs, soda, sunshine, and fireworks (Fridays) can make for a great family outing. Five County Stadium, 1501 NC-39, Zebulon, NC Visit www.gomudcats.com for tickets.

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# East Wake WIN (Women in Networking) Luncheon (May 16 @ 11:45AM-1PM)

Open to all professional women. Small fee. RSVP required. Eastern Regional Center, 1003 Dogwood Drive, Zebulon Call 919.269.6320 or visit www.zebulonchamber.org.

### Zebulon Community Watch (May 17 @ 7pm)

Join the group on the 3rd Thursday of every month. Eastern Regional Center, 1003 Dogwood Drive, Zebulon

### \* Elsewhere \*

# TLC Flavor Radio Anniversary Party (May 18 @ 8-11:59pm)

One year anniversary party with music, fun, and more. Overtime Sports Pub, 1030 North Rogers Lane, Raleigh

# 2nd Annual Beach Music Festival (May 19 @ 12-6pm)

Four bands / musicians known for beach music. Tickets \$15. Norris Creek, 751 Old Halifax Road, Louisburg More info and tickets at www.norriscreek.com.

### Hee Haw Fundraiser

### (May 19 @ 6:30pm; doors open 5:30pm)

Lee's Chapel Baptist Church Fundraiser for East Wake Relay for Life. \$5/person, add'l donations welcome. Refreshments. Stony Hill FWB Church Family Life Cnt 9646 Stoney Hill Church Rd, Middlesex For info, call 252.883.1461.

# Stepping Into the Past Series (May 19 & 26 @ 10am-3pm)

The Tobacco Farm Life Museum presents this series.

Demonstrations with museum admission. May 19th is Barn Dancing and May 26th is Barn Sale (flea market).

709 North Church Street, Hwy 301, Kenly
Info 919.284.3431 or www.tobaccofarmlifemuseum.org.

# Professional Women's Networking Group (May 23 @ 11:45am-1pm)

Enjoy great networking and give a 30-second commercial about your business. Small fee.

Knightdale Chamber of Comm., 207 Main St., Knightdale Call for info or to register 919.266.4603.

### Rabies Clinic (June 2 @ 8-10am)

Foy Mart hosts a rabies clinic this first Saturday in June. 1329 Tant Road, Spring Hope (close to Pilot/Rocky Cross).

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# **Carmike 10 - Wilson** Movie Review of the Issue

By Kay Whatley, Editor

The movie review feature continues this issue with review of The Avengers.

Thank you to Carmike 10 on Ward Blvd. in Wilson for welcoming us in for our review.

We went together; a family made up of an over-50, 40-something, a teen, a tween, two males, two females, all with different experiences and ideas of what makes a good movie. The short version is: we all loved The Avengers.

To give a little background, The Avengers is a group of Marvel Comics superheroes, brought together to fight evil using their varied superpowers. In the movie, the group working together as S.H.I.E.L.D. (Strategic Homeland Intervention, Enforcement and Logistics Division) includes Iron Man, the Incredible Hulk, Captain America, Thor, the Black Widow, Hawkeye, and Director Nick Fury. Frequent movie-goers may recognize some of these characters from movies released in the past few years.

Having seen several of the previous "Avenger" movies, including Iron Man and Thor, we all had an idea what to expect. The Avengers exceeded our expectation!

This movie was funny, exciting, and kept us guessing through to the end! The interactions between the characters, especially the banter between Iron Man, Captain America, and David Banner (the Hulk), were sarcastic and snide and made us laugh out loud at many points.

There was plenty of action and suspense throughout, following the initial character introduction scenes. Unlike many recently released movies, the action was easier to follow. And the humor between the characters continued to sneak in even during the serious action parts.

We watched the 3D version of the movie, and I have to say it is the best quality 3D I've seen. The days of red-and-blue 3D glasses are long gone. The action jumps out of the screen with a flow and dimension that seems more natural than previous 3D movies we've seen. I'd recommend spending the extra few bucks and wearing the glasses to get the full experience of this action movie.

All four of us agreed it was a great movie and were glad that we had taken the evening together to enjoy it!

# **News From The Grey Area**

This issue includes Memorial Day information and events alongside local news items.

If you know of local June/summer happenings, email them to kayw@greyareanews.com before the end of May. The Grey Area includes many local events in each issue's "Things to Do in NC When You're Bored", with a focus on free happenings within the Five County area.

The coming issue will look at summertime: golf, minivacation opportunities and local getaways. Where do you go when you take a day or weekend to relax and de-stress?

Before the next issue arrives, visit our Facebook page (the code at right may help) to see more events and news from the area. Share your own photos and news on our Facebook page too!



# Things We Did in NC When **We Were Bored**

Saturday, May 12th was National Train Day and The Grey Area visited the Rocky Mount train station to see what the hoopla was about.

Train Day at the station was organized by a group working to build a railroad museum in Rocky Mount, working with Whistle Stop Gift Shop and Café. The fundraiser started at 10am with museum folks on-hand. They had photos on display showing Rocky Mount's rail line history, and had table-top trains for visitors to watch, or even control!



Kids of all ages checked out the trains, watched a historical skit, and enjoyed an adorable puppet show that engaged the kids AND incorporated the "train" theme of the day.

The Rocky Mount Railroad Museum, originally described as the Thomas Edwards Jr. Project, was conceived, during the spring of 2009, by Mrs. Joyce Edwards Dantzler in fond memory of her father's love for model trains and his work as a "fireman" on the old steam engines.

The nonprofit group is currently reviewing locations and gathering funding toward opening the museum in Rocky Mount where all can enjoy the model trains and the city's rich railroad history

# **Shades of Grey**

### What Do You Think?

Some situations are viewed in black and white; right and wrong. Yet, many people think situations also have a grey area where solutions are not so easily discerned. This is not just about the choices people make, but the thought process they go through to arrive at their decisions.

# **Submitted for Your Consideration & Conversation**

You head out for work one beautiful Spring day. It's Friday and you have had a tough week at work. Your mind is on the weekend break ahead!

About 20 minutes into your drive, halfway to work, you stop at a stoplight. Looking down, you notice that the gas light is on. Not sure how long it has been on, you head for the nearest gas station.

Parking at the pump, you reach into your pocket and realize with dread that you don't have your wallet! For the next five minutes you search every inch of the car for change, but only find 26 cents.

Realizing that you don't have enough gas to go home for your wallet, or to get to work to borrow gas money, what can

Do you think that you would call a fried or co-worker to come and help you out of the jam you're in? Would you feel comfortable making someone come out to the station? Or would you be too embarrassed? If you were more concerned about being late and didn't have time to wait for someone, do you think you would ask a stranger for money? Would the gas station owner trust you to return and "pay later"?

Do you think it makes a different whether you visit this gas station often, or were there for the first time?











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# **Little Bits**

### Word of the Issue

Azimuth

**Definition:** Azimuth is a horizontal angle measured in degrees from a direction (usually North).

Example: "A compass can help you to measure an azimuth."

### Chuckle of the Issue

The teacher was showing her class an encyclopedia page picturing several national flags. She pointed to the American flag and asked, "What flag is

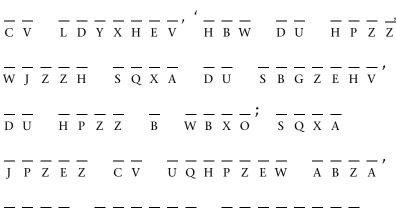
A little girl called out, "That's the flag of our country."

"Very good," the teacher said. "And what is the name of our country?"

" 'Tis of thee," the girl said confidently.

# Cryptogram of the Issue

Replace the letters in this Cryptogram with other letters to deduce the quote within the puzzle. Hint: Q = A.



 $\overline{H}$   $\overline{P}$   $\overline{Z}$  $\overline{N}$   $\overline{B}$   $\overline{S}$   $\overline{O}$   $\overline{E}$   $\overline{B}$   $\overline{C}$   $\overline{W}$ 

UEDC

 $\overline{C}$   $\overline{D}$   $\overline{Y}$   $\overline{X}$   $\overline{H}$   $\overline{Q}$   $\overline{B}$   $\overline{X}$   $\overline{W}$   $\overline{B}$   $\overline{A}$   $\overline{Z}$ 

UEZZADC

WQCYZS U E Q X L B W

Answer to the previous issue's cryptogram (Both Editions):

For to be free is not merely to cast off one's chains, but to live in a way that respects and enhances the freedom of others. -- Nelson Mandela

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